



Afar[®]
GROUP

MAKE IT FIT



Afar Group markets globally with patented products. The brand Afar coming from the United States and has three main concepts inclusive of Health, Leisure, and Eco-Friendliness. Combining with German technology and Italian design group together to develop and innovate products of four spindles: Fitness, Innovation, Wellness and Beauty Care.

Afar Group has been accumulating more than a thousand different products marketing in 72 countries around the world. Afar Group has been devoted to pursue the best: not only fully express our technology but walk toward future with humility.

VISION

To be the most reliable and most responsible global provider of products that contributes to a better way of health life

MISSION

Provide our customers the best performance products and knowledge with strict quality control and unmatched customer service

VALUE

Complete innovative products & outstanding customer service are our duty

P1-P15

**COMMERCIAL /
SEMI COMMERCIAL CARDIO**
PROFIT/COMFIT

P16-P26

**COMMERCIAL
STRENGTH**
LH SERIES

P27-P64

HOME USE CARDIO
SMAFIT/CITIFIT

P65-P66

HOME GYM

P67-P69

POWER LINE

P70-P72

SENIOR SERIES

P73-P82

INNOVATION

P84

AFAR GROUP





COMMERCIAL
SERIES

Afar
SPORTS

ProFit
SERIES



LT809
MOTORIZED
TREADMILL



DB209
GENERATOR
UPRIGHT BIKE



DB309
GENERATOR
RECUMBENT



DB509
GENERATOR
ELLIPTICAL



LS609
SPN BIKE

ProFit
SERVICES



100 mm Roller



AC 4 HP



LT809 MOTORIZED TREADMILL

SPECIFICATION

Motor : AC 4 HP
Speed Range : 1.0-20 KM/H
Running Area : 160 x 53 cm
Power incline : 15 %
Roller : 100 mm
1" thickness running deck

N.W./ G.W.: 220/270 KGS
20'/40': 20 / 44 SETS

Running belt auto-Adjusted
Music: Audio input / USB interface
Hi-Fi stereo SPEAKER
19" TFT LCD TV and TV stand



i Console



- USB for power Recharge
- Workout with Bluetooth connection
- compatible with IOS/Android system
- Tablet / iPad holder

DB209

GENERATOR UPRIGHT BIKE

Computer Function:

16 levels Resistance, Max. 350 Watts
Scan/Time/Speed/Distance/Calories/Pulse/Recovery
/RPM/Manual/Watt/HRC/User profiles/12 programs
/two color LCD,backlight display

Hand pulse / Flywheel: 11kg / Crank: 3 Pcs
Seat slider: yes

N.W./G.W.: 56kg/78kg / Assembly size (mm): 1190*570*1380
Carton size (mm): 1250*580*780 / 20'40": 50/110 sets



i Console



- USB for power Recharge
- Workout with Bluetooth connection
- compatible with IOS/Android system
- Tablet / iPad holder



DB309

GENERATOR RECUMBENT

Computer Function:

16 levels Resistance, Max. 350 Watts
Scan/Time/Speed/Distance/Calories/Pulse/
Recovery/RPM/Manual/Watt/HRC/User profiles
/12 programs /two color LCD,backlight display

Hand pulse / Flywheel: 11kg / Crank: 3 Pcs
/ Seat slider: yes

Aluminum seat slider rail

N.W./G.W.: 80kg/105kg
Assembly size (mm): 1700*740*1380

Carton size (mm): 1750*580*850
20'40'/40'HQ: 30/65/75 sets

ProFit
SERIES

DB509

GENERATOR ELLIPTICAL

Computer Function:

16 levels Resistance, Max. 350 Watts
Scan/Time/Speed/Distance/Calories/Pulse
/Recovery/RPM/Manual/Watt/HRC/User profiles
/12 programs / two color LCD, backlight display

Hand pulse / Flywheel: 11kg / Crank: 3 Pcs
/Stride:19"

N.W./G.W.: 56kg/ 76kg

Assembly size (mm): 1190*570*1380

20' / 40' / 40'HQ : 25/ 52 / 60 sets



i Console

- USB for power Recharge
- Workout with Bluetooth connection
- compatible with iOS/Android system
- Tablet / iPad holder



Aluminum Alloy Pedal



50x100x2.5
thickness tube



Good quality Bearing



Aluminum
Magnetic knob

Color
Changeable

LS609 SPN BIKE

Chain drive transmission system

3 pcs crank

Caliper stepless tension control

21 kgs flywheel

50*100*2.5T mm main frame tube

Aluminum alloy pedal

N.W. / G.W.: 60 / 80 kg

20' / 40' / 40'HQ : 60 / 140 / 152 sets

COMFIT
SERIES



T9.5
MOTORIZED TREADMILL



C6.4
CROSS TRAINER



UB9.5
UPRIGHT BIKE



RB9.5
RECLUMBENT BIKE



WT110
ELLIPTICAL



T9.5

MOTORIZED TREADMILL

Motor: AC 2.5 HP (AC INVERTER)

Speed Range: 0.8-18KM/H

Running Area: 50*154cm

Power incline : 12 levels

Running belt :2.5mm thick anti-static

Suspension: Swing arm with built-in hydraulic

Motion control function

N.W. / G.W.: 164.8 / 184.2 kg

20' / 40' / 40'HQ : 20 / 40 / 55 sets



Motion Control

Wireless sensor detect motion
to signify a change in speed



**Swing arm with
Built-in hydraulic**

Designed to minimize the
impact from ground reacting
force



UB9.5
UPRIGHT BIKE



RB9.5
RECUMBENT BIKE

SPECIFICATION

EMS electronic adjustment system
Poly-V belt, one way drive system
3 pcs crank w/ durable alloy diecasting
25-400watts resistance, 5 watts per level
8.7kg Inertia weight
8 level seat Height adjustment w/ alloy extrusion stand
N.W. / G.W.: 60 / 65 kg
20' / 40' : 42 / 96 sets

EMS electronic adjustment system
Poly-V belt, one way drive system
3 pcs crank w/ durable alloy diecasting
25-400watts resistance, 5 watts per level
8.7kg Inertia weight
Patented easy-slide horizontal adjustment w/ 14" long range
N.W. / G.W.: 84.5 / 94.5 kg
20' / 40' : 33 / 87 sets

C6.4

CROSS TRAINER



Server motor direct drive system
16 levels resistance
7.25 kgs flywheel
36 kgs inertia weight
Sure-Fit™ self-pivoting with comfortable foam pedals
Built in "ramp-less" incline
22" stride length w/ reversible elliptical motion
IPOD dock with Speaker
N.W. / G.W.: 93 / 103.2 kg
20' / 40' / 40HQ : 18 / 38 / 57 sets

WT110

ELLIPTICAL



EMS electronic adjustment system
20 levels resistance
7.25 kgs flywheel
12 levels patent dynamic incline
Touch thumb control™ handlebar for easy Incline and resistance adjustment
Sure-Fit™ self-pivoting with comfortable foam pedals
Built in "ramp-less" incline
Variable stride length from 18.5" to 22.5" w/ reversible elliptical motion
IPOD dock with Speaker
N.W. / G.W.: 144.2 / 171 kg
20' / 40' / 40HQ : 22 / 44 / 52 sets



