

BLANCHE E A T E R Y

Catering Menu - Kensington

Orders to be placed with:

kensington@blancheeatery.com 020 8617 9646

or

info@blancheeatery.com

▪ Blanche Salads	▪ Wraps, Paninis & Baguettes
Camargue red rice and barley with peas Salad	
Penne pasta with tomato, basil, kalamata olives	Chicken wrap £4.55
Roasted new potatoes with parsley pesto, edamame beans and roasted red peppers	Falafel wrap £4.00
Sweet potato mash with mango chutney, chilli, lime	Mozzarella, tomato & pesto panini £4.00
French beans and roasted yellow peppers ,broad beans, peas and confit garlic.	Ham & cheese panini £4.00
Roasted beetroot and granny smith apple with red wine vinegar,red onion,herbs and jem lettuce	
Roasted aubergine with pickled red onion and tomato salsa	Ham & egg & bagel £2.50
Broccoli and courgettes with chulli, garlic, soy and sesame	Egg & spinach bagel £2.50
Tomato and fennel with red onions,mixed herbs, cider and fennel dressing	Salmon & egg bagel £3.10
Roasted butternut squash with corn salsa,lemon and coriander	Ham & cheese croissant £2.50
Butter beans, chic peas and lentil with roasted red peppers, balsamic , herbs, and red onion	▪ Mains and Hot Dishes
Carrot, beetroot and cabbage slaw with whole grain mustard and white wine vinegar	Salmon or vegetarian gratin £6.95
	Seared Tuna Steak £9.75
	Thai Prawn Curry £6.95
	Char-Grilled Salmon / Salmon Fish cake £6.95
	Grilled Chicken Breast £6.95
	Broccoli Quiche or Quiche Lorraine £4.50
	Tortilla Slice £4.50
	Beef Lasagne / Pasta al forno £6.95
	Vegetable Lasagne / Pasta al forno £6.95
	Chicken Curry and Rice £6.95
	Soup of the Day £2.90
Salads supplied by the kg @ £22.00 per kg	All hot dishes can be made to serve 10 to 12 people
1kg serves 5 people	£60.00 per dish





. Canapé & Finger food.

Meat @ £2.45

Spicy chicken satay skewers with peanut and coconut sauce
 Chicken meat balls with feta, capers and basil-Roasted tomato sauce
 Glazed lamb kebab with tahini and honey dip
 Char-grilled aubergine and lamb kofta with mint yoghurt sauce
 Fillo tartlet of beef, sesame ,soy and ginger
 Pastrami and cheddar cheese croissant with Dijon mustard sauce
 Honey and sesame roasted cocktail sausage

Fish @ £ 2.65

Smoked trout, spinach and herbed cream roulade
 Herbed pancake and smoked salmon with sour cream and dill
 Char-grilled tiger prawns with chilli, lemon, ginger and coriander
 Seared tuna wrapped in panko and nori -wasabi & sour cream sauce
 Baby baked potatoes with fresh cream and caviar
 Crab cakes with lime and chilli mayonnaise
 Char-grilled scallops and bresaola with rosemary and saffron aioli

Vegetable @ £ 2.35

Zesty basil marinated mozzarella and cherry tomato skewers
 Herbed artichoke and parmesan filo rolls with garlic aioli
 Wild rice and spring onion pancakes with avocado and lime salsa
 Quails egg and avocado red onion tart with nigella seeds
 Wild mushroom and goat cheese quiche with spring onion and thyme
 Sweet potato, sweet corn ,cumin and coriander fritter with lemon yoghurt
 Vegetable spring roll served with sweet chilli and sesame sauce
 Char-grilled courgette, red pepper and Portobello mushroom skewers.

Minimum order is 20 of any individual canapé

