

Prices

Hypnotherapy Session

1:1 hypnotherapy session

Price: £60.00 session

Hypnotherapy Block Booking Discount

Five sessions (6 hours) offered. This is therapy to the value of £360.00. First introductory session is two hours long and four subsequent sessions one hour. An MP3 is supplied. Any other relevant personalised support material will be provided where needed. This is a saving of £100 on a full six hours of hypnotherapy treatment.

Price: £260.00

Smoking Cessation Session

On a 1:1 basis this session is for smoking cessation.

Price: £120.00

HypnoBirthing

4 x 2 hour workshops Full price paid in advance

Price: £400.00

Hypno Band

4 x 1 - 1.5 hours per session Full price paid in advance

Price: £450.00

Weight Management: the "WHY" Programme

1 x 1 hour session on a one to one basis. First introductory session is two hours long and four subsequent sessions one hour. An MP3 is supplied. Price paid per session. Clients should note that the programme runs over approximately 12 months with 6-8 appointments. Bulk booking can be arranged.

Price: £60.00 per session