

## TAKE AWAY MENU

### Introduction to Balti Dishes

Balti is a traditional northern dish. This originates from the north west and northern Punjab. This is a very popular dish, freshly cooked to order in a heavy cast iron wok, aromatically spiced in Punjabi style in a very traditional way.

All herbs and spices used for Balti dishes are delicately blended in meticulous proportions to create the Balti dishes we present to you. Each dish will have its own distinctive flavour and aroma which cannot come from any curry powder, but from spices and herbs specially prepared by ourselves.

Traditionally, the food was eaten without cutlery, bread was used to scoop up the food using the right hand. Often families and friends gather round the Balti dishes to share the meal. The beauty of Balti dishes is that all the flavours are captured and you don't lose any of the taste on transfer to the plates.

It is also a good way of getting closer to family and friends. Although it is up to you if you prefer the modern luxury of eating from your own dish with a knife and fork. We do not serve alcohol, because our philosophy is to concentrate on producing the finest quality authentic food and to help customers avoid paying excessive amounts for their drinks. Customers can bring their own alcoholic drinks.

For your enjoyment and pleasure we always endeavour to delight our customers using the finest herbs, spices and ingredients in our food.

Relax in secluded cabins in pleasant surroundings and enjoy traditional home cooking. We look forward to many more opportunities of serving you.

Party bookings welcome.

All prices include VAT.

Our specifically trained chefs generally produced most dishes mild to medium according to the style of cooking, but dishes can be adjusted to suit individual requirements, either milder or hotter, please state when ordering. (Some dishes may contain nuts.)

Sanam Balti management welcome your patronage and will be happy to assist you in making your selection.

Sanam Balti allows customers to bring their own alcoholic drinks, i.e beer, wine or spirits.

## Appetisers and Starters

The dishes below are freshly prepared and served with fresh salad and chutney.

### Non Vegetarian

Mixed Starter Consists of Sheekh Kebab, Chicken Tikka and Onion Bhaji.	£3.75
Mixed Kebab Consists of Sheekh Kebab, Onion Bhaji and Meat Samosa.	£3.75
Sheekh Kebab	£2.50
Meat Samosa	£2.50
Shami Kebab	£2.50
Nargis Kebab Minced lamb coated with boiled egg and dressed with a thin omelette.	£3.25
Tandoori Chicken Spring chicken on the bone marinated in herbs and spices, then cooked in a clay oven.	£2.75
Chicken Tikka Diced boneless chicken marinated in herbs and spices then cooked in a clay oven.	£2.75
Chicken Pakora Boneless chicken with herbs and spices, coated with gram flour and deep fried.	£2.95
Chicken Kebab Minced chicken marinated in special herbs and spices, cooked over a charcoal grill.	£2.95
Lamb Tikka Tender pieces of lamb marinated in herbs, spices yoghurt and cooked over a charcoal grill on skewers.	£2.95
Lamb Chops Spring lamb chops marinated in Punjabi herbs and spices , cooked over a charcoal grill on skewers.	£2.95
Chicken Chaat Chicken pieces cooked in herbs and spices.	£3.25
Chicken Puree Tender pieces of chicken cooked in herbs and spices, served on a puree.	£3.50

## Vegetarian

Vegetable Samosa	£2.50
Onion Bhaji	£2.25
Aloo Chaat	£2.50
Onion and Pepper Pakora Onion rings deep fried with gram flour.	£2.50
Dall Soup A deliciously spiced lentil soup.	£1.95
Mulligatawny Soup	£1.95
Mushroom Pakora Fresh Mushrooms spiced with gram flour, deep fried.	£2.50
Vegetable Pakora Fresh mixed veg with herbs and spices, deep fried.	£2.50
Chana Chaat Chickpeas cooked in herbs and spices.	£2.50
Chana Puree Chickpeas cooked in herbs and spices, served on flour pastry.	£2.75
Mushroom Puree Fresh mushrooms deliciously cooked in herbs and spices then served on flour pastry.	£2.75
Garlic Mushroom Puree Fresh mushrooms cooked in special herbs and spices with garlic, then served on flour pastry.	£2.75
Chilli Pakora Fresh green chillis, spiced with gram flour, then deep fried.	£2.50
Mushroom Bhaji Fresh mushrooms deliciously cooked in herbs and spices.	£2.75
Garlic Fried Mushrooms	£2.50

