

Modern Buddhism

In depth Drop-in Meditation Class

with Gen Kelsang Rabten

Through the clear and structured path presented in the book Modern Buddhism, this course presents Buddha's Sutra and Tantra teachings in a practical accessible form.

Teachings : 14, 21, 28 Mar, 2014 (Friday, 7.30 ~ 9.30pm)

Meditation Retreat : 23 Mar, 2014 (Sunday, 10am - 1pm) Consisting of two guided meditations that are relevant to the material being covered in the Friday evening teachings.

No bookings, Everyone Welcome !

Suggested Donation : HK \$50 - \$100 each class

KMC HK is a registered charitable organization in Hong Kong (granted exemption under Section 88 of the Inland Revenue Ordinance). All donations are used to run the Centre and spread Buddha's Teachings.