

# Catering Menu - Kensington Orders to be placed with: kensington@blancheeatery.com 020 8617 9646

info@blancheeatery.com

<ul> <li>Blanche Salads</li> </ul>	<ul><li>Wraps, Paninis &amp; Baguettes</li></ul>		
Camargue red rice and barley with peas Salad			
Penne pasta with tomato, basil, kalamata olives	Chicken wrap £	£4.55	
Roasted new potatoes with parsley pesto, edamame	Falafel wrap	£4.00	
beans and roasted red peppers			
Sweet potato mash with mango chutney, chilli, lime	,	24.00	
French beans and roasted yellow peppers ,broad	Ham & cheese panini	£4.00	
beans, peas and confit garlic.			
Roasted beetroot and granny smith apple with red			
wine vinegar,red onion,herbs and jem lettuce			
Roasted aubergine with pickled red onion and	Ham & egg & bagel £	2.50	
tomato salsa			
Broccoli and courgettes with chulli, garlic, soy and	Egg & spinach bagel	£2.50	
sesame			
Tomato and fennel with red onions, mixed herbs,	Salmon & egg bagel £	23.10	
cider and fennel dressing			
Roasted butternut squash with corn salsa,lemon and	Ham & cheese croissant	£2.50	
coriander			
Butter beans, chic peas and lentil with roasted red	<ul><li>Mains and Hot Dishes</li></ul>		
peppers, balsamic , herbs, and red onion			
Carrot, beetroot and cabbage slaw with whole grain	Salmon or vegetarian gratin		
mustard and white wine vinegar	£6.95		
	Seared Tuna Steak	£9.75	
	J	6.95	
		6.95	
	Grilled Chicken Breast	£6.95	
	Broccoli Quiche or		
	Quiche Lorraine £	£4.50	
	Tortilla Slice £	£4.50	
	Beef Lasagne / Pasta al forno		
	£6.95		
	Vegetable Lasagne / Pasta al forno		
	£6.95		
	Chicken Curry and Rice £	6.95	
		2.90	
Salads supplied by the kg @ £22.00 per kg	All hot dishes can be made to serve 10 to 12		
	people		
1kg serves 5 people	£60.00 per dish		











<ul> <li>Pastries and Cakes</li> </ul>		<ul><li>Drinks</li></ul>	
			medium/large
Plain Croissant	£1.20	English Breakfast Tea	£1.40/£1.90
Almond Croissant	£1.90	Herbal Teas	£1.40/£1.90
Chocolate Almond Croissant	£2.10	Espresso	£1.30/£1.60
Pain au Chocolat	£1.40	Macchiato	£1.40/£1.80
Brownie	£1.40	Cappuccino	£1.90/£2.20
Scones	£1.20	Flat white	£1.90/£2.20
Muffins – various flavours	£1.60	Americano	£1.90/£2.20
Choc Chip Cookies	£0.75	Latte	£1.90/£2.20
Dark Chocolate Cookies	£1.40	Decaf Coffee	£1.95/£2.25
<b>Cup Cakes – various flavours</b> £2.60		Hot Chocolate	£1.95/£2.30
Almond slice/fig &honey slice	£2.60	Mocha	£1.95/£2.30
Custard & Caramel Tartlet	£1.85	Chai Latte	£2.00/£2.50
Lemon Meringue Tart	£2.60		
Fruit Tartlets	£2.60	Coke/Diet Coke	£1.00
		Sanpellegrino	£1.40
Meringues – almond/chocolate/raspbe	erry/pistachio all £1.95 each	Evian	£1.00
Macaroon	£0.90	Perrier	£1.40
Whole cake	£30.00	Mango / Pinapple and mellon Chiller	£ 2.95
Red velvet Cake			
Carrot Cake		<ul><li>Breakfast</li></ul>	
Choc Truffle Cake			
Marble Cake		Freshly Squeezed Juices – orange/carrot/apple/ Beetroot or a combo £2.50	
Banoffee Cake		Fruit Salad (with yogurt & granola)	£2.50
Pistachio & Avocado Cake		. , , , , , , , , , , , , , , , , , , ,	
Lemon Cake			
Cake is charged per slice @ £3.00			

Blanche Eatery caters for large and small, meetings and lunches. We use only the finest ingredients and all food is freshly made daily. The above list is not our comprehensive menu.

Orders accepted no later than midday on the day <u>before</u> your meeting/lunch. We will confirm acceptance of order by email and forward an invoice for immediate settlement. Delivery is free within a 3 mile radius, thereafter charges may apply. Paper plates/napkins included.

Minimum order £30. All food supplied for catering is VATable at standard rate.











www.blancheeatery.com

Mar. 2013



# . Canapé & Finger food.

# Meat @ £2.45

Spicy chicken satay skewers with peanut and coconut sauce

Chicken meat balls with feta, capers and basil-Roasted tomato sauce

Glazed lamb kebab with tahini and honey dip

Char-grilled aubergine and lamb kofta with mint yoghurt sauce

Fillo tartlet of beef,sesame ,soy and ginger

Pastrami and cheddar cheese croissant with Dijon mustard sauce

Honey and sesame roasted cocktail sausage

#### Fish @£ 2.65

Smoked trout, spinach and herbed cream roulade

Herbed pancake and smoked salmon with sour cream and dill

Char-grilled tiger prawns with chilli, lemon, ginger and coriander

Seared tuna wraped in panko and nori -wasabi & sour cream sauce

Baby baked potatoes with fresh cream and caviar

Crab cakes with lime and chilli mayonnaise

Char-grilled scallops and bresaola with rosemary and saffron aioli

## Vegetable @£ 2.35

Zesty basil marinated mozzarella and cherry tomato skewers

Herbed artichoke and parmesan filo rolls with garlic aioli

Wild rice and spring onion pancakes with avocado and lime salsa

Quails egg and avocado red onion tart with nigella seeds

Wild mushroom and goat cheese quiche with sprig onion and thyme

Sweet potato, sweet corn ,cumin and coriander fritter with lemon yoghurt

Vegetable spring roll served with sweet chilli and sesame sauce

Char-grilled courgette, red pepper and Portobello mushroom skewers.

## Minimum order is 20 of any individual canapé











www.blancheeatery.com

Mar. 2013