



BASIC CHILDCARE COURSE CONTENT:

- UNIT 1: Personal hygiene of the child-minder and hygiene in the home**

- UNIT 2: Basic safety measures for baby and toddler**

- UNIT 3: Organizing Baby Basics/Nappy bag**

- UNIT 4: Basic stimulation from birth - 12months**

- UNIT 5: Baby Massage**

- UNIT 6: Disinfecting, sterilizing and preparing bottles and bottle feeding baby**

- UNIT 7: Nappy changing : Care of baby's buttocks and other sensitive areas**

- UNIT 8: Dealing with a crying baby**

- UNIT 9: Sleep time tips**

- UNIT 10: Introducing solids and feeding tips**

- UNIT 11: Developing life skills**

- UNIT 12: Discipline**

- UNIT 13: Dealing with a sick child**

- UNIT 14: Bathing your baby**