Surefit pedal

Cushion pedal fit your motion, release pressure on ankle and foot



Touch thumb control

Simply change incline and resistance by touch the handlebar



Dynamic Motion

Patent incline adjustable structure. Features non-impact swing up motion

501U
Upright bike



502R
Recumbent



503R
Recumbent



505S
Stepper



506E
Elliptical



507C
Cross trainer



CEO⁺
series



501U
Upright bike



502R
Recumbent



503R
Recumbent

SPECIFICATION

Generator system, max 430 watts
3 pcs steel crank
16 levels resistance
13.3 kg flywheel
Germany made 8 Ribs Poly-V belt &
Swedish made SKF bearing
N.W. / G.W.: 58.5 / 63 kg
20' / 40' : 80 / 166 sets

Generator system, max 430 watts
3 pcs steel crank
16 levels resistance
13.3 kg flywheel
Aluminum seat rail
Germany made 8 Ribs Poly-V belt &
Swedish made SKF bearing
N.W. / G.W.: 72.5 / 78 kg
20' / 40' : 58 / 120 sets

Generator system, max 430 watts
3 pcs steel crank
16 levels resistance
13.3 kg flywheel
Aluminum seat rail
Germany made 8 Ribs Poly-V belt &
Swedish made SKF bearing
N.W. / G.W.: 72.5 / 78 kg
20' / 40' : 58 / 120 sets



505S
Stepper



506E
Elliptical



507C
Cross trainer

SPECIFICATION

Generator system, max 430 watts
16 levels resistance
13.3 kg flywheel
Germany made 8 Ribs Poly-V belt &
Swedish made SKF bearing
N.W. / G.W.: 91 / 104.5 kg
20' / 40' : 36 / 80 sets

Generator system, max 430 watts
16 levels resistance
13.3 kg flywheel
Germany made 8 Ribs Poly-V belt &
Swedish made SKF bearing
N.W. / G.W.: 104 / 124 kg
20' / 40' : 22 / 44 sets

Generator system, max 430 watts
16 levels resistance
13.3 kg flywheel
Germany made 8 Ribs Poly-V belt &
Swedish made SKF bearing
N.W. / G.W.: 106 / 125.4 kg
20' / 40' : 12 / 26 sets



LT818

MOTORIZED
TREADMILL

SPECIFICATION

Motor : AC 4.0 HP
Speed Range : 1.0-20 KM/H
Running Area: 160 x 55 cm
Power incline : 20 %
Audio input with Speaker
Fan in Console
Display: 2 Large LED and 6 Small LED
or 14" TouchScreen
20' /40' : 8/16 sets



14"
TouchScreen



ST 520

MOTORIZED
TREADMILL

SPECIFICATION

- Motor : AC 3.0 HP
- Speed Range : 0.8-20 KM/H
- Running Area: 158 x 50 cm
- Power incline : 16 %
- Audio input with Speaker
- Display: One large and 5 small LED windows
- Quick speed and Incline buttons on handlebar
- Aluminum side rail
- Built-in 10 programs
- Assembling size: 219.8*87.4*150cm
- N.W. / G.W.: 150 / 210 kg
- 20' / 40' : 18 / 39 sets





SB6 SPN BIKE

SB7.7 SPN BIKE

SB7 SPN BIKE

SB5 SPN BIKE

SPECIFICATION

Belt drive system
 8 levels tension control
 Bi-functional Bar
 (Resistance Adjustment & Brake)
 20 kgs flywheel
 Chrome-plate: Handle tube, Seat tube, Seat Slider
 N.W. / G.W.: 61 / 65 kg
 20" / 40" : 102 / 206 sets

Belt drive system
 8 levels tension control
 20 kgs flywheel
 Mesh chain cover design
 Fully round tube design bike
 N.W. / G.W.: 51 / 55 kg

Belt drive system
 8 levels tension control
 Bi-functional Bar
 (Resistance Adjustment & Brake)
 Magnetic brake system
 4.5 kgs Aluminum alloy flywheel
 Chrome-plate: Handle tube, Seat tube, Seat Slider
 5 claw shape chainwheel
 N.W. / G.W.: 44 / 47 kg
 20" / 40" : 92 / 186 sets

Belt drive system
 8 levels tension control
 Bi-functional Bar
 (Resistance Adjustment & Brake)
 20 kgs flywheel
 Chrome-plate: Handle tube, Seat tube, Seat Slider
 N.W. / G.W.: 60 / 64 kg
 20" / 40" : 102 / 206 sets

A man with dark hair, wearing a white tank top, is smiling as he exercises on a gym machine. He is holding the handles of the machine with both hands. The background is a blurred gym setting with other equipment.

