



Our Promoted Packages for 2014 (Till Dec 31, 2014)

Trek Code: EBC001

Everest Base Camp Trek - 15 days

Short Description

The Everest Base Camp trek is arguably the most famous trekking route in the world and this is a once in a lifetime opportunity to see some of the most breathtaking scenery imaginable. Nepal is a fascinating country and the trek gives an insight into the lives and culture of the Sherpa people. Our ascent is steady and well placed to best suit the acclimatization needed. Sunrise on the snow capped peaks above the Khumbu Glacier is an unforgettable sight from the summit of Kala Pattar. This trek is one for the lover of high places and those wanting to push themselves to the limit. It is a tough challenge and not to be taken lightly with generally well graded paths but some tougher sections along the Khumbu glacier.

From Kathmandu we fly to Lukla, and the adventure begins as we land at its tiny airstrip. We spend several days trekking through the homelands of the Sherpa people, among the most beautiful mountains in Nepal. A day is spent at Namche Bazaar, the bustling market town in the heart of Sherpa country, and at Pheriche a cluster of houses set among the high summer grazing pastures of the region. These rest days allow time to explore further and to acclimatize, an important factor in your enjoyment of the trek. Those who have fully acclimatized may trek to the Everest Base Camp but without doubt, the highlight for most will be the awe-inspiring views which unfold from the summit of Kala Pattar - the chaotic ice sculptures of the Khumbu Glacier, Nuptse and the south-west face of Everest itself. Not forgetting, of course, the personal sense of achievement that many experience at the end of their trek, when it is all over and we fly back to Kathmandu.

General Itinerary

Day 01: Welcome assistance at the Tribhuvan International Airport and transfer to hotel. Rest at the hotel some time and after that our staff will brief you regarding about the trip. O/N at hotel

Day 02: An early morning to Lukla from Kathmandu and trek to Phakding. (2610mtrs/8563ft). Flight 30 minutes and walking 3 hours. O/N at guest house, FB plan

Day 03: Trek to Namche Bazaar (3440m/11286ft). Walking 5:30 hours. O/N at guest house, FB plan

Day 04: Acclimatization day at Namche Bazaar. walking 5 hours, O/N at guest house, FB plan

Day 05: Trek to Tengboche(3860m/12664ft). Walking 5 hours. O/N at guest house, FB plan

Day 06: Trek to Dingboche(4410m/14468ft). walking 5:30 hours, O/N at guest house, FB plan

Day 07: Acclimatization day at Dinbuche. walking 4:25 hours, O/N at guest house, FB plan

Day 08: Trek to Lobuje(4910m/16108ft). walking 5:30 hours, O/N at guest house, FB plan

Day 09: Trek to Gorak Shep (5153m/16906ft). walking 3:30 hours, O/N at guest house, FB plan

Day 10: Trek to Everest Base Camp (5363m/17595ft) and back to Gorekshep. walking 5:30 hours, O/N at guest house, FB plan



Day 11: Hiking up to Kalapathar(5545m/18192ft) and overnight at Pherbuche(4210m/13812ft). walking 6 hours, O/N at guest house, FB plan

Day 12: Trek to Namche Bazaar (3440m/11286ft). walking 6:30 hours, O/N at guest house, FB plan

Day 13: Trek to Lukla(2840m/9317ft). Walking 6:30 hours, O/N at guest house, FB plan

Day 14: An early morning flight back to Kathmandu from Lukla. Flight time 30 minutes. O/N at hotel.

Day 15: After breakfast transfer to the airport for departure.

Note of above Itinerary:

O/N= Over Night B & B = Bed & Breakfast FB (Full Board) = Accommodation, Breakfast, Lunch & Dinner

The cost for above program: US\$ 1400 per person (for more than 2 pax)

Above itinerary can be designed along your preferences. Please let us know whether you would like to make a shorter or longer. And if you would like to stay more than 15 days, you can do city guided tour in Kathmandu, white water rafting, jungle safari or Everest mountain flight, we are happy to follow your suggestion accordingly.

(Short description mode of package: In our packages, we have included two nights hotel in Kathmandu at 3 stars level on BB plan, meals and accommodation in trekking, both ways domestic flight tickets from KTM/Lukla/KTM, all the ground transportation by private car, an experienced guide and porter and all the government taxes and necessary permit.)