## Seafood

King Prawn Puree King prawns cooked in herbs and spices and served on flour pastry.	£3.75
Prawn Puree Prawns cooked in herbs and spices and served on flour pastry.	£3.25
Scampi	£2.75
Prawn Cocktail	£2.75
Tandoori King Prawn Delicately spiced king prawn cooked in a clay oven.	£3.75
Garlic King Prawn Delicately spiced king prawn cooked with herbs and garlic.	£3.75
Garlic Prawn Delicately spiced prawn cooked with herbs and garlic.	£2.75
King Prawn Pakora King prawns with herbs and spices, then deep fried.	£3.75
Fish Masala Fried haddock marinated in special herbs and spices then deep fried.	£3.25
King Prawn Butterfly Spiced king prawn dipped in batter, then deep fried.	£3.50

#### Relishes

##### Popadoms and Raitha

Spiced Popadom	£0.65
Plain Popadom	£0.60
Mixed Raitha	£0.95
Raitha	£0.95
Cucumber Raitha	£0.95
Side Salad	£1.50

##### Pickles and Chutney

Mix Pickle	£0.70
Chilli Pickle	£0.70
Mango Pickle	£0.70
Lime Pickle	£0.70
Mango Chutney	£0.70
Pickle Tray	£2.50

## Specialities

### Tandoori and Grills

The dishes below are all freshly prepared and served with fresh salad and mint sauce. The method of cooking is an ancient art, handed down through many generations and a speciality of our chef. All tandoori dishes are cooked over charcoal in individual portions in a traditional oven made of special clay. Only natural ingredients are used with little or no fat (dieters need not be concerned) therefore the full flavour of the meat and the spices are retained for your enjoyment. Tandoori dishes are brought to the table sizzling. Tandoori Naans and Curry Sauce are recommended with these dishes.

Half Tandoori Chicken	£6.50
Chicken Tikka (main dish)	£6.50
Chicken Shishleeke Tender pieces of chicken marinated together with onions, capsicum and tomatoes.	£6.75
Tandoori Mixed Grill Consists of chicken tikka, sheikh kebab, king prawns, tandoori chicken, curry sauce and naan.	£7.95
Tandoori King Prawn (main dish) Delicately spiced pieces of king prawn cooked in the tandoor.	£7.75
Seekh Kebab (main dish) Fresh minced lamb mixed with herbs, spices, chillies, onions, garlic and ginger. Cooked on skewers over a charcoal grill.	£6.50
Lamb Tikka Shishleeke Tender pieces of lamb marinated in herbs and spices cooked over a charcoal grill on skewers, with onions, tomatoes, capsicum, served sizzling on a hot plate.	£7.25
Seekh Kebab Shishleeke Seekh kebab pieces marinated in special spices cooked over a charcoal grill on skewers with onions, tomatoes, capsicum, served sizzling on a hot plate.	£6.75
Chicken Kebab Minced chicken marinated in special herbs and spices cooked over a charcoal grill.	£6.50
Jingha Shishleeke Deliciously spiced king prawn marinated in herbs and spices with onions, tomatoes, capsicum, served on a sizzling hot plate.	£7.95
Lamb Chops Shishleeke Tender lamb chops on the bone marinated in herbs and spices with tomatoes, onions and capsicum cooked over a charcoal grill. Served sizzling on a hot plate.	£6.75

### Chef's Specialities

Balti Tandoori King Prawn Masala Delicately spiced pieces of king prawns cooked in the tandoor with our special masala sauce.	£8.25
Balti Chicken Tikka Malayaa	£7.50
Balti Chicken Tikka Makhan	£7.25

Balti Chicken Tikka Kashmiri	£7.25
Karahi Chicken or Meat Tender pieces of chicken or meat cooked with chunks of onions and capsicum in our own special sauce with special herbs and spices.	£6.95
Balti Chicken Malaya	£7.25
Balti Garlic Masala Chicken or meat cooked with fresh garlic and spices.	£7.25
Balti Murgh Masala Tender pieces of marinated chicken cooked with mincemeat and tomatoes. A dish of medium or spicy strength.	£7.25
Balti Shahi Masala Chicken or meat cooked with finely chopped fresh ginger, medium strength.	£6.95
Balti Chilli Masala Chicken or meat cooked with finely chopped onions, capsicum and tomatoes in our hot green chilli sauce.	£6.95
Balti Lamb Tikka Makhan	£7.25
Balti Chicken Hyderabadi Mild to medium cooked with herbs spices and yoghurt.	£6.95
Balti Lamb Tikka Tender pieces of lamb cooked in traditional Punjabi herbs and spices.	£6.95
Karahi Fish Fresh haddock cooked with a selection of fine herbs and spices.	£7.50

## Take Away Menu

### Balti Dishes

These dishes are very popular, cooked in traditional Punjabi style, the method of cooking is applied in a cast iron wok, which enhances the exotic flavours, these dishes are cooked with tomatoes, onions and chopped capsicum, using special herbs and spices, meticulously portioned giving an original and true Balti taste and experience.

