

TABLE OF CONTENTS:

	Page no:
1. INTRODUCTION	1
a) Is intelligence fixed at birth?	2
b) How do babies learn?	3
c) When can I start?	5
d) What must I do?	5
e) How do I do it?	7
• Investigative play	7
• Manipulative play	7
• Representative or pretend play	8
• Interactive play	9
2. DEVELOPING LANGUAGE SKILLS	10
a) How to talk so that baby can learn	11
b) Word games to play	15
• Rhymes	15
• Animal sounds	15
3) HOW TO BRING UP A MULTILINGUAL CHILD	20
a) Rules for bringing up a multilingual child	20
b) Making a bilingual word book	21
4) DEVELOPING LISTENING AND READING SKILLS	23
a) Choosing books	25
b) Making a story book	26
c) Games	27
d) Making a letter book	28
5) THE MAGIC OF MUSIC	29
a) Ways to enhance baby's enjoyment of music	30
b) Music for the first year	31
c) Some music games to play	33
d) Listening to music	35
e) Some songs to teach toddlers	36
f) Make some musical instruments	40

6. DEVELOPING MATHEMATICAL SKILLS	40
a) How can I help?	41
b) Some counting rhymes	43
c) Some counting games	45
7. TEACHING LIFE SKILLS	47
a) Social skills	48
b) Mealtime manners	49
c) Dressing and undressing	49
d) Boosting concentration and task completion	50
e) Good memory games to play	51
f) Respect and caring for plants and animals	52
8. DEVELOPING MOTOR SKILLS AND CO-ORDINATION	55
a) Throwing and aiming	54
b) Getting creative	56
• Making dough	56
• Playful puppets	59
• Pictures with paint	60
9. ACTIVITIES AND NOTES ON EACH STAGE OF DEVELOPMENT	63
a) Newborn – 6 Months	63
b) One to Two Years	67
c) Pre-School Years	69