Service includes in the cost in details:

- :: Airport / Hotel / Airport pick up & drop by private car.
- :: Two nights 3 stars hotel in Kathmandu on BB plan.
- :: Meals on full board (Breakfast, lunch and dinner) in trekking for you.
- :: Local fresh fruits.
- :: All accommodations during the trek. (Private Room)
- :: Both ways domestic flight tickets from Kathmandu/ Lukla/ Kathmandu with airport tax.
- :: An experienced Government licensed holder guide.
- :: Trekking porter /Sherpa who will carry your bags during the trekking.
- :: Food, drinks, accommodation, insurance, salary, equipments, transportation, local tax for Guide and porter.
- :: Group medical supplies (first aid kit will be available).
- :: All necessary paper works and national park entry permits.
- :: Travel & Rescue arrangement.
- :: TIMS (Trekking Information Management System).
- :: All government taxes and tourist service charge.



Service Excludes in the cost in details:

- :: Meals whilst in Kathmandu allow US\$ 10 - US\$ 15 per day.
- :: Your Travel insurance.
- :: International airfare and airport departure tax.
- :: Nepal entry visa fee.
- :: Tips for trekking staff and driver. (Tipping is expected but it is not mandatory).
- :: All kind drinks (hot, cold and alcoholic)
- :: Personal shopping and laundry etc.
- :: Personal trekking Equipments.

Trek Code: EBG002

18 days Everest BC Gokyo Cross Chola la Trek:

Short Description

This trek gives you the grand tour of the famous Khumbu area. This is a strenuous trek leading to Gokyo Lake and over the Cho La Pass at 5330m leading into the Khumbu valley above Lobuje. The trail continues up to Kalapattar and then back to Lukla via Thengboche and Namche Bazaar. With eight of the world's ten highest peaks, Nepal is loaded with spectacular mountains vistas. Trekking in the Everest area is an awesome experience, not only for its proximity to the world's highest mountain but also for its friendly Sherpa people, picturesque villages, great variety of cultures and traditions, colourful festivals and monasteries. The flora and fauna are other ornaments of the Sagarmatha National Park. The story of the yeti is still a mystery and the legend lives on in the Khumbu.

Strenuous trekking is continuously rewarded with dramatic Himalayan scenes, including four of the world's eight highest peaks: Cho Oyu (8201m), Makalu (8463m), Lhotse (8516 m) and Everest (8850m). Breathtaking mountain vistas are complemented by visits to Sherpa villages, homes and monasteries offering you an insight into the quiet but, culturally vibrant Sherpa way of life.

The following itinerary is a suggested outline for a trek which covers the highlights of the Khumbu and the most visited places. Details may vary according to personal taste and time schedule. The schedule caters for tea house trekking, expedition style trekking where porters carry your tent and food, or a combination of both.

Critically important though is to follow a proper acclimatisation process. This is so often hurried with dire consequences. This is a high altitude trek with considerable time sleeping at high altitudes.

After a few days of rest and sightseeing in Kathmandu you are ready to embark on the journey.

General Itinerary



Day 01: Welcome assistance at the Tribhuvan International Airport and transfer to hotel. Rest at the hotel some time and after that our staff will brief you regarding about the trip. O/N at hotel,

Day 02: An early morning to Lukla from Kathmandu and trek to Phakding. (2610mtrs/8563ft). Flight 30 minutes and walking 3 hours. O/N at guest house, FB plan

Day 03: Trek to Namche Bazaar (3440m/11286ft). Walking 5:30 hours. O/N at guest house, FB plan

Day 04: Acclimatization day at Namche Bazaar. walking 5 hours, O/N at guest house, FB plan

Day 05: Trek to Tengboche(3860m/12664ft). Walking 5 hours. O/N at guest house, FB plan

Day 06: Trek to Dingboche(4410m/14468ft). walking 5:30 hours, O/N at guest house, FB plan

Day 07: Acclimatization day at Dinbuche. walking 4:25 hours, O/N at guest house, FB plan

Day 08: Trek to Lobuje(4910m/16108ft). walking 5:30 hours, O/N at guest house, FB plan

Day 09: Trek to Everest Base Camp (5363m/17595ft) and back to Gorekshep. Walking 7:30 hours. O/N at guest house, FB plan

Day 10: Hiking up Kalapathar(5545m/18192ft) and overnight at Zongla (4710m/15453ft). Walking 6 hours. O/N at guest house, FB plan

Day 11: Trek to Thagna(4500m/14764ft) via the Chola-la cross(5420m/17782ft). Walking 6:30 hours, O/N at guest house, FB plan

Day 12: Trek to Gokyo (4790m/15715ft). walking 4:30 hours, O/N at guest house, FB plan

Day 13: Hiking upto Gokyo Ri (5483m/1983ft) and trek down to Gokyo lakes. Walking 4:30 hours, O/N at guest house, FB plan

Day 14: Descend to Dole (4210m/13812ft). Walking 5:30 hours each day, O/N at guest house, FB plan

Day 15: Trek to Namche Bazaar (3440m/11286ft). Walking 5 hours, O/N at guest house, FB plan

Day 16: Trek down to Lukla (2804m/8490ft) walking 6:30 hours, O/N at guest house, FB plan

Day 17: An early morning flight back to Kathmandu. O/N at hotel, B & B plan

Day 18: After breakfast transfer to the airport for departure from Nepal

Note of above Itinerary:

O/N= Over Night B & B = Bed & Breakfast FB (Full Board) = Accommodation, Breakfast, Lunch & Dinner.

