STARTERS

Cold

MELONE E PROSCIUTTO DI PARMA £8.95

Chilled melon & Parma ham

INSALATA DI MARE £10.95

Mixed seafood salad

BRUSCHETTA AL POMODORO £5.95

Grilled Italian bread with chopped tomatoes, garlic & basil

BRUSCHETTA AL POMODORO SAN DANIELE £7.95

Grilled Italian bread with chopped tomatoes, Parma ham, garlic & basil

INSALATA DI PIOVRA £8.95

Octopus salad

INSALATA DI GRANCHIO E MANGO £9.95

Crab and mango salad

SALMONE AFFUMICATO £8.95

Smoked salmon, rocket salad & lemon

ANTIPASTO MISTO ALL'ITALIANA £9.95

Mixed appetisers plate (Cotto ham, Parma ham, salami, chorizo &mozzarella)

CARPACCIO DI MANZO E PARMIGIANO £9.95

Beef Carpaccio on a bed of rocket with parmesan cheese

AVOCADO TRICOLORE £7.95

Avocado, mozzarella, tomato & basil salad

AVOCADO SALERNO'S £8.95

Prawn cocktail with avocado

Hot

GARLIC BREAD £6.95

Flat pizza base

FUNGHI ALL'AGLIO £6.95

Oven baked garlic mushrooms

AVOCADO AL FORNO £8.45

Oven baked avocado, mozzarella & black olives in tomato sauce

CAPESANTE AL LIMONE £10.95

Sea scallops with rocket salad, white wine & lemon sauce

MOZZARELLA IN CARROZZA £8.95

Deep fried mozzarella in breadcrumbs served with a tomato sauce

GAMBERONI £9.95

Shell-on, large King prawns pan-fried with garlic & butter

COZZE ALLA CREMA or MARINATE or PROVENZALE as Starter £8.95 / as Main £13.95

Mussels, shallots, cream & white wine or mussels, shallots & white wine or mussels, chillies & tomato sauce

CALAMARI FRITTI as Starter £8.95 as Main £13.95

Deep fried squid, mixed salad & tartare sauce

GAMBAS AL PIL PIL £8.95

Spanish style prawns cooked in spicy chili butter served with bread

CALAMARI AL PIL PIL £8.95

Squid rings cooked in spicy chili butter served with bread

MINESTRONE £6.00

Italian style thick soup made with vegetables & pasta

ZUPPA DI ARAGOSTA £8.75

Creamy soup made with lobster

PASTAS & RISOTTOS

SPAGHETTI AL POMODORO £8.95

Spaghetti pasta with tomato sauce

SPAGHETTI ALLA BOLOGNESE £9.95

Spaghetti pasta with meat-based & tomato sauce

SPAGHETTI ALLA CARBONARA £8.95

Spaghetti pasta with smoked bacon, parmesan cheese & a touch of cream

SPAGHETTI PUTTANESCA £8.95

Spaghetti pasta with capers, anchovies, olives, garlic & chillies in tomato sauce

SPAGHETTI ALLE VONGOLE VERACI £13.95

Spaghetti pasta with baby clams, tomato, garlic & white wine

SPAGHETTI GAMBERONI £14.95

Spaghetti pasta with prawns, tomato, garlic & parsley

SPAGHETTI AL FRUTTI DI MARE £14.95

Spaghetti pasta with fresh seafood, tomato, garlic & white wine

PENNE ALL'ARRABBIATA £8.95

Penne pasta with tomatoes, red chili peppers, garlic & parsley sauce

PENNE ALL'AMATRICIANA £9.95

Penne pasta with smoked bacon, sautéed onions & tomato sauce

PENNE POLLO ALLA DIAVOLA £9.95

Penne pasta with chicken's breast, chillies, black olives, peppers & tomato sauce

GNOCCHI QUATTRO FORMAGGI £10.95

Small Italian potato dumplings served with four different cheeses

TAGLIATELLE AL FUNGHI £9.95

Flat ribbons pasta served with mushrooms, tomato & cream sauce

TAGLIATELLE MONTANARA £11.95

Flat ribbons pasta served with artichoke, black olives, tomato & mozzarella

FETTUCCINE AL SALMONE £10.95

Flat ribbons pasta with smoked salmon & light creamy sauce

RAVIOLI RICOTTA E SPINACI £10.95

Italian type of small, square pasta cases filled with ricotta cheese & spinach

RAVIOLI AL FUNGHI PORCINI £11.95

Italian type of small, square pasta cases filled with wild mushrooms in cream sauce

RAVIOLI ALLA POLPA DI GRANCHIO £12.95

Italian type of small, square pasta cases filled with crab meat in cream sauce

LINGUINE ALLE CAPESANTE £13.95

Flat spaghetti with sea scallops cooked with brandy & cream sauce

LINGUINE AURORA £21.95

Flat spaghetti with half lobster, garlic, cherry tomatoes & white wine

LINGUINE VEGETARIANO £11.95

Flat spaghetti, roast vegetable & tomato sauce

ORECCHIETTE ALLA PUGLIESE £10.95

Ear-shaped pasta served with artichoke, aubergine, mincemeat in tomato sauce

ORECCHIETTE ALLA BARESE £11.45

Ear-shaped pasta served with anchovies, broccoli & garlic in tomato sauce

FUSILLI AL TONNO £10.95

Long, thick, corkscrew shaped pasta served with tuna, onions, tomato & cream sauce