COMMERCIAL
STRENGTH
SERIES

Afar[®]
SPORTS

COMMERCIAL
STRENGTH
SERIES



LH-B01
Butterfly/Pec fly



LH-B02
Seated Chest Press Machine



LH-B03
Shoulder Press



LH-B04
High Pully/ Lat Pulldown



LH-B05
Dual Adjustable Pulley



LH-B05A
Adjustable Functional Trainer



LH-B05B
Cable Crossover



LH-B06
Seated Row

D7

Frame Size
151*71.6^{CM}

200 LBS
Weight stacks

76*3"/60*3"
Main Round Tube

Full Covered
PVC
Shield

2^{times}
Painting Coating

HIGH
Density foam
seat & back & seat

COMMERCIAL
STRENGTH
SERIES

Frame Size
151*71.6^{CM}

200 LBS
Weight stacks

76*3 / 60*3^{mm}
Main Round Tube

Full covered
PVC
Shield

2^{years}
Frame Coating

HIGH
density foam
seat & back seat



LH-B07
Triceps Press



LH-B08
Back Extension



LH-B09
Leg Press



LH-B10
Rotary Torso



LH-B11
Seated Leg Curl



LH-B12
Leg Extension



LH-B13
Outer Thigh Abductor



LH-B13A
Inner Thigh Adductor

COMMERCIAL
STRENGTH
SERIES

Frame Size
151*71.6^{CM}

200 LBS
Weight stacks

76*3^{mm}/60*3^{mm}
Main Round Tube

Full covered
PVC
Shield

2 years
Painting-Coating

HIGH
density foam
seat & back seat



LH-B14
Horizontal Leg Curl



LH-B16
Bicep Curl Machine



LH-B17
Upper Limbs

LH-B15
Seated Calf Machine



LH-B18
Horizontal pulley



LH-B19
Tricep Press Down

76*3mm/60*3mm
Main Round Tube

2 times
Painting & Coating

HIGH
density foam
seat & back seat

COMMERCIAL
STRENGTH
SERIES



LH-B22
Smith Machine



LH-B23
Decline Bench



LH-B24
Olympic Flat Bench



LH-B28
Squat Rack



LH-B25
Olympic Incline



LH-B26
Preacher Curl



LH-B27
Roman Chair/
Back Extension Bench

COMMERCIAL
STRENGTH
SERIES

76"3" / 60"3"
Main Round Tube

2 times
Painting & Coating

HIGH
density foam
seat & back seat



LH-B29
Multi Adjustable Bench



LH-B30
Flat Bench



LH-B33
Weight Plate Tree



LH-B34
Barbell Rack



LH-B37
Seated Calf Machine



LH-B31
Adjustable Crunch Bench



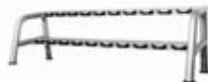
LH-B32
Utility Bench



LH-B38
Draw Muscle Machine



LH-B39
Vertical Knee Raise



LH-B40
Dumbbell Rack

COMMERCIAL
STRENGTH
SERIES

Frame Size
175*89.6^{CM}


210 LBS
Weight stacks


81*2" / 80*200*2-3^{MM}
Main Round Tube


Half covered
Translucent
acrylic
shield


2
Painting & Coating

HIGH
density foam
seat & back seat

LH-C75
Shoulder Press



LH-C77
Seated Chest Press



LH-C77B
Converging Chest Press



LH-C76
Butterfly / Pec Fly



LH-C78
Leg Press



LH-C79
Horizontal Pulley



LH-C80
Triceps Press Machine

COMMERCIAL
STRENGTH
SERIES

Frame Size
175"89.6"CM

210 LBS
Weight stacks

89"2" / 100"2" - 3"
Main Round Tube

Half covered
Translucent
acrylic
shield

2
Finishing Coating

HIGH
density foam
seat & back seat



LH-C81
Bicep Curl Machine



LH-C82
Seated Straight Arm Clip Chest



LH-C83
Horizontal Leg Curl



LH-C84
Seated Leg Curl



LH-C85
Leg Extension



LH-C86
Seated Row



LH-C87
Abdominal Machine



LH-C88
Back Muscle Machine



LH-C89
Standing Calf Raise

COMMERCIAL
STRENGTH
SERIES

Frame Size
175*89.6^{CM}


210 LBS
Weight stacks


89*2750*100*2.3^{MM}
Main Round Tube


Half covered
Translucent
acrylic
shield


2 years
Warranty/Coating

HIGH
density foam
seat & back rest



LH-C90
Multi Hip



LH-C91
Inner Thigh Adductor



LH-C93
Upper Limbs



LH-C95
High Pulley / Lat Pulldown



LH-C92
Outer Thigh Abductor



LH-C94
Rotary Torso

Frame Size
175*89.6cm


210 LBS
Weight stacks


89*2-130*180*2-3mm
Main Round Tube


Half covered
Translucent
acrylic
shield


2
Painting-Coating

HIGH
Density foam
seat & back seat

COMMERCIAL
STRENGTH
SERIES



LH-C96
3 Jungle machine



LH-C98
Multi Press



LH-C99
45 degree leg press



LH-C100
Flat bench



LH-C97
4 Jungle machine



LH-C101
Utility bench



LH-C102
Preacher Curl Bench



LH-C103
Olympic Flat Bench



LH-C104
Olympic Incline Bench

COMMERCIAL
STRENGTH
SERIES



89*2 / 50*100*2.5 mm
Main Round Tube

2 times
Painting&Coating

HIGH
density foam
seat & back seat



LH-C105

Olympic Decline Bench



LH-C107

Assist abdominal Bench



LH-C108

Adjustable Crunch Bench



LH-C109

10 degree Crunch Bench



LH-C110

Flat Crunch Bench



LH-C111

Multi function Smith



LH-C112

Back Extension Bench



LH-C113

Barbell Rack



LH-C114

Weight Plate Tree



LH-C117

Vertical Knee Raise

A photograph of a muscular man from the waist up, leaning on a large white exercise ball. He is shirtless and has his hands behind his head, smiling slightly. The background is a plain, light grey color. On the left side, there is a white diagonal graphic element with an orange stripe.

HOME USE
SERIES

Afar
SPORTS

SmaFIT
series



T1.9
Motorized treadmill



U1.7
Upright bike



E1.7
Elliptical bike



C6.8
Cross trainer

German
PLUS X AWARD
2011



ONE TOUCH
EASY TO KEEP FIT



P28



Manual Incline



Smart Anti-overturn System



360° Handlebar



iwm



iPod dock
[Authorized by Apple]



German
PLUS X AWARD
2011

T1.9/T1.7 MOTORIZED TREADMILL

SPECIFICATION

Motor : DC 2.5 HP
 Speed Range : 0.8 - 16 KM/H
 Running Area : 130 x 44 cm
 Manual Incline : 2 levels
 Manual fold
 IPOD dock with speaker
 IWM system + Scale
 Fully assembled
 N.W./G.W.: 61 / 71 KGS
 20'/40'/40'HQ: 42 / 91 / 104 SETS

Motor : DC 2.0HP
 Speed Range : 0.8 - 16 KM/H
 Running Area : 120 x 44 cm
 Manual Incline : 2 levels
 Manual fold
 IPOD dock with speaker
 IWM system + Scale
 Fully assembled
 N.W./G.W.: 59 / 69 KGS
 20'/40'/40'HQ: 56 / 123 / 147 SETS





U1.7 UPRIGHT BIKE

SPECIFICATION

Motor direct drive system
24 levels resistance
4.2 kgs flywheel
12.5 kgs inertia weight
Single large LCD with blue back light
IWM system + Scale
N.W. / G.W.: 29 / 39 kg
20' / 40' / 40'HQ : 105 / 210 / 280 sets



E1.7 ELLIPTICAL BIKE

SPECIFICATION

Motor direct drive system
24 levels resistance
4.2 kgs flywheel
23 kgs inertia weight
Single large LCD with blue back light
16" stride length
IWM system + Scale
N.W. / G.W.: 44.5 / 55 kg
20' / 40' / 40'HQ : 51 / 111 / 148 sets

SPECIFICATION

Server motor direct drive system
16 levels resistance
8 kgs flywheel
28 kgs inertia weight
Patented upper body Cardio-Core motion handlebar
Sure-Fit™ self-pivoting with comfort foam pedals
Built in "ramp-less" incline
18" stride length w/ reversible movement
IPOD dock with Speaker
IWM system + Scale
N.W. / G.W.: 55 / 65 kg
20' / 40' / 40'HQ : 44 / 92 / 115 sets



p30



90°
easily fold up for
space-saving and
stand vertically



Fully assembled



iwm



iPod dock
(Authorized by Apple)

TAPI / T1.65M

MOTORIZED
TREADMILL

SPECIFICATION

Motor: DC 1.5 HP
Speed Range: 0.8 - 14 KM/H
Running Area: 120 x 40 cm
Manual Incline : 2 levels
Manual fold
IWM system + Scale
Fully assembled
N.W. / G.W.: 51 / 61 kg
20' / 40' / 40'HQ: 62 / 137 / 151 sets

Motor: DC 1.75 HP
Speed Range: 0.8 - 14 KM/H
Running Area: 120 x 40 cm
Manual Incline : 2 levels
Manual fold
IPOD dock with speaker
IWM system + Scale
Fully assembled
N.W. / G.W.: 56.7 / 64 kg
20' / 40' / 40'HQ: 58 / 126 / 140 sets



Motor: DC 2.0 HP
 Speed Range: 0.8 - 14 KM/H
 Running Area: 120 x 40 cm
 Manual Incline : 2 levels
 Manual fold
 IWM system + Scale
 Running Area length can increase to 130cm
 N.W. / G.W.: 58/67 KGS
 20' / 40' / 40'HQ : 63 / 135/ 164 SETS