Mushrooms or vegetable can be added to Balti dishes for an extra charge of 50p.

### Balti Dishes

#### Medium Dishes

These dishes are cooked with tomatoes and chopped capsicum using special herbs and spices, a dish which has to be tasted to be appreciated.

Balti Tandoori Chicken	£6.25
Balti Chicken Tikka	£5.95
Balti Chicken	£5.50
Balti Meat	£5.50
Balti Keema	£5.50
Balti Prawn	£5.50
Balti King Prawn	£7.25
Balti Special Consisting of Chicken, meat, prawn and king prawn.	£7.75

### Balti Bhuna

#### Medium Dishes

A combination of spices fried together and cooked with capsicum, onions and tomatoes to provide a dry dish of medium strength. Rather dry in consistency as compared with a curry dish.

Balti Tandoori Chicken Bhuna	£6.50
Balti Chicken Tikka Bhuna	£6.25
Balti Chicken Bhuna	£5.95
Balti Meat Bhuna	£5.95
Balti Keema Bhuna	£5.95
Balti Prawn Bhuna	£5.95
Balti King Prawn Bhuna	£7.25
Balti Vegetable Bhuna (V)	£5.25
Balti Mushroom Bhuna (V)	£5.25
Balti Special Bhuna Consisting of chicken, meat, prawn and king prawn.	£7.95

### Balti Rogan Josh

#### Medium Dishes

Here the characteristics of the dish are derived from the use of tomatoes, pimento and onions fried in spiced ghee to produce a dish of medium strength.

Balti Tandoori Chicken Rogan	£6.50
Balti Chicken Tikka Rogan	£6.25
Balti Chicken Rogan	£5.95
Balti Meat Rogan	£5.95
Balti Keema Rogan	£5.95

Balti Prawn Rogan	£6.25
Balti King Prawn Rogan	£7.25
Balti Vegetable Rogan (V)	£5.25
Balti Mushroom Rogan (V)	£5.25
Balti Special Rogan Consisting of chicken, meat, prawn and king prawn.	£7.95

#### Balti Dupiaza

##### Medium Dishes

A briskly fried preparation of fresh onions, black pepper, dhanyia, cinnamon, bayleaf and cardamom that produce a delicious taste at medium strength.

Balti Tandoori Chicken Dupiaza	£6.50
Balti Chicken Tikka Dupiaza	£6.25
Balti Chicken Dupiaza	£5.95
Balti Meat Dupiaza	£5.95
Balti Keema Dupiaza	£5.95
Balti Prawn Dupiaza	£5.95
Balti King Prawn Dupiaza	£7.25
Balti Vegetable Dupiaza (V)	£5.25
Balti Mushroom Dupiaza (V)	£5.25
Balti Special Dupiaza Consisting of chicken, meat, prawn and king prawn.	£7.95

#### Balti Jalfrezi

##### Hot Dishes

A dish cooked with fresh green chillies, capsicum, tomatoes, onions, special herbs and spices.

Balti Tandoori Chicken Jalfrezi	£7.25
Balti Chicken Tikka Jalfrezi	£6.95
Balti Chicken Jalfrezi	£6.50
Balti Meat Jalfrezi	£6.50
Balti Lamk Tikka Jalfrezi	£6.95
Balti Keema Jalfrezi	£6.50
Balti Prawn Jalfrezi	£6.50
Balti King Prawn Jalfrezi	£7.25
Balti Vegetable Jalfrezi (V)	£5.50
Balti Mushroom Jalfrezi (V)	£5.50
Balti Special Jalfrezi Consisting of chicken, meat, prawn and king prawn.	£7.95

#### Balti Badam Pasanda

##### Mild Dishes

A dish cooked in our special masala sauce with cream, almonds and special herbs and spices.

Balti Tandoori Chicken Pasanda	£7.50
Balti Chicken Tikka Pasanda	£7.25
Balti Chicken Pasanda	£6.95
Balti Lamb Tikka Pasanda	£7.25
Balti Meat Pasanda	£6.95

Balti Keema Pasanda	£6.50
Balti Prawn Pasanda	£6.95
Balti King Prawn Pasanda	£7.75
Balti Vegetable Pasanda (V)	£5.95
Balti Special Pasanda Consisting of chicken, meat, prawn and king prawn.	£7.95

### Balti Masala Specialities

#### Mild Dishes

Cooked in our special masala sauce with cream and garnished with fresh coriander.

