The Sanctuary early bird menu is available Tues to Thurs: 5pm - 9.30pm (Fri: 5pm-7pm) and Fri & Sat lunchtime

2 courses: £13.50 3 courses: £16.50 (dishes marked with * available on the early bird menu)

Starters

Selection of freshly baked breads, olives, olive oil & aged balsamic £3.95 (v)

* Homemade cream of local broccoli soup, crusty bread £4.50 (v) (GF on request)

Chargrilled asparagus, Parma ham & poached egg £6.00 (GF)

*Thai green mussels with crusty bread £6.00 (GF on request)

*Chicken liver parfait, red onion marmalade & toast £6.00 (GF on request)

Creamy mushrooms on toast with truffle oil £5.50 (v) (GF on request)

Halloumi nicoise salad £6.00 / £10.50 (v) (GF)

Mains

*The Sanctuary fish & chips, mushy peas & tartare sauce £12.50

*Pesto crusted chicken breast with ratatouille of Mediterranean vegetables £13.50

Venison sausages & mash with onion gravy £12.50

10oz longhorn rib-eye steak, skinny fries and mixed leaves £19.50

8oz Longhorn rump steak, skinny fries & mixed leaves £14.50 (GF)

Pan-roasted salmon fillet, crushed new potatoes, tender stem broccoli and hollandaise sauce £13.50

Roasted butternut squash and chestnut risotto £11.50 (v)

Sanctuary Longhorn burger, stilton, bacon & potato wedges £12.50

*broccoli & gruyere tart, new potatoes & mixed salad £10.50 (v)

The healthy option

Superfood salad (starter) £5.50/ (main) £9.50 (GF) (v) (tender stem broccoli, sugar snap peas, cucumber, feta cheese, avocado & toasted seeds)

Main course size with a choice of steak £13.50 / chicken £12.50 / salmon £11.50 / halloumi £10.50 (v)

Sides £2.50 each

Skinny fries, house salad, garlic mushrooms, buttered greens Peppercorn sauce (£1.50)

Desserts

*Berry Eton mess £5.50

Apple crumble with vanilla ice cream £6.00

*White chocolate & strawberry cheesecake served with chocolate sauce £6.00

*Salted chocolate tart with honey-comb ice cream £6.00

Sanctuary cheese selection, chutney & biscuits £7.00

Some dishes may contain nuts (GF) Gluten Free Gluten free bread available on request