AR110

MOTORIZED TREADMILL



iwm



iwm

AR210

MOTORIZED TREADMILL

Motor: DC 2.0 HP
 Speed Range: 0.8 - 16 KM/H
 Running Area: 120 x 40 cm
 Power incline : 12 levels
 Manual fold w/ soft drop system
 Suspension: Swing arm
 IWM system + Scale
 Running Area length can increase to 130cm
 N.W. / G.W.: 67/75.5 KGS
 20' / 40' / 40'HQ : 63 / 135/ 164 SETS





AR310 MOTORIZED TREADMILL

SPECIFICATION

Motor: DC 2.25 HP
Speed Range: 0.8 - 18 KM/H
Running Area: 130 x 45 cm
Power incline : 12 levels
Manual fold w/ soft drop system
Suspension: Swing arm
IWM system + Scale
N.W. / G.W.: 76 / 86 kg
20' / 40' / 40'HQ : 50 / 104 / 117 sets

p33

AR410 MOTORIZED TREADMILL

SPECIFICATION

Motor: DC 2.5 HP
Speed Range: 0.8 - 18 KM/H
Running Area: 130 x 45 cm
Power incline : 12 levels
Manual fold w/ soft drop system
Suspension: Swing arm
IPOD dock, Audio input with speaker
IWM system + Scale
Motion control function
N.W. / G.W.: 77 / 87.5 kg
20' / 40' / 40'HQ : 50 / 104 / 117 sets



iPod dock
(Authorized by Apple)



MOTION CONTROL



SPECIFICATION

Motor : DC 2.5 HP
Speed Range : 0.8 - 16 KM/H
Running Area : 140 x 50 cm
Power incline : 12 levels
Manual fold w/ soft drop system
Suspension: Swing arm
Fan in Console
Audio input with Speaker
IWM system + Scale
N.W./G.W.: 85.7 / 98.4 KGS
20'/40': 40 / 84 SETS



GT509 MOTORIZED TREADMILL





RT9.8(M1) / 9.5(M2) MOTORIZED TREADMILL

SPECIFICATION

Motor : AC 2.5 HP (AC INVERTER)
Speed Range : 0.8 - 18 KM/H
Running Area : 150 x 50 cm
Power incline : 12 levels
Running belt : 2.5mm thickness double layer
Suspension: Swing arm
Fan in Console
IPOD dock with speaker
IWM system + Scale
Motion control function
Aluminum side rail

Motor : DC 3.0HP
Speed Range : 0.8 - 18 KM/H
Running Area : 150 x 50 cm
Power incline : 12 levels
Manual fold w/ soft drop system
Suspension: Swing arm
Fan in Console
IPOD dock with speaker
IWM system + Scale
Motion control function
Plastic side rail

N.W./G.W.: 103.6 / 120.6 KGS
20'/40'/40'HQ: 27 / 55 / 66 SETS



MOTION CONTROL



iPod dock
(Authorized by Apple)



C8.9 EMS
IWM
ELLIPTICAL BIKE
W/INCLINE

EMS electronic adjustment system
16 levels resistance
6 kgs flywheel
28kg inertia weight
Patented upper body Cardio-Core motion handlebar
Sure-Fit™ self-pivoting with comfortable pedals
Built in "ramp-less" incline
Adjustable arm Power incline to 50%
Variable stride length from 18" to 28"
w/ reversible elliptical motion
Swing up arc motion
IPOD dock with Speaker
IWM system + Scale
N.W. / G.W.: 103.4 / 116.6 kg
20" / 40" / 40"HQ : 26 / 56 / 84 sets



C8.35
ELLIPTICAL BIKE
W/INCLINE

Server motor direct drive system
16 levels resistance
6 kgs flywheel
28kg inertia weight
Patented upper body Cardio-Core motion handlebar
Sure-Fit™ self-pivoting with comfortable pedals
Adjustable arm Power incline to 50%
Built in "ramp-less" incline
21" stride length w/ reversible elliptical motion
Swing up arc motion
IPOD dock with Speaker
N.W. / G.W.: 102.6 / 107 kg
20" / 40" / 40"HQ : 26 / 56 / 84 sets



C8.2 IWM
ELLIPTICAL BIKE

Server motor direct drive system
16 levels resistance
6 kgs flywheel
28kg inertia weight
Patented upper body Cardio-Core motion handlebar
Sure-Fit™ self-pivoting with comfortable pedals
Built in "ramp-less" incline
20" stride length w/ reversible elliptical motion
IPOD dock with Speaker
IWM system + Scale
N.W. / G.W.: 77 / 90 kg
20" / 40" / 40"HQ : 26 / 56 / 84 sets



0%
Incline

50%
Incline

Swing Up Reactive Elliptical (S.U.R.E.)™

Incline arm & Swing up motion

- 50% incline workout can consume more calories
- Simulate mountain climbing
- Swing up motion is knee-friendly

For C8.9/C8.35

Sure-Fit™ Self-pivoting pedal

- Suitable for feet angle when workout
- Comfortable and less leg pressure



Patent CardioCore™ Counter Rotational motion

- Enhancing the cardio-circulation
- Training abdomen, lateral abdomen muscle



Motion Comparison

Swing up motion

Traditional oval-shape



Move smoothly and softly



Move from back to front toughly

citifit



ST5.1
MOTORIZED TREADMILL



DB2.1
UPRIGHT BIKE



DX3.1
ELLIPTICAL BIKE



ST5.1 MOTORIZED TREADMILL

SPECIFICATION

Motor : DC 3.5 HP
 Speed Range : 1.8-22 KM/H
 Running Area: 138 x 55 cm
 Power Incline : 20 %
 Audio input with Speaker
 N.W. / G.W.: 101 / 113 kg
 20' / 40'HQ : 42 / 94 sets



New Generator Power system (NGP)
 Motorized drive system
 3 pcs crank
 32 Levels resistance
 7 kg flywheel
 5.5" LCD w/ two color backlight
 SCAN, TIME, SPEED, DISTANCE, CALORIES,
 PULSE, RECOVERY, BODY FAT, RPM, MANUAL,
 12 PROGRAMS, H.R.C., USER PROFILE, WATT
 N.W. / G.W.: 36 / 39.5 kg
 20" / 40" : 160 / 320 sets

DB2.1 UPRIGHT BIKE



DX3.1 ELLIPTICAL BIKE

New Generator Power system (NGP)
 Motorized drive system
 3 pcs crank
 32 Levels resistance
 7 kg flywheel
 5.5" LCD w/ two color backlight
 SCAN, TIME, SPEED, DISTANCE, CALORIES,
 PULSE, RECOVERY, BODY FAT, RPM,
 MANUAL, 12 PROGRAMS, H.R.C., USER
 PROFILE, WATT
 N.W. / G.W.: 48.5 / 58.1 kg
 20" / 40" : 87 / 200 sets

citifit



P41

ST02
MOTORIZED TREADMILL



DB01
UPRIGHT BIKE



SC05
ELLIPTICAL BIKE



DR03
RECLINENT BIKE



SPECIFICATION

Motor : DC 2.5 HP
Speed Range : 1.0-18 KM/H
Running Area: 136 x 50 cm
Power incline : 18 %
Manual fold w/ soft drop system
Flat packed design for easy assembly
N.W. / G.W.: 90 / 98 kg
20' / 40' / 40'HQ : 50 / 108 / 120 sets

