ORDERING DETAILS

Tel 0208 948 7777

Email orders@cookandgarcia.co.uk

Pop in Cook & Garcia, 25 The Quadrant, Richmond TW9 1DJ.

Platters are purely suggestions & alternative sandwiches will be gladly catered for.

Free delivery for orders over £35 within the immediate area.

Orders must be received by 3pm the day before for breakfast & next day delivery.

If you need something for the same day, give us a ring by 10am for collection in the shop.

Payment required at time of ordering, accounts available for local businesses.

NB. Ingredients are subject to change depending on seasonality and availability.

* as judged by the British Sandwich Association.

** for full list see our website.





BUSINESS MENU

"2013 Independent Sandwich Bar of the Year*"













Our food is made fresh every morning, using only the best ingredients, sourced locally where possible and served in attractive, biodegradable presentation boxes.

Our menu contains our most popular offer, however if you have any special requirements please let us know.







BREAKFAST

Toasted Breakfast Muffins (collection only min x5) £2.80 each

Bacon

Pork sausage

Egg Florentine (boiled egg, spinach & cheese)

Morning pastries £1.20 each

Selection of freshly baked croissants, pan au chocolate

& almond croissants

Breakfast pots £1.90 each

Honey or mixed berry Granola pots

Apple, honey & sultana bircher pots

LUNCH PLATTERS (min x 5)

£2.35 each

Classic Bloomers & Wraps filled with a selection of 5 fresh fillings from:

Coronation Chicken

Wiltshire ham, mustard & salad

Hummus & roasted vegetable

Chicken & avocado

Wiltshire ham & egg

Cheddar Ploughams'

Tuna mayo & cucumber

Free range egg & watercress

Pastrami, mustard & pickle

Brie, grape & cranberry

ARTISAN SANDWICHES (min x 5)

f3 90 each

House specials** served in freshly baked artisan breads and wraps, selection of 5 fillings from:

Italian job; Parma ham, mozzarella, tomato & pesto

Classic smoked salmon: creamed cheese & capers

Chicken arabiatta: sun blushed tomato relish & mixed leaves

Humdinger; Mediterranean vegetables, feta & hummus

Tricolore; avocado, mozzarella, tomato & pesto (n/f)

Chicken Caesar; chicken breast, bacon, parmesan & caesar dressing

Brie, bacon & Cranberry

SEASONAL SALADS (min x 5)

£ 3.10 each

f3 90 each

A combination of 4 of our freshly prepared house salads served with dressing on the side.

INDIVIDUAL BOXED SALADS

Chicken Caesar Tuna Nicoise

Salmon & prawn Avocado, mozzarella & tomato

Breadless Italian Job

EXTRAS

Freshly cut fruit platter	(min x 5)	£2.25 each

Whole fruit Apple, orange or banana 50p each

Pipers crisps 0.85p

Glenhams vegetable crisps 0.90p

Metcalfe's Topcorn 0.95p

£1.85 Sweet treats

Chocolate Brownies, granola & Bakewell slices

Slab cakes: Lemon & poppy seed & honey, banana & pecan

Orange or apple juice 250ml £1.50 each

Canned drinks 90p

Mineral water (still/sparkling) 500ml £1 per bottle

Mineral water (still/sparkling) 1.5ltr £1.95 per bottle