The cost for above program: US\$ 1450 per person (for more than 2 pax)

Above itinerary can be designed along your preferences. Please let us know whether you would like to make a shorter or longer. And if you would like to stay more than 18 days, you can do city guided tour in Kathmandu, white water rafting, jungle safari or Everest mountain flight, we are happy to follow your suggestion accordingly.

(Short description mode of package: In our packages, we have included two nights hotel in Kathmandu at 3 stars level on BB plan, meals and accommodation in trekking, both ways



domestic flight tickets from KTM/Lukla/KTM, all the ground transportation by private car, an experienced guide and porter and all the government taxes and necessary permit.)

Service includes in the cost in details:

- :: Airport / Hotel / Airport pick up & drop by private car.
- :: Two nights 3 stars hotel in Kathmandu on BB plan.
- :: Meals on full board (Breakfast, lunch and dinner) in trekking for you.
- :: Local fresh fruits.
- :: All accommodations during the trek. (Private Room)
- :: Both ways domestic flight tickets from Kathmandu/ Lukla/ Kathmandu with airport tax.
- :: An experienced Government licensed holder guide.
- :: Trekking porter /Sherpa who will carry your bags during the trekking.
- :: Food, drinks, accommodation, insurance, salary, equipments, transportation, local tax for Guide and porter.
- :: Group medical supplies (first aid kit will be available).
- :: All necessary paper works and national park entry permits.
- :: Travel & Rescue arrangement.
- :: TIMS (Trekking Information Management System).
- :: All government taxes and tourist service charge.

Service Excludes in the cost in details:

- :: Meals whilst in Kathmandu allow US\$ 10 - US\$ 15 per day.
- :: Your Travel insurance.
- :: International airfare and airport departure tax.
- :: Nepal entry visa fee.
- :: Tips for trekking staff and driver. (Tipping is expected but it is not mandatory).
- :: All kind drinks (hot, cold and alcoholic)
- :: Personal shopping and laundry etc.
- :: Personal trekking Equipments.

Trek Code: ACT003

19 days Annapurna Circuit Trek:

Short Description

The high point of the trek entails crossing of the 5414m high Throng Pass, from the arid valley of the upper Manang, home of Tibeto- Buddhists, down to the Hindu pilgrimage site of Muktinath, and the Kali Gandaki valley, the world's deepest river gorge, before heading down to Pokhara. Besides the mountain views, we encounter on this trek a variety of mountain communities of the Gurung, Manangi and Thakali people.

Annapurna region is best described as the most happening incentive trekking destination of Nepal. The Annapurna Circuit Trek has been proved as a highly praised and spectacular trekking

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route in the Annapurna region since it opened to foreign trekkers in 1977. This three weeks trek starts right from Besishahar and goes along the Marshyangdi River, with great view of Manashlu and Himal Chuli to the east. This magnificent trek leads you to the fine village inhabited by a wide diversity of people from different ethnic groups. As it continues to the north of the main Himalayan range on to the high and dry Tibetan Plateau, the scenery is equally breathtaking.

The highest point of the trek is Thorungla pass at the top of the valley at 5416m high. Due to the difficulties of crossing the pass, the circuit is usually walked in a counter clockwise direction. Traveling clockwise the longer ascent and shorter descent from west to east is too much for many peoples to manage in one day. To top it all, the crossing of the Thorong La pass (5,416m) is a challenging ascent, surrounded by some of the most magnificent.