ST02 MOTORIZED
TREADMILL

DB01 UPRIGHT
BIKE

SPECIFICATION

Motorized drive system
3 pcs crank
32 Levels resistance
7 kg flywheel
5.5" LCD w/ two color backlight
SCAN, TIME, SPEED, DISTANCE, CALORIES, PULSE,
RECOVERY, BODY FAT, RPM, MANUAL,
12 PROGRAMS, H.R.C., USER PROFILE, WATT
N.W. / G.W.: 37 / 41 kg
20' / 40' / 40'HQ : 180 / 390 / 432 sets



p42

Motorized drive system
 32 Levels resistance
 7 kg flywheel
 5.5" LCD w/ two color backlight
 SCAN, TIME, SPEED, DISTANCE, CALORIES,
 PULSE, RECOVERY, BODY FAT, RPM, MANUAL,
 12 PROGRAMS, H.R.C., USER PROFILE, WATT
 Foldable Slider Rail
 N.W. / G.W.: 69 / 75 kg
 20' / 40": 51 / 120 sets

SC05 ELLIPTICAL BIKE



DR03 RECUMBENT BIKE

Motorized drive system
 3 pcs crank
 32 Levels resistance
 7 kg flywheel
 5.5" LCD w/ backlight
 SCAN, TIME, SPEED, DISTANCE, CALORIES,
 PULSE, RECOVERY, BODY FAT, RPM, MANUAL,
 12 PROGRAMS, H.R.C., USER PROFILE, WATT
 N.W. / G.W.: 54.5 / 56.1 kg
 20' / 40' / 40"HQ : 69 / 147 / 168 sets

citifit



S3.3T
MOTORIZED TREADMILL



S3.3U
UPRIGHT BIKE



S3.3E
ELLIPTICAL BIKE



S3.3T MOTORIZED TREADMILL

SPECIFICATION

Motor : DC 2.25 HP
 Speed Range : 0.8-16 KM/H
 Running Area: 140 x 45 cm
 Power incline : 12 %
 Manual fold w/ soft drop system
 Audio input with speaker
 20" / 40" : 44 / 91 sets



Motorized drive system
 3 pcs crank
 7 kg flywheel
 16 Levels Resistance
 16 built-in programs, 4 user programs
 N.W. / G.W.: 28 / 31.5 kg
 20' / 40' / 40'HQ : 164 / 332 / 382 sets

S3.3U UPRIGHT BIKE



S3.3E ELLIPTICAL BIKE

Motorized drive system
 7 kg flywheel
 16 Levels Resistance
 16 built-in programs, 4 user programs
 N.W. / G.W.: 37.5 / 39.5 kg
 20' / 40' / 40'HQ : 108 / 224 / 266 sets

citifit



BT3
MOTORIZED TREADMILL



YE3.1
UPRIGHT BIKE



YE3.2
ELLIPTICAL BIKE

Magnetic resistance system
Stepless tension control
1 pc crank
3.5 kg flywheel
N.W. / G.W.: 19.5 / 21.5 kg
20' / 40' / 40'HQ : 324 / 660 / 735 sets



YE3.1 UPRIGHT BIKE

YE3.2 ELLIPTICAL BIKE

Magnetic resistance system
8 levels tension control
4 kg flywheel
1 Pc Crank
N.W. / G.W.: 35.6 / 37.6 kg
20' / 40' / 40'HQ : 180 / 378 / 420 sets



BT3 MOTORIZED TREADMILL

SPECIFICATION

Motor : DC 1.25 HP
Speed Range : 1.0-12 KM/H
Running Area: 120 x 40 cm
Manual incline : 2 levels
Manual fold w/ soft drop system
N.W. / G.W.: 40 / 46 kg
20' / 40' / 40'HQ : 88 / 184 / 197 sets





AF-322
MOTORIZED TREADMILL

AF-325
MOTORIZED TREADMILL

AF-335
MOTORIZED TREADMILL

**AC MOTOR
Maintenance
FREE**

SPECIFICATION

Motor : AC 2.0 HP
Speed Range : 0.8-18 KM/H
Running Area: 145 x 52 cm
7 Inch Blue backlight LCD
Power incline : 20%
Manual fold w/ soft drop system
Fan in console
Audio input with speaker
N.W. / G.W.: 102 / 110 kg
20' / 40'HQ: 36 / 97 sets

Motor : AC 2.0 HP
Speed Range : 0.8-18 KM/H
Running Area: 145 x 52 cm
7 Inch Blue backlight LCD
Power incline : 20%
Manual fold w/ soft drop system
Fan in console
Audio input with speaker
N.W. / G.W.: 102 / 110 kg
20' / 40'HQ: 36 / 97 sets

Motor : AC 2.0 HP
Speed Range : 0.8-18 KM/H
Running Area: 145 x 52 cm
7 Inch Blue backlight LCD
Power incline : 20%
Manual fold w/ soft drop system
Fan in console
Audio input with speaker
N.W. / G.W.: 102 / 110 kg
20' / 40'HQ: 36 / 97 sets



ST001 MOTORIZED TREADMILL



SPECIFICATION

Motor : DC 3.0 HP
Speed Range : 1.0-20 KM/H
Running Area: 136 x 50 cm
Power incline : 18 %
Manual fold w/ soft drop system
Flat packed design for easy assembly
N.W. / G.W.: 92 / 100 kg
20' / 40' / 40'HQ : 46 / 108 / 116 sets

SPECIFICATION

Motor : DC 2.75 HP
Speed Range : 0.8-18 km/h
Running Area : 141 x 51 cm
7 Inch Blue backlight LCD
Power incline : 20%
Manual fold w/ soft drop system
HRC program
Quick speed and Incline buttons on handlebar
Audio input with speaker
N.W. / G.W.: 102 / 110kg



AF220 MOTORIZED TREADMILL





CONSOLE WITH
i PAD HOLDER



19 MOTORIZED TREADMILL

SPECIFICATION

- Motor : DC 2.75HP
- Speed Range : 0.8-18 KM/H
- Running Area : 141 x 51 cm
- 7 inch Blue backlight LCD
- Power incline : 20%
- Manual Fold w/ soft drop system
- Quick speed and Incline buttons on handlebar
- Audio input with speaker
- N.W. / G.W.: 95 / 100 kg
- 20' / 40'HQ : 36 / 97 sets



PATENT
SUSPENSION
SYSTEM



P51

CITIFIT



S1.3T
MOTORIZED TREADMILL

S2.3T
MOTORIZED TREADMILL

S3.3T
MOTORIZED TREADMILL

S5.3T
MOTORIZED TREADMILL

SPECIFICATION

S1.3T

Motor : DC 1.5HP
Speed Range : 0.8-12KM/H
Running Area : 120 x 40 cm
Manual Incline : 2 levels
7 built-in programs
20' / 40' : 72 / 156 sets

S2.3T

Motor : DC 1.5HP
Speed Range : 0.8-12KM/H
Running Area : 120 x 40 cm
Power Incline : 10%
6 built-in program
20' / 40' : 72 / 156 sets