CANNELLONI DI CARNE £10.95

Pasta stuffed with mincemeat served in tomato & béchamel sauce

LASAGNA £9.95

Traditional beef Bolognese lasagna

RISOTTO ALLA PESCATORA £16.45

Italian style rice with fresh seafood, cherry tomatoes, garlic & white wine

RISOTTO AL FUNGHI £12.95

Italian style rice with Porcini mushroom

PIZZAS

Extra toppings from £1.50

MARGHERITA £9.75

Tomato, mozzarella & fresh basil

NAPOLETANA £9.95

Tomato, mozzarella, anchovies, capers, black olives and basil

FUNGHI £10.95

Tomato, mozzarella, mushrooms & oregano

LAGO DI COMO £11.25

Tomato, mozzarella, parmesan & pineapple

QUATTRO FORMAGGI £11.95

Four different cheeses (no tomato sauce)

RUCOLA E PARMA £11.95

Tomato, mozzarella, Parma ham, rocket & basil

VEGETARIANA £9.95

Tomato, mozzarella & grilled vegetables

QUATTRO STAGIONI £10.95

Four styles in one! Tomato, mozzarella, pepperoni, Cotto ham, artichokes & mushrooms

LA REINE £11.95

Tomato, mozzarella, ham, mushrooms & olives

SALERNO'S £12.45

Tomato, mozzarella, artichoke, Parma ham, red & green peppers

AVELLINO £11.75

Tomato, mozzarella, asparagus, salami & olives

SORRENTO £13.95

Tomato, mozzarella, gorgonzola, pepperoni, cherry tomatoes & rocket

CAPRICCIOSA £10.95

Tomato, mozzarella, Cotto ham, mushrooms, egg (optional) & black olives

FIORENTINA £11.95

Tomato, mozzarella, spinach & egg

AMERICANA £10.95

Tomato, mozzarella, spicy pepperoni & chili

CALZONE £11.50

A folded pizza with tomato, mozzarella, Cotto ham, salami & peppers

MARE E MONTI £12.75

Tomato, mixed seafood, garlic & Cotto ham

CONTORNI

INSALATA MISTA £4.75 INSALATA DI POMODORO E CIPOLLE £4.50

Mixed salad Tomato & onion salad

INSALATA DI RUCOLA £4.75 VERDURE DI STAGIONI £4.85 CHIPS £3.75

Rocket salad Seasonal vegetables

MEAT & POULTRY

All served with chef's roasted potatoes & seasonal vegetables

TAGLIATA DI MANZO CON RUCOLA £17.95

Sliced sirloin steak with rosemary & garlic served on a bed of rocket salad

COTOLETTA ALLA MILANESE £18.50

Breaded veal escalope served with Spaghetti al Pomodoro

SALTIMBOCCA ALLA ROMANA £15.95

Veal escalope with Parma ham, sage & red wine sauce

COSTOLETTA DI VITELLO £15.95

Grilled veal chop

COSTOLETTE DI AGNELLO £15.95

Lamb cutlets

POLLO AL FUNGHI £13.95

Chicken breast with mushroom, white wine & creamy sauce

POLLO ATTERRATI A SALERNO £14.95

Salerno's pan-fried chicken breast covered with a lay of mozzarella cheese & Parma ham

SALERNO'S BEEF BURGER £14.95

Chef's homemade beef burger served with chips

CARNE ALLA GRIGLIA

Steak served with your choice of sauce:

- DIANE (mushroom, onions, mustard, cream & Brandy) or O'PORTO (Port wine, mushroom & shallots) or PEPE VERDE (Green peppercorns, cream & Brandy)

SIRLOIN £16.95

Prime cut of beef from rear the back portion, juicy & tender.

RIBEYE £18.95

One of the more flavourful cut, sliced from the prime rib.

T-BONE £28.95

A "T-shaped" bone with the best of each cut, on one side a tender fillet; on the other a luscious sirloin.

FILLET £28.95

A thick, juice & utterly tender steak taken from the smaller end of the short loin with almost no fat running through it.

FRESH FISH

All served with chef's roasted potatoes & seasonal vegetables

CALAMARI ALLA GRIGLIA £14.95

Grilled squid with garlic, parsley & mixed salad

SALMONE ALLA GRIGLIA CON RUCOLA E BALSAMICO £14.95

Grilled fillet of salmon with rocket salad & balsamic vinegar

BRANZINO ALLA GRIGLIA £21.95 or IN CROSTA DI SALE £24.95

Whole grilled sea bass or Whole sea bass baked in the oven in a casing of sea salt

ARAGOSTA META £18 or ARAGOSTA INTERA £36

Half or whole lobster served with half avocado, Norwegian prawns, Marie Rose sauce, king prawns & salad

SOGLIOLA ALLA GRIGLIA or ALLA MUGNAIA or AL LIMONE all £32

Grilled Dover sole or Pan-fried Dover sole with lemon & white wine sauce or with lemon sauce

CODA DI ROSPO CON FUNGHI PORCINI £19.95

Monkfish served with Porcini mushroom & Italian style rice

GRIGLATA MISTA DI PESCE £22.95

Mixed grilled fish plate

FRITTO MISTO DI PESCE £22.95

Mixed fried fish plate

SALERNO'S FISH & CHIPS £12.95

Battered fresh fillet of seasonal fish with chips