



VEGETARIAN MENU

CODE TO INGREDIENTS



VEGAN contains no animal products



LACTO-VEGETARIAN contains dairy



OVO-VEGETARIAN contains eggs



order without cheese, crema, or queso fresco to make it a vegan dish

Additionally, our pinto and black beans are vegan but re-fried beans are NOT vegetarian. Mexican rice is vegan and made with vegetable stock. All cheeses are crafted with enzymes (no animal rennet)

APPETIZERS



GUACAMOLE and CHIPS 6.75

a mixture of fresh, ripe avocado, serrano chile, cilantro, onion, and tomato with house-made chips



SALSA FRESCA and CHIPS 3.85

tomato, onion, serrano chile and cilantro



NACHOS 8.25 small 5.95

house-made chips covered in cheese, jalapeños, salsa and black or pinto beans



SUPER NACHOS 10.45 small 6.95

with guacamole and Mexican crema



CORN TORTILLA CHIPS 1.00

house-made, thick and crispy



EMPANADAS 6.75

two crispy corn turnovers with poblano chiles and cheese



HUARACHES 8.85

sandal shaped masa cake with cactus, beans, salsa and vegetables (order with vegetables; order no cheese for vegan)

QUESADILLAS



CORN (3) 4.95

three corn tortillas filled with cheese, served with salsa fresca



FLOUR 4.95

one flour tortilla filled with cheese, served with salsa fresca

TAMALES



served with mexican red rice and black or pinto beans



VEGETABLE 10.95

three tamales of butternut squash and poblano chiles with avocado-tomatillo sauce

SOUP



SOPA VERDE 9.25

vegetable soup of sorrel, tomatillo and ground toasted pumpkin seeds with white hominy served with avocado and crispy tortilla strips

TOSTADA SALADS



crisp corn or flour tortilla covered with black or pinto beans, romaine lettuce, cabbage, carrot, radish, jicama, queso fresco and salsa



VEGETARIAN 8.85

as described above; may be ordered without queso fresco



RAJAS con PAPAS 10.65

strips of roasted poblano chiles sauteed with onions and potatoes; may be ordered without queso fresco



LEGUMBRES PICADILLO 10.65

carrots, zucchini, and potatoes in an ancho-guajillo chile sauce; may be ordered without queso fresco

non-gmo corn

Mexico is the original home of corn and all of the corn for our crispy chips, handmade tortillas, succulent tamales and everything else is made with certified non-gmo corn from Mi Rancho.

TACOS (3)



three tacos served with black or pinto beans on the side



RAJAS con PAPAS 8.35

roasted poblano chile strips sauteéd with onions and potatoes; may be ordered without queso fresco.



LEGUMBRES PICADILLO 8.35

carrots, zucchini, & potatoes in ancho-guajillo chile sauce; may be ordered without queso fresco.

BURRITOS



RICE & BEAN 5.45

mexican red rice, black or pinto beans & salsa fresca



RAJAS con PAPAS 6.95

roasted poblano chile strips with onions and potatoes; may be ordered without crema



LEGUMBRES PICADILLO 6.95

carrots, zucchini, & potatoes in ancho-guajillo chile sauce; may be ordered without crema



SUPER 2.35

with guacamole, cheese and cream added

SALAD/FRUIT



GREEN SALAD mixed salad greens 3.95



FRUIT CUP 3.25

ENCHILADAS (3)



served with mexican red rice and black or pinto beans



de QUESO 11.25

cheese-filled with ancho chile sauce



de la PLAZA 11.25

carrots, zucchini and potatoes in ancho-guajillo chile sauce; may be ordered without queso fresco.

SANDWICHES



MEXICO CITY STYLE 7.45

queso fresco, lettuce, tomato, avocado and jalapeños, served with house-made chips and salsa fresca

PLATES of the HOUSE



served with black or pinto beans, mexican red rice and four handmade corn tortillas



CHILE RELLENO 11.65

poblano chile stuffed with Oaxacan cheese



RAJAS con PAPAS 10.95

roasted poblano chile strips sauteéd with onions and potatoes; may be ordered without queso fresco.



LEGUMBRES PICADILLO 10.95

carrots, zucchini, & potatoes in ancho-guajillo chile sauce; may be ordered without queso fresco.



RICE and BEANS 5.75

DESSERTS



CHOCOLATE ANGELFOOD CAKE 5.00

FLAN 4.25

RICE PUDDING 4.25

COOKIES 2.00



Let Picante Catering
dazzle you and ALL
your hungry guests with
tasty, meat-free fare.



PICANTE

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