S3.3T

Motor : DC 2.25 HP
Speed Range : 0.8-16 KM/H
Running Area: 140 x 45 cm
Power incline : 12 %
7 built-in program, 3 user programs
Manual fold w/ soft drop system
Audio input with speaker
20' / 40' : 44 / 91 sets

S5.3T

Motor : DC 2.55 HP
Speed Range : 0.8-18 KM/H
Running Area: 150 x 50 cm
Power incline : 15 %
7 built-in program, 3 user programs
Manual fold w/ soft drop system
Audio input with speaker
20' / 40' : 40 / 85 sets

SPECIFICATION

Motor : DC 3.0 HP
 Speed Range : 1.0-22 KM/H
 Running Area: 150 x 51 cm
 Power incline : 10%
 Manual fold w/ soft drop system
 Audio input with speaker
 N.W. / G.W.: 88 / 95 kg
 20' / 40' / 40'HQ: 42 / 91 / 104 sets

BT8 MOTORIZED
 TREADMILL



BT7 MOTORIZED
 TREADMILL

SPECIFICATION

Motor : DC 2.5 HP
 Speed Range : 1.0-18 KM/H
 Running Area: 135 x 45 cm
 Power incline : 10%
 Manual fold w/ soft drop system
 Audio input with speaker
 N.W. / G.W.: 69 / 75 kg
 20' / 40' / 40'HQ: 42 / 91 / 104 sets

Motor : DC 1.75 HP
 Speed Range : 1.0-16 KM/H
 Running Area: 128 x 42 cm
 Power incline : 10%
 Manual fold w/ soft drop system
 Audio input with speaker
 N.W. / G.W.: 57 / 64 kg
 20' / 40' / 40'HQ: 70 / 147 / 152 sets

BT6 MOTORIZED TREADMILL



BT5 MOTORIZED TREADMILL



Motor : DC 1.25 HP
 Speed Range : 1.0-12 KM/H
 Running Area: 120 x 40 cm
 Manual incline : 2 levels
 Manual fold w/ soft drop system
 N.W. / G.W.: 40 / 45 kg
 20' / 40' / 40'HQ: 88 / 184 / 207 sets

citifit



T16 MOTORIZED TREADMILL

SPECIFICATION

Motor : 1.75HP
Speed Range : 0.8-16KM/H
Running Area : 42 x 125 CM
Incline : 15% Power incline
N.W./G.W. : 67Kg/72Kg
20'/40' : 63/133 Sets



T15 MOTORIZED TREADMILL

SPECIFICATION

Motor : 1.5HP
Speed Range : 0.8-12KM/H
Running Area : 40 x 120 CM
Incline : 10% Power incline
N.W./G.W. : 50Kg/56Kg
20'/40' : 80/189 Sets

SPECIFICATION

Motor : 1.25HP
Speed Range : 0.8-12KM/H
Running Area : 40 x 120 CM
Manual incline : 2 levels
N.W./G.W. : 50Kg/ 56Kg
20'/40' : 80/189 Sets



T2 MOTORIZED TREADMILL



Motor : DC 1.25HP
 Speed Range : 1.0-12 KM/H
 Running Area : 120 x 40 cm
 Manual fold
 N.W. / G.W.: 33 / 40 kg
 20' / 40' / 40'HQ: 90 / 190 / 215 sets

VA10 MOTORIZED TREADMILL



VA11 MOTORIZED TREADMILL

Motor : DC 1.25HP
 Speed Range : 1.0-12 KM/H
 Running Area : 120 x 40 cm
 Manual Incline : 2 levels
 Manual fold with soft drop system
 N.W. / G.W.: 35 / 42 kg
 20' / 40' / 40'HQ: 90 / 190 / 215 sets



Flat packed



Able to speak time
& distance setting



SPECIFICATION

Motor : DC 1.5HP
Speed Range : 0.8-14 KM/H
Running Area : 125 x 40 cm
Manual Incline : 2 levels
N.W. / G.W.: 44.5 / 52 kg
20' / 40' / 40'HQ: 72 / 152 / 185 sets

ORANGE 5 MOTORIZED TREADMILL



MINI-31 MOTORIZED TREADMILL



SPECIFICATION

Motor : DC 0.5 HP
Speed Range : 1.0-6 km/h
Running Area : 100 x 35 cm
Easily foldable and flat packed
Can speak for Time, Distance setting
N.W. / G.W.: 36 / 41 kg
20' / 40'HQ: 108 / 225 / 250 sets

Motor : DC 0.75 HP
 Speed Range : 0.8-8 KM/H
 Running Area: 105 x 33 cm
 N.W. / G.W.: 22 / 25 kg
 20' / 40'HQ : 126 / 330 sets

T1 MOTORIZED TREADMILL



VA17T MOTORIZED TREADMILL

Motor : DC 1.25 HP
 Speed Range : 0.8-10 KM/H
 Running Area: 105 x 37 cm
 Manual Incline : 2 levels
 Audio input, USB interface with speaker
 Running Area length can increase to 120cm
 Flat packed design for easy assembly
 N.W. / G.W.: 40 / 45 kg
 20' / 40' / 40'HQ : 88 / 176 / 216 sets



F86 MAGNETIC TREADMILL

SPECIFICATION

Running Area : 105 x 33 cm
Folding Size : 56*65*129 cm
Assembling Size : 134*65*124cm
N.W/G.W(kgs) : 24.1/28.5 kgs
20' / 40' / 40'HQ : 129 / 268 / 292 Sets



F85 MAGNETIC TREADMILL

SPECIFICATION

Running Area : 105 x 33 cm
Folding Size : 40*61*126cm
Assembling Size : 115*61*126cm
N.W/G.W(kgs) : 24/27 kgs
20' / 40'HQ : 204 / 560 Sets

SPECIFICATION

Running Area : 105 x 35 cm
Folding Size : 56 x 69 x 138 CM
Assembly Size : 130 x 69 x 127 CM
N.W / G.W : 28.7 KGS / 32.3 KGS
20' / 40' / 40'HQ : 185 / 370 / 430 Sets

F83 MAGNETIC TREADMILL





210 MAGNETIC UPRIGHT BIKE

Magnetic resistance system
8 levels tension control
1 piece crank
4 kgs flywheel
N.W./G.W.: 17 / 19 KGS
20"/40"/40"HQ :
318 / 658 / 720 sets



211 ELLIPTICAL BIKE

Magnetic resistance system
8 levels tension control
1 piece crank
4 kgs flywheel



210C LAZY BIKE

Magnetic resistance system
8 levels tension control
1 piece crank
4 kgs flywheel



P60



401B UPRIGHT BIKE

SPECIFICATION

Magnetic resistance system
Stepless tension control
1 piece crank
2 kgs flywheel
N.W. / G.W.: 17.5 / 19 kg
20" / 40" / 40"HQ: 311 / 635 / 704 sets



401L LAZY BIKE

SPECIFICATION

Magnetic resistance system
8 levels tension control
1 piece crank
2 kgs flywheel
N.W. / G.W.: 27.5 / 29 kg
20" / 40" / 40"HQ: 156 / 322 / 406 sets



401E ELLIPTICAL BIKE

SPECIFICATION

Magnetic resistance system
8 levels tension control
1 piece crank
2 kgs flywheel
N.W. / G.W.: 25 / 28.5 kg
20" / 40" / 40"HQ: 192 / 393 / 448 sets

MAGNETIC XBIKE AF-XB06

SPECIFICATION

Magnetic resistance system
8 levels tension control
3 pcs crank
Hand pulse sensor
Book stand
Back Seat support
N.W. / G.W.: 18 / 20 kg
20' / 40' / 40' HQ: 245 / 550 / 660 sets



Book
Stand
iPad
Holder

AF-MB02



Manual System

AF-EB01



Motorized System

MINI
BIKE

p62



V03 was special designed for home use market with small packing dimension, easy setup and doesn't need maintenance. Worldwide patent magnetic resistance system provides great rowing experience and decreases the weight of packing which is only 24 kg. Patented magnetic structure creates no noise, friction and heat, that means no repair, no complaints.