General Itinerary

Day 01: Katmandu (1310m/4298ft). Welcome assistance at the Tribhuvan International Airport and transfer to hotel. Rest at the hotel some time and after that our staff will brief you regarding about the trip. O/N at hotel

Day 02: Drive from Kathmandu to Besi Shahar (830m/2723ft). Driving 5:30 hours, O/N at guest house, FB plan

Day 03: Drive to Syange and trek to Chamje(1560m/5118ft). Driving 2 hours and Walking 4:30 hours, O/N at guest house, FB plan

Day 04: Chamje to Dhararpani (1810m/5938ft). Walking 5:30 hours, O/N at guest house, FB plan

Day 05: Dharapani to Chame(2725m/8940ft). Walking 6 hours, O/N at guest house, FB plan

Day 06: Chame to Pisang (3190m/10466ft). Walking 5:30 hours, O/N at guest house, FB plan

Day 07 : Pisang to Manang(3500m/11483ft) walking 5 hours, O/N at guest house, FB plan

Day 08 : Rest in Manang for acclimatization, O/N at guest house, FB plan

Day 09: Manang to Yak Kharka (4090m/13418ft). Walking 5 hours, O/N at guest house, FB plan

Day 10: Yak kharka to Throung Phedi(4441m/14570ft) walking 6 hours, O/N at guest house, FB plan

Day 11: Thorung Phedi to Muktinath via Thoroung-la passes (5416m/17769ft). Walking 8:30, O/N at guest house, FB plan

Day 12: Muktinath to Kagbeni (2665m/8743ft). Walking 2:30 hours, O/N at guest house, FB plan

Day 13: Drive from Kagbeni to Tatopani(1110m/3636ft). Driving 6 hours, O/N at guest house, FB plan

Day 14 : Tatopani to Shikha(2020m/ 6116ft) walking 5 hours, O/N at guest house, FB plan

Day 15: Shikha to Ghorepani (2834m/9298ft). Walking 4:30 hours, O/N at guest house, FB plan

Day 16: Ghorepani to Poon Hill (3210m/10531ft) to trek to Tadapani(2520m/8316ft) Walking 6:30 hours, O/N at guest house, FB plan

Day 17: Tadapani to Nyapul and drive to Pokhara. Walking 5 hours and drive for an hour, O/N at hotel at 3 stars, FB plan



Day 18: Drive back to Kathmandu from Pokhara. O/N at Hotel,

Day 19: After breakfast transfer to the airport for departure.

Note of above Itinerary:

O/N= Over Night B & B = Bed & Breakfast FB (Full Board) = Accommodation, Breakfast, Lunch & Dinner.

The cost for above program: US\$ 1600 per person (for more than 2 pax)

Above itinerary can be designed along your preferences. Please let us know whether you would like to make a shorter or longer. And if you would like to stay more than 19 days, you can do city guided tour in Kathmandu, white water rafting, jungle safari or Everest mountain flight, we are happy to follow your suggestion accordingly.

(Short description mode of package: In our packages, we have included two nights hotel in Kathmandu and Pokhara at 3 stars level on BB plan, meals and accommodation in trekking, all the ground transportation as per itinerary, an experienced guide and porter and all the government taxes and necessary permits.)

Service Includes in the cost in details:

- :: Airport / Hotel / Airport pick up & drop by private car.
- :: Two night's 2/3star hotel in Kathmandu on BB plan.
- :: Two nights 2/3 stars hotel in Pokhara on BB plan.
- :: Meals on full board (Breakfast, lunch and dinner) in trekking for you.
- :: Local fresh fruits.
- :: All accommodations during the trek. (Private Room)
- :: An experienced Government licensed holder guide.
- :: Trekking porter /Sherpa who will carry your bags during the trekking.
- :: Food, drinks, accommodation, insurance, salary, equipments, transportation, local tax for Guide and porter.
- :: Ground transportation by tourist from Kathmandu to Besi Shahr and from Nayapul to Kathmandu. (From trekking starting point and trekking ending point)
- :: Group medical supplies (first aid kit will be available).
- :: All necessary paper works and Annapurna conservation entry permits.
- :: Travel & Rescue arrangement.
- :: TIMS (Trekking Information Management System).
- :: All government taxes and tourist service charge.

Service Excludes in the cost in details:

- :: Meals whilst in Kathmandu allow US\$ 15 - US\$ 20 per day.



- :: Your Travel insurance.
- :: International airfare and airport departure tax.
- :: Nepal entry visa fee.
- :: Tips for trekking staff and driver. (Tipping is expected but it is not mandatory).

Trek Code: ABC004

14 days Annapurna Base Camp Trek:

Short Description

Annapurna base camp trek is famous for trekkers. The principal peaks of the western portion of the great Annapurna Himal, including Hiunchuli, Annapurna South, Fang, Annapurna, Ganagapurna, Annapurna 3 and Machhapuchhare, are arranged almost precisely in a circle about 10 miles in diameter with a deep glacier-covered amphitheater at the center. From this glacier basin, known as the Annapurna Sanctuary, the Modi Khola knifes its way south in a narrow gorge fully 12,000 ft. deep. Further south, the gorge opens up into a wide and fertile valley, the domain of the Gurungs. The middle and upper portions of Modi Khola offer some of the best short trekking routes in Nepal, and the valley is located so that these treks can be easily combined with treks into the Kali Gandaki region to the west.

