

seventhwave menu

information



Need a unique venue for a special family occasion? You can **book the whole restaurant** for the evening or what about **hiring the Belvedere** for drinks, canapés and buffets? Please enquire via our website or simply ask a member of our team.

seventhwave is supporting Dorset Wildlife Trust's Great Dorset Seafood campaign to encourage healthy and productive seas by sourcing local, sustainably-caught seafood whenever available.



seventhwave provides food and a bar for Durlston's evening events - see event posters for details.

We value your comments on your visit today and strive to offer you a memorable experience. Please share your thoughts with us.

Don't forget to get your **loyalty card** stamped!



seventhwave
café bar & restaurant



Durlston Castle & Country Park
Swanage Dorset BH19 2JL
for reservations t: 01929 421111
e: seventhwaverestaurant@gmail.com
www.7eventhwave.com
www.durlston.co.uk

drinks

Hot

Espresso	£1.90
Americano	£1.90
Cappuccino	£2.60
Cafe latté	£2.60
Mocha	£2.80
Hot chocolate	£2.40
Pot of clipper tea	£1.80

Speciality teas

Green tea, decaffeinated, peppermint, wild berry or earl grey	£2.00
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Soft

Pepsi	£1.90
Lemonade	£1.90
Cranberry juice	£1.90
Orange juice	£1.90
Apple juice	£1.90
Squashes	£1.00

Premium soft

Pura orange juice	£2.30
J20 (various flavours)	£2.50
Elderflower pressé	£2.50
Jurassic apple juice	£2.50
Organic ginger beer	£2.50
Luscombe lemonade	£2.50
Tomato juice	£2.00

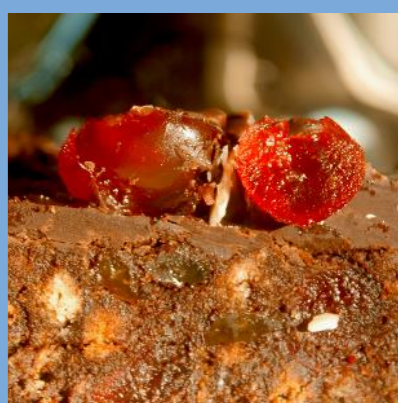
Draughts

	Half pint	Pint
Palmers Dorset Gold ale (4.5% abv)	£1.80	£3.80
Beck's Vier (4% abv)	£1.80	£3.80
Thatchers Gold (4.8% abv)	£1.80	£3.80

Bottles

Palmers Tally Ho!	£3.60
Budweiser	£3.80
Corona	£3.60
Joe's cider	£3.70
Alcohol-free lager	£3.80

Wine by the glass or bottle - please ask to see separate menu



welcome



Please come in, relax and enjoy the view!

Please find a table, note the pebble number and order at the counter.

Don't forget our specials featuring fresh, sustainable, low impact, locally-caught fish and seafood, which can be viewed in our fresh fish counter.

seventhwave restaurant has a fully licensed bar so you can enjoy an alcoholic drink with your meal.

We also have an excellent selection of cold and hot drinks.

breakfast

from 9.30am to 11.00am

Full English £6.95

Free range egg, two bacon rashers, local sausage, baked beans, mushrooms & toast (vegetarian option available)

Breakfast roll £4.00

Three bacon rashers or two pork sausages served in a toasted rustic bread roll (vegetarian sausages available)

Add a fried egg for 50p

Round of toast, butter & jam £1.25

all day treats

Large toasted teacake £2.20

With homemade apricot jam & butter

Dorset cream tea £5.50

Two homemade fruit scones, clotted cream, & strawberry jam with a fresh pot of tea or mug of coffee

Homemade patisseries & desserts are always available from our display

menu

light bite menu

from 12 noon to 4.00pm

Homemade soup of the day £4.95

Served with crusty bread

Toasted foccaccina rolls £6.95

Choose from the following:

Chicken & bacon melt, Ham & cheese, Roasted vegetables & goat's cheese
All served with dressed leaves & Pipers crisps

Crispy breaded sprats £5.25

The sustainable alternative to whitebait. Served with triple-cooked chips, homemade tartare sauce & lemon wedge

Potted mackerel £5.50

With apricot marmalade, dressed leaves & toasted bread

Homemade fishcake £6.25

Served on a bed of wilted spinach with a poached egg & hollandaise sauce

Tomato, courgette & goat's cheese stack £5.75

Garnished with roasted pine nuts & pesto dressing

Side orders £2.95 each

Triple-cooked chips Bread board
Garlic bread Mixed leaf salad
Mixed olives Seasonal vegetables

children's menu

from 12 noon to 4.00pm

Freshly battered haddock fillet £6 each



Served with beans or peas & hand-cut chips

Local pork sausages

Served with beans or peas & hand-cut chips

Tomato & cheddar pasta

All children's meals come with a soft drink & a scoop of ice cream

 gluten free
 gluten free option available

menu

lunch menu

from 12 noon to 4.00pm

Dorset 6oz homemade steak burger £8.95

With cheddar cheese & red onion marmalade in a toasted rustic white roll with triple-cooked chips & salad garnish

Classic fish 'n' chips £10.95

A fillet of haddock, golden & crisp in our Dorset ale batter with triple-cooked chips, crushed minted peas & homemade tartare sauce

Bangers 'n' mash £8.75

Three pork sausages on a bed of creamy mash potato & red onion gravy

Durlston Rangers' chicken £9.95

Pan fried, free range chicken breast topped with a rasher of bacon, homemade barbeque sauce & melted cheddar with paprika buttered new potatoes & dressed leaves

The Durlston ploughman's £8.95

Choose from the following:

West Country cheddar, Dorset blue vinney or freshly-baked ham
All served with the traditional pickles, salad & crusty bread

Linguinis £9.95

Choose from the following:

Chicken & chorizo, Mediterranean vegetables & goat's cheese or seafood
All served with garlic bread

Couscous salad £8.75

Dressed leaves mixed with couscous, red peppers, crumbled feta, marinated olives & cucumber

Fruity couscous-filled roasted red peppers £9.25

Served with parmesan crisps, sautéed potatoes, dressed leaves & warm yoghurt sauce

...and don't forget to look at our **specials board** by the counter, which changes daily for the best of local and seasonal produce.