DIMENSION : 152.5 x 44 x 42 cm
 PACKING SIZE : 87X28X40 CM
 N.W / G.W : 19 kgs / 24 kgs
 FOLDING : 87 x 44 x 121 cm
 20% / 40% / 40%HQ : 235 / 547 / 594 sets

V03 ROWER



V08 ROWER

p63



V07 ROWER



SPECIFICATION

Chain drive system

3 pcs crank

Stepless tension control

13 kgs flywheel

Chrome-plate: Handle, Seat adjustment tube and slider

N.W. / G.W.: 31.5 / 36.5 kg

20" / 40" / 40"HQ : 154 / 320 / 348 sets

AF108 SPN BIKE

AF100 SPN BIKE

SPECIFICATION

Chain drive system

1 pc crank

Stepless tension control

13 kgs flywheel

N.W. / G.W.: 28 / 32 kg

20" / 40" / 40"HQ : 154 / 316 / 348 sets





AFB-18
Bench



AFB-50
Bench



AFB-51
Bench



AFB-52
Bench



AFB-60
Bench



AFHG-42
Home GYM



AFHG-42B
Home GYM



AFHG-43
Home GYM



AFHG-47
Home GYM



AF-307
Weight Bench



AF-307A
Weight Bench



AF-380
Weight Bench



AF-309
Weight Bench



AFHW 408
Weight Bench



AFHW 410
Weight Bench



AFHW6013
Weight Bench



AFHG-42
Weight Bench



GREEN POWER

ECO-FRIENDLY SERIES

Fight against the soaring electricity charges, Afar provides a Rechargeable Battery Recharger for customer to simply produce electricity while pedaling. After accumulating certain amount of electricity, you can recharge most of your home electrical appliances, such as your mobile phone, radio, TV, electric fan, hair dryer, toast oven, anytime and anywhere since our battery recharger is portable.

Afar
SPORTS





**PRODUCE ELECTRICITY
WHEN PEDALING**



Android



ios



Produce electricity when pedaling.

Rechargeable NI-MH Battery

Battery start to be recharged once pedaling to 30 RPM

Low battery (5.0V) will need 7.5 hours (30 minutes x 15 days) workout at 60 RPM to make it full.

Full battery can remain 60% storage after 3 month w/o any exercising or computer operation.

	Recharge smart phone battery	iPhone 4S/5	HTC or Samsung Smart phone
level 1 resistance , Pedal at 60 RPM	25%	40 mins	32 mins
	50%	85 mins	70 mins
	70%	130 mins	105 mins
	100%	190 mins	185 mins



easy to operate



Rechargeable any time



DB01 UPRIGHT BIKE

Generator system

3 pcs crank

32 Levels resistance

7 kg flywheel

5.5" LCD w/ two color backlight

SCAN, TIME, SPEED, DISTANCE, CALO-

RIES, PULSE, RECOVERY, BODY FAT,

RPM, MANUAL, 12 PROGRAMS, H.R.C.,

USER PROFILE, WATT PROGRAM

N.W. / G.W.: 37 / 41 kg

20' / 40' / 40'HQ: 180 / 390 / 432 sets



SC05 ELLIPTICAL BIKE

Generator system

32 Levels resistance

7 kg flywheel

5.5" LCD w/ two color backlight

SCAN, TIME, SPEED, DISTANCE, CALO-

RIES, PULSE, RECOVERY, BODY FAT, RPM,

MANUAL, 12 PROGRAMS, H.R.C., USER

PROFILE, WATT PROGRAM Stride 19"

Foldable Slider Rail

N.W. / G.W.: 69 / 75 kg

20' / 40' : 51 / 120 sets



DR03 RECUMBENT BIKE

Generator system

3 pcs crank

32 Levels resistance

7 kg flywheel

5.5" LCD w/ two color backlight

SCAN, TIME, SPEED, DISTANCE, CALORIES,

PULSE, RECOVERY, BODY FAT, RPM,

MANUAL, 12 PROGRAMS, H.R.C., USER

PROFILE, WATT PROGRAM

N.W. / G.W.: 54.5 / 56.1 kg

20' / 40' / 40'HQ: 69 / 147 / 168 sets

Console With USB
Connection For
Power Recharge and
Tablet / iPad holder





SENIOR
SERIES

Afar
SPORTS



ST-1

MOTORIZED TREADMILL

SPECIFICATION

Motor : DC 2.5 HP
Speed Range : 0.5-10 KM/H
Running Area: 141 x 51 cm
Audio input, USB interface with speaker
Handrail for Senior care
N.W. / G.W.: 76 / 84 kg
20' / 40'HQ: 42 / 98 sets



MULTI-STOP MECHANISMS

Provide extra care for your safety issues

EASY TO READ: BIG BLUE BACKLIGHT LCD DISPLAY

Shows Speed, Time, Distance, Calories and Pulse

HIGH-QUALITY MOTOR

Low speed high torque motor suitable for seniors

SAFETY FIRST

Extended handrail to provide support against unexpected accident

MP3 READY

USB port for you to workout with your favorite songs

WORKOUT AREA

141x50cm
Plenty of space to walk or run to better health

SAFETY FIRST
Extended handrail to provide support against unexpected accident.

EASY TO READ: BIG BLUE BACKLIGHT LCD DISPLAY
Shows Speed, Time, Distance, Calories and Pulse

MP3 READY
USB port for you to workout with your favorite songs

HIGH-QUALITY MOTOR
Low speed high torque motor suitable for seniors

MEET YOUR REQUIREMENTS: MULTI-ANGLE ADJUSTABLE CONSOLE
0-80 degree of console, suitable for users with any height, and any age

Just for ST2



ST2 ST3 MOTORIZED TREADMILL

SPECIFICATION

Motor : DC 2.0 HP
Speed Range : 0.5-8 KM/H
Running Area: 132 x 45 cm
Audio input, USB interface with speaker
Handrail for Senior care
N.W. / G.W.: 63 / 68 kg
20° / 40°HQ: 56 / 135 sets

Motor : DC 1.75 HP
Speed Range : 0.5-8 KM/H
Running Area: 125 x 42 cm
Console angle adjustable
Handrail for Senior care
N.W. / G.W.: 57 / 64 kg
20° / 40°HQ: 72 / 171 sets



INNOVATION

INNO

創

혁

신

INNOVATION

イノベーション



Innovation series

is nothing more than the development of new products or the improvement of existing products. Afar cares about customer experience; Afar products are enjoying a good reputation due to its functions, features, and service.

