





BREAKFAST

7-9.30AM / MONDAY - FRIDAY 8-10AM / WEEKENDS

CONTINENTAL

Selection of cereals:- Weetabix, Bran Flakes, Rice Krispies, Cornflakes, Coco Pops, Muesli
Pain au chocolat, croissant, savoury or sweet muffin
Fresh fruit salad

Stewed fruit, cinnamon tea syrup

Porridge oats, honey, sugar and butter

Selection of local Suffolk yoghurts

TRADITIONAL

The Lion's Share, Suffolk cured bacon, Suffolk pork sausages, grilled tomatoes, mushrooms, black pudding, fried bread and eggs to your liking

Eggs Bénédict

Pinney's smoked kipper, fresh lemon
Milk-poached smoked haddock, poached egg
Smoked salmon and scrambled egg, toasted muffin
Crêpes, Maple syrup, crème fraîche, berry compôte

BEVERAGES

Fresh juices, orange, apple, grapefruit, cranberry

Teas, English, Earl Grey, Darjeeling, Assam, green, peppermint, chamomile

Cafetière of coffee, Kenyan blend or de-caffeinated