



Leadership courses for Trail and Mountain bikers

## Ride Leader - £125

If you wish to lead groups on smooth, off-road trails and quiet roads, then this is the course for you.

This qualifies you to work as one of a pair to lead low-level introductory rides on off-road trails such as the many Sustrans routes.

## Trail Leader - £355

Covering the essential skills of leading groups, the Trail Leader Award fulfils many leaders needs in full.

It focuses on games and skills development, group management to fulfil the four e's for your group:

ensuring safety, enjoyment, engagement, education

It includes navigation, trailside repair skills, and leadership styles and roles.

All course participants get discounts in store.



To book onto a course  
please ring 01785 818055.

