

A high-altitude mountain landscape with a hiker on a snowy ridge. The scene is dominated by vast, snow-covered mountain ranges under a clear blue sky. In the foreground, a hiker wearing a red jacket and a backpack is seen from behind, standing on a narrow, snow-covered ridge. The hiker is using trekking poles. The background shows a series of rolling, snow-covered mountain peaks and valleys, creating a sense of depth and scale. The overall atmosphere is serene and majestic.

Patrick Hollingworth

- Keynote Presentations
- Team Building Workshops
- Leadership Programs



You find yourself at the Edge

Patrick Hollingworth is a normal, everyday person from the flattest state in Australia, who leads a double life as a highly accomplished high-altitude mountaineer.

Having decided early on that a life half-lived is a life wasted, Patrick pursued his love of the mountains and ultimately committed himself to an unguided ascent of the world's highest mountain. After a decade of hard work and perseverance, his dream was achieved on May 17th 2010.

Standing on the summit of Mount Everest confirmed his suspicion that it is only when we move outside of our comfort zones – when we truly stretch ourselves – that we find out who we really are. What Patrick discovered is that you *find* yourself at the Edge.

Obsessed with sharing this discovery with others, he founded a practice that shares this message through the delivery of keynote presentations, training workshops and outdoor

leadership programs. The key themes covered include:

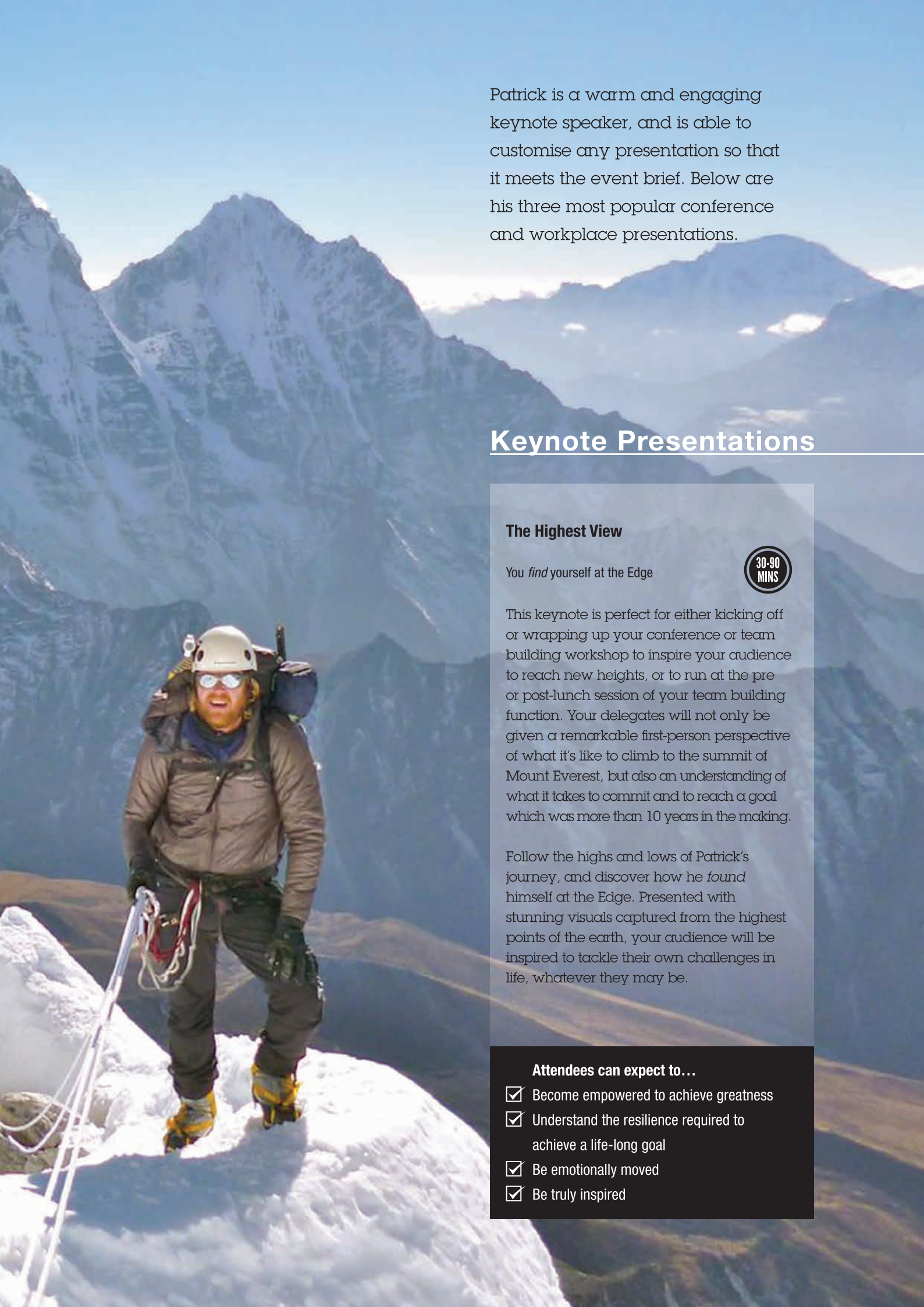
- Inspiration & resilience
- Safety & risk management
- Leadership & team engagement

Patrick is still an active climber, and as well as conducting leadership and team engagement activities in the Australian outdoors, he regularly leads expeditions to the Himalayas and further afield. Thus, he is able to continually refine his understanding of the above topics and ensure his material is current and fresh.

In addition to his mountaineering credentials, Patrick has over 15 years experience as a consultant to the oil and gas, resources and land development sectors. He holds a Bachelor of Science with Honours, has been awarded Professional Membership of the National Speakers Association of Australia, and is a Member of the Australian Institute of Management.