Balti Tandoori Chicken Masala	£7.25
Balti Chicken Tikka Masala	£6.95
Balti Lamb Tikka Masala	£7.25
Balti Meat Masala	£6.50
Balti Keema Masala	£6.50
Balti King Prawn Masala	£7.95
Balti Prawn Masala	£7.25
Balti Vegetable Masala	£5.95
Balti Special Masala Consisting of chicken, meat, prawn and king prawn.	£7.95

### Balti Patia

#### Medium to Hot Dishes

Hot, sweet and sour in taste with herbs and spices.

Balti Tandoori Chicken Patia	£7.25
Balti Chicken Tikka Patia	£6.95
Balti Chicken Patia	£5.95
Balti Meat Patia	£5.95
Balti Keema Patia	£5.95
Balti Prawn Patia	£6.25
Balti King Prawn Pati	£7.25
Balti Vegetable Patia (V)	£5.25
Balti Mushroom Patia (V)	£5.25
Balti Special Patia Consisting of chicken, meat, prawn and king prawn.	£7.95

### Balti Dhansak

#### Medium Dishes

A Persian origin dish cooked with lentils. This tends to be a medium taste yet derives a piquant richness from the spiced ghee, lemon juice and fresh spices to taste sweet and sour on request with or without pineapple.

Balti Tandoori Chicken Dhansak	£7.25
Balti Chicken Tikka Dhansak	£6.95
Balti Chicken Dhansak	£5.95
Balti Meat Dhansak	£5.95
Balti Keema Dhansak	£5.95
Balti Prawn Dhansak	£6.25
Balti King Prawn Dhansak	£7.50
Balti Vegetable Dhansak (V)	£5.25

Balti Mushroom Dhansak (V)	£5.25
Balti Special Dhansak Consisting of chicken, meat, prawn and king prawn.	£7.95

### Balti Korma

#### Mild Dishes

A preparation of mild spices with fresh cream butter which is used to create a delicate flavour and creamy texture. A suitable dish for the beginner to curry dishes.

Balti Tandoori Chicken Korma	£7.35
Balti Chicken Tikka Korma	£6.95
Balti Chicken Korma	£5.95
Balti Meat Korma	£5.95
Balti Keema Korma	£5.95
Balti Prawn Korma	£6.50
Balti King Prawn Korma	£7.95
Balti Vegetable Korma (V)	£5.50
Balti Mushroom Korma (V)	£5.50
Balti Special Korma Consisting of chicken, meat, prawn and king prawn.	£7.95

### Balti Curry

#### Medium Dishes

These dishes are prepared using fine Balti herbs and spices. A saucy dish.

Balti Tandoori Chicken Curry	£6.25
Balti Chicken Tikka Curry	£5.95
Balti Chicken Curry	£5.50
Balti Meat Curry	£5.50
Balti Keema Curry	£5.50
Balti Prawn Curry	£5.50
Balti King Prawn Curry	£6.95
Balti Vegetable Curry (V)	£4.95
Balti Mushroom Curry (V)	£4.95
Balti Special Curry Consisting of chicken, meat, prawn and king prawn.	£7.25

### Balti Punjabi

#### Spicy Dishes

Traditional Punjabi dishes are cooked in authentic style with fresh herbs and spices. Ideal for the experienced in Eastern Cuisine.

Balti Tandoori Chicken Punjabi	£6.95
Balti Chicken Tikka Punjabi	£6.50
Balti Chicken Punjabi	£5.95
Balti Meat Punjabi	£5.95
Balti Keema Punjabi	£5.95
Balti Lamb Tikka Punjabi	£6.95
Balti Prawn Punjabi	£6.95
Balti King Prawn Punjabi	£7.50
Balti Vegetable Punjabi (V)	£5.50
Balti Special Curry	£7.95

Consisting of chicken, meat, prawn and king prawn.	
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### Biryani Dishes

#### Medium

Preparation of rice with saffron, almonds, sultanas, bayleaf, tomatoes and herbs, garnished with fresh salad. It is served with a vegetable sauce to make a complete dish. An ideal dish for the inexperienced in Asian Cuisine.

Tandoori Chicken Biryani	£7.75
Chicken Tikka Biryani	£7.50
Chicken Biryani	£6.95
Lamb Tikka Biryani	£7.50
Meat Biryani	£6.95
Keema Biryani	£6.95
Prawn Biryani	£7.25
King Prawn Biryani	£7.75
Vegetable Biryani	£5.95
Mushroom Biryani	£5.95
Persian Biryani A choice of either chicken, meat, prawn or king prawn.	£7.95
Special Biryani Consisting of chicken, meat, prawn and king prawn.	£7.95

### Mixed Balti Dishes

Below are just a few “Balti Combinations” but if you wish, you can have a Balti combination of your choice cooked in any style.

