



P O Box 284
Bothas Hill
3660

Tel: 031 777 1853
Fax: 086 662 3337

Email: dave@ladd.co.za
Email: pat@ladd.co.za
Website: www.ladd.co.za

LADD® SERVICES AND FEES 2013

IMPORTANT INTRODUCTION

ADHD is a complex condition that always has at least two co-occurring conditions. ADHD also presents as different types - making it difficult to understand what the condition is, and more importantly, what it isn't.

GETTING THE CORRECT HELP YOU NEED

LADD® has always offered a Multi-disciplinary Method. This is our guiding principle in how we help you. Getting all the help you need, as opposed to a one-size-fits-all treatment, or worse a mono-treatment path, is more effective.

IDENTIFYING AND ASSESSING THE ISSUES

Our efforts to provide treatment to as many different people as possible has meant that we first assess what you need via a detailed and in-depth investigation, then we compile a plan based on the finding of the investigation.

PRACTICAL TOOLS

We have developed a formidable array of practical tools, from which we choose to create a program that addresses the specific issues raised in the assessment process.

HOW WE WORK

We offer several different ways of working with our clients:

- ◆ Small Groups
- ◆ One-on-One Coaching for teens and adults. We always work with the family, and work with teachers where necessary
- ◆ We offer training to a
 - medical professionals
 - teachers
 - parents / teens
 - businesses

In the near future training courses will be offered online with some group activities. The options are set out on the following pages.

LADD® ADHD ASSESSMENT TOOLS

LADD® does NOT diagnose ADHD.

Please note that the only people who are authorised to diagnose ADHD are:

- ◆ General Practitioners (GPs) – not all GPs have specialised ADHD knowledge
- ◆ Paediatricians
- ◆ Psychiatrists
- ◆ Neurologists
- ◆ Psychologists (they can diagnose but not prescribe medication)

The assessment tools that LADD® provides aid medical professionals in making the diagnosis and also provide LADD® with the ability to design an appropriate LADD® ADHD Coaching plan and benchmark progress made.

These assessments play a significant role in the management of ADHD. Our Assessments are preferably conducted at a client's home or at a neutral venue. In some cases a family member or close friend may be asked to attend to ensure greater accuracy.

Poor Self observation is key characteristic of ADHD.

LADD® ADHD ASSESSMENTS FOR ADULTS

ACTIVITY	DETAILS	COST	PAYMENT TERMS
LADD® Indicator Questions	Normally the first stop, a short questionnaire to be filled in by the person being assessed and a partner, spouse, or close friend. The forms are analysed and a brief report is compiled stating whether further investigation is required.	R 150	On submission of completed forms
LADD® ADHD Impairments Assessment	For adolescents 16 and older and adults. Customised for male and female, and for business and non-business. Takes between 1½ and 2 hours. The results are analysed by LADD® and a detailed written report is sent which includes a multi-disciplinary coaching proposal developed according to the assessment results.	R1 950	On presentation of prior to the assessment
Travel	Travel costs and time may be added to the above subject to distance.		

LADD® ADHD ASSESSMENTS & SERVICES FOR CHILDREN AND FAMILIES

ACTIVITY	DETAILS	COST	PAYMENT TERMS
Copeland Forms for Child	Parents, family members, educators who know the child well, complete these forms. We analyse and provide a written report that assists the medical practitioner to make an accurate diagnosis. Analysis of up 6 evaluations and brief written report with graphs	R500	On submission of completed forms
Family Intervention (this takes place in 2 parts) 1: Assessment 2: Coaching .	Assessment: A trained LADD® Coach visits the home for approximately an hour to identify first hand any ADHD or related problems. Coaching: Once the first (see above) is complete, the LADD® Coach compiles a program for the remaining 2 hours to address the identified issues. Loads of useful documentation, and practical directions and tools for moving forward.	R1 800 includes a copy of our audio book, I'm Audacious Original and Innovative ... I Have ADHD	On booking the appointment
Parent / Teacher Intervention	Relationships between parents of ADHD children and educators are often needlessly adversarial. A trained LADD® Coach acts as facilitator at a round table discussion to plan a way forward to optimally help the child. This is an invaluable help for the ADHD child.	R 650	On booking the appointment
Travel	Travel costs and time may be added to the above subject to distance.		

LADD® MULTI-DISCIPLINARY ADHD COACHING SERVICES

Coaching takes place in different environments and in different forms. Given the complexity of the condition, ADHD Multi-disciplinary Coaching is part training, part skills adaptation, and part facilitation. Wherever possible, the entire family is involved. All the co-occurring conditions are taken into account and dealt with when appropriate.

