

About

Langtang Valley Trek - Langtang valley trekking with Friendship World Trek, Langtang valley Trek with Professional trekking Trekking operators

Description

Langtang Valley Trek - Langtang valley trekking with Friendship World Trek, Langtang valley Trek with Professional trekking guide, professional guide trek, langtang region, gosainkunda, lake in Nepal, Kunda in nepal, langtang GosainkundaThe Langtang Valley lies closer to Kathmandu than other trekking regions, and is lesser used by both trekkers and local. The Langtang valley is aptly called the valley of glaciers here; mountains rise soaring toward the sky. The valley offers pine forest, swift mountain streams, rugged rock and snow-capped peaks, grassy down and meadows strewn with daises and wild animals. In the upper part of the valley there are snow ridges spanning angry torrents, high passes enveloped in mist tiny lakes of crystalline brightness and glaciated mountain giants. Once you enter the Langtang valley you fluttering buddies prayer flags, brightly painted.

our trek we start in the lower Langtang Valley, trekking through its forests and among the villages and farmlands of its people, many of who are of Tibetan origin. Once an important trading route with Tibet, this influence is reflected in the character of the villages and peoples. During part of the trek you will be walking through National Park, and though wildlife is never easy to spot in a forest setting, there are chances of seeing some interesting animals and birds. Among those found in the park are monkeys, musk deer, pika and the national bird of Nepal, the colourful danphe.

From Langtang village, the track continues to Kyangjin Gomba (3,740 m).

a short distance east of Kyangjin. Visiting to the Yala Cheese Factory (4.633 m) and the small lakes beyond Yala are worthwhile. Yala can be reached within half a day from Kyangjin Gomba. From Kyangjin Gomba, a continuation to the pastures of Langsisa (4.084 m) provides the good views of numerous glaciers. There are some huts in Langsisa that can be reached within one day's walk from Kyangjin Gomba.

General Itinerary

Day 01 : Arrival in Kathmandu airport (1345meters). Hotel

There you will be met by our Airport Representative and transferred to hotel by private tourist vehicle. Overnight at hotel on BB plan.

Day 02 : City guided tour in Kathmandu.

After breakfast, at 9 am sightseeing tour to Pashupatinath(famous Hindus temple in south Asia, Boudhanath(Biggest Buddhist stupa in the world) Patan city (16 century royal palace), Syambhunath(Buddhist hill top temple), Kathmandu City. Overnight at the hotel on BB plan.

Day 03 : Drive from Kathmandu to Syabrubesi(1610m) by Bus. 7 hours driving. O/N at guest house, FB plan

Day 04 : Trek from Syabrubesi to Lama hotel (2480 m.) Walking 5:30 hours, O/N at guest house, FB plan

Day 05 : Trek from Lama Hotel to Langtang village (3541 m.) Walking 5 hours, O/N at guest house, FB plan

Day 06 : Trek from Langtang village to Kyanjin Ri (4773m/ 14526ft) and back to Kyanjin Gomba. Walking 5 hours, O/N at guest house, FB plan

Day 07 : Trek from Kyanjin Gumpa to Chorka Ri or Tsergo Ri (5050m/ 16564ft) and back to Kyanjin Gumpa. Walking 6 hours, O/N at guest house, FB plan

Day 08 : Trek down to Lama hotel (2480 m.) Walking 6 hours, O/N at guest house, FB plan

Day 09 : Trek down to Syaprubensi. Walking 5 hours, O/N at guest house, FB plan

Day 10 : Drive back to Katmandu by Bus. 7 hours driving. O/N at Hotel

Day 11 : After breakfast, the trip ends, our Airport Representative will drop you to the Kathmandu international airport for your final flight departure from Nepal.

Our total cost - \$ 720 (per person)

Above itinerary can be customized at your request to accommodate your specific requirements. Please let us know whether you would like to make a shorter or longer. We will follow accordingly.

Note of above Itinerary: O/N = Over Night, B & B = Bed & Breakfast, FB (Full Board) = Accommodation, Breakfast, Lunch & Dinner.

Information about accommodation and food during your visit:

We do provide 3 stars hotel in Kathmandu on BB plan and tea house (mountain lodge) in trekking in AP plan (accommodation, breakfast, lunch and dinner). Tea Houses (mountain lodge) are more like hotels, with hot showers, western food, and private rooms (twin sharing).

In this arrangement overnight halts with dinner and breakfast will be in Tea-houses (Lodges) and lunches in local restaurants en-route. Freshly cooked food is served at all times (western, continental and Nepalese, Chinese, Indian and Tibetan meals are available in all places). Furthermore as you will be staying in locally owned lodges you will be benefiting and interacting with the local community. It will give you a true feel for the Nepalese people and their lives.

Short Description Mode of the packages:

What are included in the packages?

Welcome dinner in Kathmandu, City guided tour in Kathmandu by expert tour guide, meals 3 times a day (Breakfast/Lunch/Dinner) with accommodation in trekking, 3 stars hotel in Kathmandu with breakfast, ground transportation as per itinerary, an experienced guide and porter and all the necessary permit, please find in details

what is included and excluded in the cost as follows:

Price Includes In Details:

- Airport pick up/drop and city guided tour in Kathmandu by private tourist vehicles.
- Welcome dinner in Kathmandu.
- City guided tour in Kathmandu by expert tour guide.
- Three nights hotel in Kathmandu on BB plan at 3 stars level.
- Meals 3 times a day (Breakfast, lunch and dinner) during the trekking for you.
- Local fresh fruits.
- Private room during the trek.
- Trip Map.
- Ground transportation by bus from Kathmandu to Syaprubensi to Kathmandu .
- An experienced Government licensed holder guide.
- Trekking porter /Sherpa who will carry your bags during the trekking.
- Food, drinks, accommodation, insurance, salary, equipments, transportation, local tax for

Guide and porter.

- Group medical supplies (first aid kit will be available).
- Four season sleeping bag, down jackets, Duffle bag and walking stick, if necessary.
- Appreciation letter and cap(hat) as a souvenir.
- All necessary paper works and national park entry permits.
- Travel & Rescue arrangement.
- TIMS (Trekking Information Management System).
- All government taxes and tourist service charge.

Price Excludes In Details:

- Meals whilst in Kathmandu allow US\$ 15 - US\$ 20 per day.
- Entry fee while sightseeing in Kathmandu.
- Your Travel insurance.
- International airfare.
- Nepal entry visa fee.
- All kind drinks (hot, cold and alcoholic).
- Personal shopping and laundry etc.
- Personal trekking Equipments.

Note regarding accommodation in Kathmandu:

Kathmandu is the capital of Nepal, where you need to stay before and after the trekking. In this connection, we have included 3 stars hotel in Kathmandu in above package. Instead of 3 stars, if you would like to upgrade your accommodation in Kathmandu for 4 stars or five stars, please, let us know, we will book accordingly.

Jeep driving option available: We would like to inform you that there is not tourist bus service from Kathmandu to Suaprubensi to Kathmandu, you need to travel by local bus. So instead of bus, if you can travel by Jeep which is comfortable and enjoyable. Please let us know, if you would like to travel by jeep instead of bus. We are happy to follow accordingly

<http://www.nepaltrekkingtour.com/trekking-in-nepal/langtang-region/langtang-valley-trekking.html>

<https://www.facebook.com/annapurnabase.camp trek>