

# BLANCHE E A T E R Y

## Catering Menu - Kensington

Orders to be placed with [kensington@blancheeatery.com](mailto:kensington@blancheeatery.com) 020 8617 9646 or [info@blancheeatery.com](mailto:info@blancheeatery.com)

Blanche Eatery caters for large and small, meetings and lunches. We use only the finest ingredients and all food is freshly made daily. The below list is not our comprehensive menu.

### Canapes and Finger Food

#### Meat @ £2.45 each

Spicy chicken satay skewers with peanut and coconut sauce  
Chicken meat balls with feta, capers and basil and roasted tomato sauce  
Glazed lamb kebab with tahini and honey dip  
Char-grilled aubergine and lamb kofta with mint yoghurt sauce  
Fil0 tartlet of beef with sesame, soy and ginger  
Pastrami and cheddar cheese croissant with Dijon mustard sauce  
Honey and sesame roasted cocktail sausage

#### Fish @ £2.65

Smoked trout, spinach and herbed cream roulade  
Herbed pancake and smoked salmon with sour cream and dill  
Char-grilled tiger prawns with chilli, lemon, ginger and coriander  
Seared tuna wrapped in panko and nori with wasabi and sour-cream sauce  
Baby baked potatoes with fresh cream and caviar  
Crab cakes with lime and chilli mayonnaise  
Char-grilled scallops and bresaola with rosemary and saffron aioli

#### Vegetable @ £2.35

Zesty basil marinated mozzarella and cherry tomato skewers  
Herbed artichoke and parmesan filo rolls with garlic aioli  
Wild rice and spring onion pancakes with avocado and lime salsa  
Quails egg and avocado, red onion tart with nigella seeds  
Wild mushroom and goat cheese quiche with spring onion and thyme  
Sweet potato, sweet corn, cumin and coriander fritter with lemon yoghurt  
Vegetable spring roll served with sweet chilli and sesame sauce  
Char-grilled courgette, red pepper and Portobello mushroom skewers

**Minimum order is 20 of any individual canape**



## Breakfast

Porridge	£2.95
Fruit salad, yoghurt and granola	£3.00
Eggs Benedict	£3.00
Eggs Florentine	£3.00
Eggs Royal	£3.00
Boiled eggs and soldiers	£4.95
Scrambled eggs, smoked salmon and toasted Focaccia bread	£6.50
Croque Monsieur	£4.95

## Salads and Vegetables

(Supplied by kilo @ £22.00 per kg)

Camargue red rice and barley with peas salad  
Penne pasta with tomato, basil, kalamata olives  
Roasted new potatoes with parsley pesto, edamame beans and roasted red peppers  
Sweet potato mash with mango chutney, chilli, lime  
French beans and roasted yellow peppers, broad beans, peas and confit garlic  
Roasted beetroot and granny smith apple with red wine vinegar, red onion, herbs and jem lettuce  
Roasted aubergine with pickled red onion and tomato salsa  
Broccoli and courgettes with chilli, garlic, soy and sesame  
Tomato and fennel with red onions, mixed herbs, cider and fennel dressing  
Roasted butternut squash with corn salsa, lemon and coriander  
Butter beans, chic peas and lentil with roasted red peppers, balsamic, herbs and red onion  
Carrot, beetroot and cabbage slaw with whole grain mustard and white wine vinegar

## Main Courses

(All hot dishes can be made to serve 10-12 people. £60.00 per dish)

Char-grilled salmon with sweet chilli sauce	£6.95
Traditional beef lasagne	£6.95
Pasta Al Forno	£6.95
Roasted butterflied chicken breast	£6.95
Potato and butternut tortilla with spinach and feta cheese	£4.50
Quiche (broccoli or turkey ham and cheese)	£4.50

## Wraps, Paninis and Baguettes

Chicken wrap	£4.55
Falafel wrap	£4.00
Mozzarella, tomato and pesto panini	£4.00
Ham and cheese panini	£4.00
Ham and egg bagel	£2.50
Egg and spinach bagel	£2.50
Salmon and egg bagel	£3.10
Ham and cheese croissant	£2.50



## Pastries and Cakes

Plain croissant	£1.20
Almond croissant	£1.90
Chocolate almond croissant	£2.10
Pain au chocolat	£1.40
Chocolate brownie	£1.40
Scone	£1.20
Muffin (berry, chocolate)	£1.60
Chocolate chip cookies	£0.75
Dark chocolate cookies	£1.40
Cupcake (various flavours)	£2.60
Almond slice	£2.60
Fig and honey slice	£2.60
Custard and caramel tartlet	£1.85
Lemon meringue tart	£2.60
Fruit tartlet	£2.60
Meringue (almond, chocolate, raspberry, pistachio)	£1.95
Macaroon (pistachio, chocolate, raspberry, orange)	£0.90
Red velvet cake (serves 10)	£30.00 whole / £3.00 slice
Carrot cake (serves 10)	£30.00 whole / £3.00 slice
Chocolate truffle cake (serves 10)	£30.00 whole / £3.00 slice
Marble cake (serves 10)	£30.00 whole / £3.00 slice
Banoffee cake (serves 10)	£30.00 whole / £3.00 slice
Pistachio and avocado cake (serves 10)	£30.00 whole / £3.00 slice
Lemon cake (serves 10)	£30.00 whole / £3.00 slice

## Drinks

Tea (English Breakfast, herbal)	£1.40 reg / £1.90 large
Espresso	£1.30 reg / £1.90 large
Macchiato	£1.40 reg / £1.80 large
Cappuccino, americano, latte, flat white	£1.90 reg / £2.20 large
Decaf coffee	£1.95 reg / £2.25 large
Hot chocolate	£1.95 reg / £2.30 large
Mocha	£1.95 reg / £2.30 large
Chai latte	£2.00 reg / £2.50 large
Coke / Diet Coke	£1.00
San Pellegrino	£1.40
Evian	£1.00
Perrier	£1.40
Mango / Pineapple / Mellon Chiller	£2.95
Fresh juice (orange, carrot, apple, beetroot, combo)	£2.50

**Orders accepted no later than midday on the day before your meeting/lunch. We will confirm acceptance of order by email and forward an invoice for immediate settlement. Delivery is free within a 3 mile radius, thereafter charges may apply.**

**Paper plates/napkins included.**

**Minimum order £30. All food supplied for catering is VATable at a standard rate.**