“I decided early on, that a life half-lived is a life wasted.”





Patrick is a warm and engaging keynote speaker, and is able to customise any presentation so that it meets the event brief. Below are his three most popular conference and workplace presentations.

Keynote Presentations

The Highest View

You *find* yourself at the Edge

30-90
MINS

This keynote is perfect for either kicking off or wrapping up your conference or team building workshop to inspire your audience to reach new heights, or to run at the pre or post-lunch session of your team building function. Your delegates will not only be given a remarkable first-person perspective of what it's like to climb to the summit of Mount Everest, but also an understanding of what it takes to commit and to reach a goal which was more than 10 years in the making.

Follow the highs and lows of Patrick's journey, and discover how he *found* himself at the Edge. Presented with stunning visuals captured from the highest points of the earth, your audience will be inspired to tackle their own challenges in life, whatever they may be.

Attendees can expect to...

- Become empowered to achieve greatness
- Understand the resilience required to achieve a life-long goal
- Be emotionally moved
- Be truly inspired



Staying Alive on Mount Everest

Safety and risk management at the Edge



The goal of any occupational safety program is to foster a safe work environment in which the employee can undertake their work and make it home safely to their loved ones. The same concept applies to any competent high-altitude mountaineer and expedition leader who understands and respects the extreme dangers of the environment in which they operate.

This presentation analyses the risk management framework employed whilst leading teams in the Himalayas and discusses the tools used to ensure team members make it home safely at the end of each expedition.

This presentation is perfect for safety conferences, expos and site safety meetings, where the goal is to deliver a safety message on a positive note!

Attendees can expect to...

- Understand the importance of safe working behaviour
- Remember the importance of keeping safety at the forefront of our mind
- Recognise the benefits of working in a team to achieve greatness

Leadership at the Edge

Learn to lead outside of the comfort zone



The world is changing before our eyes, and the need for great leaders has never been more pressing. The leaders of today's organisations need to be innovative and adaptive to keep up with the pace of change and to keep their team members inspired and engaged. Drawing upon Patrick's experiences leading teams in the unpredictable environment of the Himalayas, this presentation examines leadership elements of Vision, Engagement, Risk, Resilience, Learning and Sustainable Growth and looks at how they can be employed at the Edge, where there's no room for mistakes.

This presentation is designed to inspire and give audiences some practical take-home learnings.

Attendees can expect to...

- Understand the importance of leadership in today's context
- Learn how to build vision & engage the team
- Discover the importance of resilience
- Learn from past failures and how to grow sustainably

Patrick runs two workshops and programs designed as team building and leadership learning experiences. Workshops are suitable for groups of 5 to 300 people and programs for teams of up to 15 people.

Workshops & Programs

Operation: Climb Mount Everest

A high impact virtual team building adventure like no other!



Operation: Climb Mount Everest provides a unique opportunity for your team-building event by setting the participants the thrilling challenge of climbing Mount Everest.

In this workshop participants will be tasked with the goal of selecting a leader and team of climbers, working to a budget, gathering route and weather information, and undertaking the climb. The team's success depends on their ability to manage risk and adapt to the changing environment as they move higher up the mountain, facing a number of difficult challenges along the way. This workshop has been filmed by Patrick entirely within the Himalayas using HD hand held cameras and head cams - the footage has to be seen to be believed!

This one or two day simulation is facilitated by Patrick and is ideally suited to team bonding and strategy days with groups of up to 300, or as a component of an annual retreat.

Teams can expect to...

- Improve decision making and communication skills
- Build trust and rapport
- Identify critical leadership actions and tools
- Align engagement and motivations towards a common goal



Mini Expedition: Leadership and Teamwork at the Edge

Plan and execute a 3-day expedition to the Stirling Ranges

3-6
MONTHS

This extended program is designed for leaders and teams who are serious about fostering committed and highly effective leadership and team cultures. Patrick facilitates and guides this program, which has two main components. The first is in-house and takes place over a number of months, involving every team member playing an important role in preparing across four key areas (leadership and teamwork theory, risk management, logistics and physical training).

The second component involves three days of hiking through the Stirling Ranges and culminates in a 300m abseil descent of Bluff Knoll!

This is a physically and mentally demanding program that requires a full commitment from

all members at the onset. Participants *will* be challenged beyond their expectations, but the outcomes speak for themselves. Previous participants have proclaimed this to be the best team building exercise, ever.

Teams can expect to...

- Seriously align engagement and commitment towards a common goal
- Critically examine how members interact and make decisions under pressure
- Cement trust & rapport between members that extends far beyond the duration of the program

Patrick is an amazing yet humble individual and his story is truly inspiring. His presentation to the Bankwest Technology Leadership Group was well constructed and delivered in a unique way, where the audience could draw their own conclusions.

Patrick's openness, honesty and willingness to share some of his own personal challenges makes his story all the more motivational. I would strongly recommend Patrick and his story of passion, teamwork, resilience and humility to any organisation. You won't be disappointed!

Andy Weir

Chief Executive Enterprise Services and CIO, Bankwest

Patrick's story was perfect for the time in our organisational evolution. With a mixture of storytelling about his magnificent achievement of conquering Everest he clearly demonstrated that if you set goals, undertaking sufficient preparation, surrounding yourself with the correct team whilst using data to your advantage you can achieve anything. Patrick comes highly recommended.

David Timmel

General Manager, Skilled Group

Patrick provided a highly inspirational and motivating session for our Perth office. He had eighty people spellbound for an hour with the story of his adventure, and left us all with a better understanding of the challenges in our life, and the real meaning of achievement.

Steve Harris,

Managing Director, The Brand Agency

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