ACTIVITY	DETAILS	COST	PAYMENT TERMS
<p>One to One Multi-disciplinary Coaching</p> <p>By its nature, this is the best option for clients as it addresses specific client issues at the right time.</p>	<p>Based on the results of the LADD® Impairments Assessment, this client-specific ADHD Multi-disciplinary Coaching program is created to address all the identified issues.</p> <p>The program draws on approximately 20 modules already created, where necessary, new modules are created to address specific issues. A client may have only 8 modules, others may have as many as 19.</p> <p>The topics include thinking, decision making, goals and BHAGS, managing expectations, time management and the importance of failing.</p> <p>The coaching is done at the client's pace, and can last from 3 months to 2 years.</p>	<p>R 8 000 – R18 000</p> <p>includes a copy of our audio book, I'm Audacious Original and Innovative ... I Have ADHD, a file, comprehensive notes and unlimited e-mail and phone support for the duration of the Coaching</p>	<p>On presentation of invoice.</p> <p>Payment over 3 months will be offered in some cases.</p>
Teens Study Skills	<p>One-on-one study skills sessions with Teens. The sessions are between 1 and 2 hours. We provide a lot of documentation so that they have reference material for the future. We always work in our client's environment so we come to you.</p>	<p>R2 100 for 3 sessions.</p> <p>Includes time, travel and documentation</p>	<p>On presentation of the invoice prior to the sessions starting</p>
Small Group Coaching	<p>Under some circumstances a LADD® Coach may offer the above individual coaching modules to a group who meet once a week for 2 hours.</p> <p>The group works at its own pace and there is no fixed time frame to complete the Coaching Programme</p>	<p>R 650 per mth</p> <p>includes a copy of our audio book and handouts.</p>	<p>Payable at the start of each month</p>
Skype or Telephone Coaching	<p>Details and pricing on application.</p>		
Travel	<p>Travel costs and time may be added to the above subject to distance.</p>		

ACTIVITY	DETAIL	COST	PAYMENT TERMS
LADD® 12 Week ADHD Programme	<p>This is a wonderful way to gain an in-depth understanding of ADHD and the many conditions that co-occur.</p> <p>Groups of between 4 and 8 members meet weekly for 2 hours over a period of 12 weeks. Each week a different aspect of ADHD is covered. Spouses and partners may not attend the same group.</p> <p>Week 1 - Overview Week 2 - Diagnostic Process Week 3 - Co-Occurring Conditions Week 4 - ADHD Treatment Wheel Week 5 - Co-Dependency Week 6 - Parenting ADHD Children Week 7 - Role of the family - Part 1 Week 8 - Role of the family - Part 2 Week 9 - Attitude & ADHD Week 10 - Failing For Success Week 11 - Communication & ADHD Week 12 - Consistent Structure</p>	<p>R1 950</p> <p>includes a copy of our audio book, a file and handouts</p>	<p>Payable in full or 3 monthly payments of R650 at the start of each 4 week cycle</p> <p>If you pay in full you receive a 5% discount</p>

LADD® TALKS, WORKSHOPS, SEMINARS & CONFERENCES

ACTIVITY	DETAILS	COST	PAYMENT TERMS
ADHD Overview Talks	LADD® ADHD Overview Presentations. Approx 1 ½ hrs with time for questions held at schools or other community venues	Varies Cost pp or a minimum charge of R1500 excl travel	Prior to talk commencing
ADHD Educator Seminars	<p>2 hour Seminars including handouts and certificates</p> <p>2 hour Seminars no handouts and no certificates</p>	<p>R 200</p> <p>Per delegate with min 30 delegates R 150</p>	Prior to course commencement
LADDer Learning & Learning ADDventure Workshops	For tweens and teens A fun workshop where tweens and teens learn study skills and the importance of attitude. 4 hour workshop where parents attend the final hour.	R 700 Includes handouts and refreshments	Prior to course commencement
Other	We offer a variety of other workshops and training courses for teachers, parents and medical professionals subject to client requests.		
Travel	Travel costs and time may be added to the above subject to distance.		

BECOME A LADD® COACH OR GROUP LEADER

We are always looking for passionate and enthusiastic people to train as LADD® Group Leaders and Coaches to run our 12 Week LADD® ADHD Programmes and to do individual and group coaching as well as present talks, seminars and workshops.

An investment of between R12 000 and R25 000 is required which includes all training, first year licence fees, training material and support.

Please contact us for further information.

LADD® PRODUCTS

PRODUCT	DETAILS	COST	PAYMENT TERMS
Audio Book - written & recorded by Dave Pughe-Parry	<p>I'm Audacious, Original & Innovative ... I Have ADHD - Comes on 2 CDs with each chap as a print file.</p> <p>Chapters:</p> <ol style="list-style-type: none"> 1. Introduction 2. What's In a Name 3. Myths, Fables, Lies & Legends 4. Truths about ADHD <ol style="list-style-type: none"> a. What it is b. Heritability c. Poor self observation d. Poor Short Term Memory e. Role of the Environment f. Co-Occurring Conditions 5. A Brain in another box 6. Why is ADHD So Controversial 7. Rude, Rowdy, Loveable & Loud, Rage Outbursts 8. Lacking Lost Life Skills <ol style="list-style-type: none"> a. Distraction = Disorganisation b. Lack of organisation c. Poor Financial Skills d. Poor Decision Making e. Procrastination & Inertia f. Switching between tasks g. Supersensitivity 9. The Type Does Matter <ol style="list-style-type: none"> a. The Way ADDers Think <p>Plus:</p> <ul style="list-style-type: none"> • The Sound of an ADHD Brain • Useful Documents • Rage Video Clip 	R150.00	R25 shipping and sent via SA Post Office Economail