

EDUCARE

First Aid and Childcare Courses

Specialising in courses for: • Domestic • Parents • Childcare Workers • Au Pairs

The following courses are available at EDUCARE:

Basic Childcare Course: R280.00 over 1 morning

- Covering all aspects of your baby's daily care, health and safety.
- A must for all childcare workers and first time moms, covering the weeks and first year of baby's life.
- Practical demonstrations covering: sterilising of bottles, making up feeds, winding baby, bathing baby, changing of nappies, care of sensitive areas and nappy rash, taking a temperature etc etc!

"Save-a-child" first aid course: R350.00 over 2 mornings

- Don't leave it until its too late! **Please make sure you do a first aid course!**
- Essential life skills for parents, domestics, teachers, Au-pairs, friends and family.
- Covering: CPR, Choking, Drowning, Poisoning, Fevers, Fits and much more!!!
- Basic awareness on HIV/AIDS and TB.
- A 3 hour course focussing ONLY on CPR and choking in an infant/child is available for R250.00 this informative course also covers poisoning, drowning and any other concern that is brought up amongst the group.
- **A discount is given if both parents attend (R600 per couple). The group is kept small (6-8) to ensure optimal practice and attention.**

Cooking and Nutrition for kids: R280 - R350.00 over 1 or 2 mornings

- Of the utmost importance in this developmental stage!
- Cooking for babies and kids – a course tailored to suit Domestic, Moms or even Grannies!
- Covering more than 80 recipes, cooking methods, hygiene, feeding tips etc.
- Lovely demo's of 10 of the recipes, lovely food to taste, a stunning recipe book to take home!!!
- A one day course is available covering Cooking for Toddlers to Teens. Special price: R280 pp

Developmental Stimulation: R350.00 over 2 mornings

- Equip yourself or your child-minder with the skills necessary to boost the development and brain-power of your child. This class is also great for moms wanting to start a playgroup or nursery school teachers.
- Covering creative play, music, crafts, games, rhythm and rhymes, language and reading skills, bilingualism, social skills, arts, crafts, songs, a stage-by-stage development plan and much more.
- Practical, fun, easy to apply principles... a fantastic course!

Housekeeping for Domestic: R280.00 over 1 morning

- The course will outline basic time saving and time management skills, hygiene, communication, cleaning techniques and appliance care.
- The course also helps to understand the importance of planning and organisation.

Courses are all very 'hands on' and practical with easy to follow, well illustrated course notes.

For bookings contact Liesel: Tel – 041 5811 601

We offer a Nanny Placement Service!