In spite of the great heights of the surrounding peaks and ice walls, the valley floor between 12,000 and 14,000 ft. can provide comfortable camping spots in good weather.

General Itinerary

Day 01: Katmandu (1310m/4298ft). Welcome assistance at the Tribhuvan International Airport and transfer to hotel. Rest at the hotel some time and after that our staff will brief you regarding about the trip. O/N at hotel

Day 02: Drive to Pokhara (910m/2986ft.) by tourist bus. Driving to 6 hours, O/N at Hotel FB plan

Day 03: Drive to Naya Pul (New Bridge) for an hour and trek to Tikhe Dhunga (1495m/4905ft). Walking 3:30 hours, O/N at guest house, FB plan

Day 04: Tikhe Dhunga to Ghorepani (2850m/9350ft). Walking 5:30 hours, O/N at guest house, FB plan

Day 05: Ghorepani to Poon Hill to Tadapani (2520m/8268ft). Walking 6:30 hours, O/N at guest house, FB plan

Day 06: Tadapani to Sinuwa (2310m/7579ft). Walking 6 hours, O/N at guest house, FB plan

Day 07: Sinuwa to Deurali (3150m/10335ft). Walking 6 hours, O/N at guest house, FB plan

Day 08: Deurali to Annapurna Base Camp (4090m/13418ft). Walking 4:30 hours, O/N at guest house, FB plan

Day 09: Annapurna base camp to Dovan(2600m/8580 . Walking 5:30 hours, O/N at guest house, FB plan

Day 10: Dovan to Chhomrong (2310m/6994ft). Walking 5:30 hours, O/N at guest house, FB plan



Day 11: Chhomrong to Ghaundrung (1940m/6365ft). Walking 4:30 hours, O/N at guest house, FB plan

Day 12: Trek from Ghaundrung to Naya Pul; then drive to Pokhara (910m/2986ft). Walking 4:30 hours and drive for an hour. O/N at Hotel at 3 stars, FB plan

Day 13: Drive back from Pokhara to Katmandu by tourist bus. 6 hours driving. O/N at Hotel,

Day 14: After breakfast transfer to the airport for departure.

Note of above Itinerary:

O/N= Over Night B & B = Bed & Breakfast FB (Full Board) = Accommodation, Breakfast, Lunch & Dinner.

The cost for above program: US\$ 1200 per person (for more than 2 pax)

Above itinerary can be designed along your preferences. Please let us know whether you would like to make a shorter or longer. And if you would like to stay more than 14 days, you can do city guided tour in Kathmandu, white water rafting, jungle safari or Everest mountain flight, we are happy to follow your suggestion accordingly.

(Short description mode of package: In our packages, we have included two nights hotel in Kathmandu and Pokhara at 3 stars level on BB plan, meals and accommodation in trekking, all the ground transportation as per itinerary, an experienced guide and porter and all the government taxes and necessary permits.)

Service Includes in the cost in details:

- :: Airport / Hotel / Airport pick up & drop by private car.
- :: Two nights 2/3star hotel in Kathmandu on BB plan.
- :: Two nights 2/3 stars hotel in Pokhara on BB plan.
- :: Meals on full board (Breakfast, lunch and dinner) in trekking for you.
- :: Local fresh fruits.
- :: All accommodations during the trek. (Private Room)
- :: An experienced Government licensed holder guide.
- :: Trekking porter /Sherpa who will carry your bags during the trekking.
- :: Food, drinks, accommodation, insurance, salary, equipments, transportation, local tax for Guide and porter.
- :: Ground transportation by tourist from Kathmandu to Pokhara to Kathmandu and by car from Pokhara to trekking starting point and trekking ending point to Pokhara
- :: Group medical supplies (first aid kit will be available).
- :: All necessary paper works and Annapurna conservation entry permits.
- :: Travel & Rescue arrangement.



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- :: TIMS (Trekking Information Management System).
- :: All government taxes and tourist service charge.

Service Excludes in the cost in details:

- :: Meals whilst in Kathmandu allow US\$ 15 - US\$ 20 per day.
- :: Your Travel insurance.
- :: International airfare and airport departure tax.
- :: Nepal entry visa fee.
- :: Tips for trekking staff and driver. (Tipping is expected but it is not mandatory).
- :: All kind drinks (hot, cold and alcoholic)
- :: Personal shopping and laundry etc.
- :: Personal trekking Equipments.

For Details:

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