

L U N C H
W E D N E S D A Y – S U N D A Y
1 2 – 3 P M

***We now have our own purified Still & Sparkling Water,
which compared to the usual bottled water is fraction of the price,
eco-friendly and can be even healthier ... and the taste is superb.***

Tomato & Basil Soup (G) Creme Fraiche, Bread	5
Seafood Chowder (G) Bread	6
<u>Salad:</u> Plain (G, V)/ Chicken (G) Mixed Leaves, Feta Cheese, Creme Fraiche, Pine Nuts, Chickpeas, Cherry Tomato, Roasted Tomatoes, Pomegranate, Dried Cranberries	7/10
Salted Hake Cakes Mixed Veg, Capers & Lemon Mayo, Side Salad	10
Grilled Chicken Breast (G) Courgette, Red Pepper, Red Onion, Cherry & Roasted Tomato, Fondant Potato, Tomato Sauce, Parmesan Cheese, Side of Mash & Veg	10
Meat Skewers (G) Basmati Rice, Grilled Mediterranean Veg, Tomato Sauce, Side Salad	10
<u>Pappardelle Pasta:</u> Vegetarian (V)/ Chicken/ Meatballs Mixed Veg, Tomato (contains chicken stock) <u>or</u> Creamy White Wine Sauce, Parmesan Cheese, Side Salad	9/10/10
Confit of Duck Leg (G) Chickpea Puree, Parsnip Puree, Port & Cocoa Reduction, Side Salad	10
Grilled Organic Salmon (G) Leek & Courgette, Fondant Potato, Butter & Lime Sauce, Side of Mash & Veg	11

(G) – Gluten Free

(V) – Vegetarian

***Please communicate your dietary requirements or allergies to staff
whilst placing your order.***

DESSERTS

Chocolate Brownie	4
Scoop of Ice Cream	
Lemon Tart	4
Scoop of Ice Cream	
Vanilla Ice Cream with Strawberry Sauce (G)	3
Scoop of Ice Cream, Strawberry Reduction	
Espresso, Irish Cream & Vanilla Ice Cream (G)	4
Scoop of Ice Cream, Hot Espresso, Irish Cream	
Any dessert with a glass of dessert wine	9

(G) – Gluten Free

***Here in Taste Matters we believe in simple, honest, good food
and casual, friendly atmosphere.***

***Our food is a fusion of various cuisines and is made fresh in house using
local and organic ingredients as much as possible.***

***We understand the time issue of lunch break, however all our food is
made to order so you get the freshest food possible and therefore kindly
allow 10 – 15 minutes for your meal to arrive.***

Enjoy!