

fish!

We take great pride in serving the freshest fish available and where possible it is sourced from sustainable fishing grounds. Due to cuts in fishing quotas across the globe in order for the species to restock the consequence have been a steady rise in the cost price of fish. We have resisted increasing our prices for some time now and will continue doing so wherever possible. However due to the uncertain nature of the fishing industry from time to time we may have to pass on small increases in some of our dishes to compensate for increasing costs. We believe in serving our customers the best produce available rather than serving inferior alternatives, which are invariably sourced irresponsibly. Thank you for your understanding.

to start!

Marinated olives £3.95
Marinated anchovies £3.95

starters!

fish! soup w rouille and croutons
£6.95

Daily bruschetta (v)
£6.50

Thai **fish!** cakes w sweet chilli sauce
£7.95

Devilled whitebait
£6.95 £11.95

Classic **fish!** prawn cocktail
£8.95

Calamari w rocket & lemon mayonnaise
£9.95

Jarvis organic smoked salmon
£10.95

Seafood salad
£9.95 £16.95

Hand picked Dorset dressed crab, mayonnaise
& toasted bread,
£13.95 £19.95

Smoked haddock rarebit,
tomato & basil
£8.95

Bigbury Bay / Dorset oysters £2.25 each

main courses!

Swordfish club sandwich w crispy smoked
salmon 'bacon' & chips £15.95

fish! cake w spinach & beurre blanc £12.95

Grilled scallops wrapped in pancetta on a roast
mushroom w salad & roasted cherry tomatoes
£23.95

Tuna burger w chips £15.95

Beer battered **fish!** & chips w mushy peas
Cod £16.95
Haddock £15.95
Skate £16.95
Plaice £15.95
Wild Atlantic halibut £19.95

Classic **fish!** pie £13.95

Grilled tuna nicoise £17.95

Whole grilled lobster w garlic butter & chips
£29.95

Grilled Dover sole on the bone w new potatoes
& hollandaise sauce £29.95

Vegetarian dish of the day £9.95

meat!

Grilled Hereford rib eye steak (280g, 28 day
aged) with grilled mushrooms, tomatoes, chips &
bearnaise sauce £24.95

Grilled corn fed spring chicken (from Wyndham
House Poultry) with garlic butter, chips and a
rocket & tomato salad £14.95

Sausage & mash with red onion gravy (traditional
Cumberland from Sillfield farm) £12.95

choose your own!

GRILLED OR STEAMED

<input type="checkbox"/>	Sardines 	£11.95
<input type="checkbox"/>	Mackerel 	£12.95
<input type="checkbox"/>	Organic salmon 	£15.95
<input type="checkbox"/>	Plaice 	£15.50
<input type="checkbox"/>	Cod (Iceland) 	£16.50
<input type="checkbox"/>	Skate wing 	£16.50
<input type="checkbox"/>	Tuna	£18.95
<input type="checkbox"/>	Swordfish	£16.95
<input type="checkbox"/>	Squid 	£16.95
<input type="checkbox"/>	Monkfish 	£22.95
<input type="checkbox"/>	Wild Atlantic halibut 	£19.95
<input type="checkbox"/>	Sea bream 	£16.95
<input type="checkbox"/>	Line caught wild sea bass 	£22.95

X - Unavailable

CHOOSE YOUR OWN SAUCE
Spicy salsa, hollandaise, salsa verde,
herb & garlic butter or red wine
fish gravy.

All dishes are served with a
vegetable garnish.

side orders!

Mixed or green salad
£3.95

Rocket & parmesan salad with balsamic vinegar
dressing £3.95

Tomato & red onion salad with extra virgin olive oil
& red wine vinegar dressing £3.95

Spinach, or French beans w lemon & extra virgin
olive oil £4.50

Mash £3.50

English fresh cut chips £3.50

New potatoes £3.50

Borough Market (Flour Power) bread & butter
£2.95

Mushy peas
£3.50

CHILDREN'S MENU
All dishes £7.95

Homemade **fish!** fingers w chips

Chicken breast w chips

Sausage & mash or chips

Ice cream & a soft drink included

Please ask your waiter about menu dishes
available in childrens portions.

(v) suitable for vegetarians



Recommended for those who are pregnant or breast feeding; the FSA
recommends that those who are, or may become, pregnant, should eat
up to two portions of oily fish per week.

GM Free Zone- It is the policy of this restaurant not to use genetically modified products.
Certain dishes may contain traces of nuts.

VAT is included in all prices
A discretionary 12.5% service charge will be added to the bill