Balti Tandoori Chicken Saag	£6.95
Balti Chicken Tikka Saag	£6.75
Balti Chicken Saag (spinach)	£5.95
Balti Chicken and Meat	£6.50
Balti Chicken and Mushroom	£5.95
Balti Chicken and Prawn	£6.50
Balti Chicken and Vegetable	£5.95
Balti Meat Saag (spinach)	£5.95
Balti Meat and Aloo (potatoes)	£5.95
Balti Meat and Mushrooms	£5.95
Balti Meat Chana (chickpeas)	£5.95
Balti Meat Dall (Lentils)	£5.95
Balti Meat and Vegetable	£5.95
Balti Keema and Saag	£5.95
Balti Prawn Saag	£6.50
Balti King Prawn and Saag	£7.25

## Sundries

### Veg Balti Dishes

Balti Mixed Vegetable	£4.95
Balti Mushroom	£4.95
Balti Aloo Gobi (potato and cauliflower)	£4.95
Balti Aloo Matter	£4.95
Balti Saag (spinach)	£4.95
Saag Dall (spinach and lentils)	£4.95
Balti Saag Aloo	£4.95
Balti Chana (chickpeas)	£4.95
Balti Dall (lentils)	£4.95
Balti Aloo Chana (potato and chickpeas)	£4.95

### Balti Side Dishes

Balti Dall Tarka (V)	£3.25
Balti Matter Bhaji (peas) (V)	£3.25
Balti Saag Bhaji (spinach) (V)	£3.25
Balti Bombay Aloo (V)	£3.25
Balti Mushroom Bhaji (V)	£3.25
Saag Aloo (spinach and potatoes) (V)	£3.25
Balti Aloo Gobi (potato and cauliflower) (V)	£3.25
Balti Chana Bhaji (chickpeas) (V)	£3.25
Vegetable Bhaji (V)	£3.25
Andaa Aloo (egg and potatoes)	£3.25
Balti Masala Sauce	£3.25
Balti Sauce	£3.25
Balti Korma Sauce	£3.25
Curry Sauce	£2.95

### Tandoori Breads

Naan	£1.75
Large Nann	£2.75
Sanam Special Naan With Chicken Tikka pieces	£2.50
Mast Naan (peshwari) Naan with nuts, sultana and almonds	£2.25
Keema Naan	£2.25
Vegetable Naan	£2.10
Cheese Naan	£2.10
Cheese and Onion Naan	£2.25
Coriander Naan	£2.10
Garlic and Coriander Naan	£2.25
Garlic Naan	£2.10
Chilli Naan	£2.10
Kulcha Naan	£2.10
Mushroom Naan	£2.10
Paratha (V)	£1.50
Aloo Paratha (V)	£1.75

Mushroom Paratha (V)	£1.75
Mast Paratha	£1.75
Keema Paratha	£1.95
Stuffed Paratha	£1.75
Tandoori Garlic Roti (V)	£1.25
Tandoori Roti (V)	£1.00
Chapati (V)	£1.00
Puree (V)	£1.50
Chips	£1.45
Fried Mushroom	£1.50

#### Rice Dishes

Plain Rice	£1.60
Pilau Rice	£1.95
Fried Rice	£1.95
Garlic Rice	£2.65
Matter Rice	£2.65
Coconut Rice	£2.75
Mushroom Fried Rice	£2.65
Egg Fried Rice	£2.65
Chicken Fried Rice	£3.25
Keema Rice	£2.75
Persian Rice	£2.95
Special Rice	£2.65

#### Soft Drinks

Mineral Water	£1.50
Perrier Water	£1.50
Orange Juice	£1.50
Coke	£0.95
Diet Coke	£0.95
7 Up	£0.95
Tango	£0.95
Vimto	£0.95
Lilt	£0.95

#### Lassi

A delicious and refreshing drink. Made with milk, yoghurt and various flavours.

Lassi Sweet or Salted (per jug)	£3.25
Mango Lassi (per jug)	£3.50
Banana Lassi (per jug)	£3.25

#### English Dishes

All dishes below are served with salad, peas and chips.

Scampi	£6.25
Roast Chicken on the bone	£6.25
Chicken Tikka Omelette	£6.50
Chicken Omelette	£6.25

Prawn Omelette	£6.25
Mushroom Omelette	£5.95
Cheese Omelette	£5.95
Plain Omelette	£5.50
Chicken Salad	£5.50
Prawn Salad	£5.50

Beverages

Coffee	£1.20
Cream Coffee	£1.50
Tea	£1.10