Afar's innovative products with compact packing size, unique features, and economical price are ideal for home shopping.

Afar
SPORTS



AB RAPTOR

EXTEND
WHOLE BODY
RELEASE WAIST
& BACK ILLNESS



**BICEP CURL
WORKOUT**

**CHEST
WORKOUT**



**ABS
WORKOUT**



**EXERCISE & TRAIN
ABDOMEN, BICEPS
& TRICEPS**

**RELIEVE LOW
BACKPAIN**



**THIGHS
& CALVES
STRETCHING**



MASSAGE FOOT, LEGS & BACK (TOTAL CORE EFFECT)



**STRETCH & RELAX
YOUR BACK
MUSCLES**



**TRAIN YOUR
BICEPS & THIGHS
AT THE SAME TIME**



PUSH-UP



**FULLY TRAIN
YOUR CHEST
MUSCLES & BICEPS**



8 PACKS BENCH

**LET YOUR
IMAGINATION SOAR**

BROWN BOX PACKING :
106X36X27.5CM (L*W*H)

N.W/G.W.: 10.5/12.5 KG
20'/40'/40HQ : 252/518/594



**MOVABLE
FOAM GRIP:**
Various workout
choices available



**MOVABLE
SEAT:**
Horizontally move
to twist your waist



**MOVABLE BACK
SUPPORT:**
3 inclination
degrees available



- Stretchable foam roller with ropes
- Adjustable bench inclination
- Abs and biceps muscles training

N.W. / G.W. (KGS) : 8.8 / 9.5

Assembly size (L*W*H): 104*56*65 CM

Packing size (L*W*H): 104*20.5*34 CM

MULTI BENCH

MINI BENCH

Get Fit at Home Easily

- 3 level dual draw string for resistance adjust
- 3 level angles for bench height adjust
- Anti-drop safety design

N.W. / G.W. (KGS) : 5.8 / 6.6

Assembly size (L*W*H): 96*58*50 CM

Packing size (L*W*H): 78*19*32 CM





The Ultimate Exerciser to Shape and Tone Your Body

The Bean shape puts you in the perfect position for almost any exercise. It has all the benefits of a stability ball, plus you are supported on a cushion of air. You get a great workout **without back pain!**

The
Bean™



p77

Perfect for All Fitness Levels • More Stable and Versatile Than a Stability Ball • Easy to Use
• Compact and Portable • No Back Pain



3
LEVEL
RESISTANCE
ADJUSTMENT

PATENTED

HIP SHAPER



PROSTATE
& THIGHS

BALANCE &
COORDINATION



SPINE & WAIST
Safer with
Handlebar





Colors available:



CHANGE WHAT YOU THOUGHT ABOUT EXERCISE!

- Easy & Interesting
- Powerful & Full body exercise
- Good for Waist, Wrists, Thighs
- Adjustable Height & Safety concern for all users
- Highly durable and flexible steel springs
- No noise concerns & Enjoy exercising even at night
- Easy to move around

N.W/G.W (kg) 8.4/9.4

Packing size (L*W*H): 55*44*33 cm

TWISTER KING

WALKING TWIST

- Shake & Twist your body
- Easy & Convenient for storage
- Full Body Exercises
- Steel Frame to ensure security and safety
- Exercise your abs and tummy
- Good for abs, spine, leg, calf, shoulder, and waist



n79

Packing size (L*W*H): 60*56*15 cm

Assembly size : 104 x 140 x 60 cm

Innovatively combine FITNESS with GAME
Make your exercise experience interesting and attractive



GAMEBIKE

GAME+EXERCISE

Controller employs motion sensor technology to provide steering input
Wirelessly connect with PC and all major game consoles

COMPATIBLE WITH

PS2
PlayStation 2

PS3
PlayStation 3

Wii

XBOX 360

MULTI PLAYERS to share the fun!



Forget about the calories and fat you
are burning when using Game Bike!



*KID EDITION
SIZE: 63X59.5X113CM
N.W: 15 KG
G.W: 18 KG
*STANDARD EDITION
SIZE: 62X59.5X125CM
N.W: 15.5KG
G.W: 18.5KG
*EXTENDED EDITION
SIZE: 62X59.5X130CM
N.W: 16KG
G.W: 19KG

p80

PRS 9110

MOVABLE SEAT



ADJUSTABLE
FOOT PLATE



DETACHABLE
RESISTANCE
TUBES



p81

3 IN ONE



**AB TRAINING
(PUSH UP)**

*knees down and push the
handrail forward*



**ARMS TRAINING
(ROWING)**

*Step on the knee/foot plate and
pull the stretching rope backward*



**LEGS TRAINING
(STRETCHING)**

*Sit on the seat and move
backward/forward*



**Multi-functional
Training**



AF-2007H

COMBINES

2 Abdominal Exercises

This innovative training machine allows you to easily delineate the curves of your abdomen. AB X power targets your entire core from **side to side** and **front to back** in the "dual function". (Arc & Swing motion)

Build Perfect CURVE



Lateral Thigh



Thigh



Hip



Arm



Waist



Abdomen

p82



AF690 VIBRATION PLATE

AF790 VIBRATION PLATE

AF2620 VIBRATION PLATE

MINI VIBRATION PLATE

AF1310 VIBRATION PLATE

9 Speed levels
 23-38 HZ frequency
 Timer: 2, 5, 10 minutes
 Round upright tube
 Elastic rope
 3 built-in programs
 N.W. / G.W.: 12.8 / 14.5 kg
 20' / 40' : 430 / 898 sets

9 Speed levels
 23-38 HZ frequency
 Timer: 2, 5, 10 minutes
 Elliptic upright tube
 Elastic rope
 3 built-in programs
 Adjustable tube height
 N.W. / G.W.: 12.8 / 14.5 kg
 20' / 40' : 430 / 898 sets

Timer: 10 minutes
 5 levels speed
 33-45 HZ frequency
 Elastic Rope
 PVC Round upright
 N.W. / G.W.: 8 / 9.5 kg
 20' / 40' / 40'HQ :
 532 / 1,120 / 1,280 sets

5 levels speed
 33-45 HZ frequency
 Elastic Rope
 Remote control
 N.W. / G.W.: 7.2 / 8.7 kg
 20' / 40' / 40'HQ :
 600 / 1,230 / 1,390 sets

Timer: 10 minutes
 Vibration 33-45 HZ frequency
 Fitness 6-30 HZ frequency
 8 built-in programs
 N.W. / G.W.: 43 / 48 kg
 20' / 40' / 40'HQ :
 105 / 230 / 260 sets



Afar
SPORTS: Innovation
All Mat: Floor & Mat
Elite: Gym & Gallop: Home
CrossFit/ Treadmill
Citifit: Home **Smartfit: IWM**
Cardio/
Profit: Commercial Cardio
LH: Commercial
Strength

We are quick, positive and enthusiastic team

Activity
faithfulness

We never release business confidential to others

ability Our qualified staff offer whatever you require

responsibility For product quality and after-sales service



No.38, Aly. 7, Ln. 926, Sec. 6, Taiwan Blvd.,
Shalu Dist., Taichung City 433, Taiwan(R.O.C.)

Tel: + 886-4-2633-7183
Fax: + 886-4-2632-2833

Mike@afarsports.com

www.afargroup.com