

Ristorante E Bar Italiano LUNCH MENU

PRANZO MENU

12 noon - 2.30pm. Monday to Sunday.

ANTIPASTI Starters

ZUPPA DEL GIORNO

Chef's fresh Soup of the day

BIANCHETTI FRITTI

Deep Fried Whitebait, served with Garlic Mayonnaise

CALAMARI FRITTI

Seasoned baby Squid deep-fried, served with Garlic Mayonnaise & Lemon

INSALATA MISTA (V)

Mixed leaves, Vine Cherry Tomatoes, Red Onion & Cucumber Tossed in a Honey and Mustard Dressing

FONTINA E PARMA IMPANATI

Italian Cheese wrapped in Parma Ham & Basil, Bread crumbed and deep-fried

SECONDI PIATTI Main Course

FILETTO DI BRANZINO

Pan-fried Bass fillet, served on Mash with Lemon Butter Sauce

BISTECCA DI MANZO

Steak marinated in Chilli, Garlic & Oregano char grilled to your preference. Served with Hand Cut Chips and Salad.

PROSCUITO DI PARMA BURGER

Chef's Italian open Burger topped with Parma Ham & Fontina Cheese Served with Fennel Coleslaw, Mustard Mayonnaise & Hand Cut Chips

COZZE AL VINO BIANCO

Fresh Mussels cooked in White Wine & served with Hand Cut Chips

MELANZANE ALLA PARMIGIANA (V)

A Tian of Aubergines slices filled with Mozzarella Cheese, Onions, Garlic & Oregano Topped with a Parmesan crust. Served with New Potatoes

PRANZO PASTA MENU - £7.50

SPAGHETTI CARBONARA ~ Tossed in Cream with Pancetta, Parmesan & Egg Sauce RIGATONI RAGU ~ Rich Meat Sauce with Tomato & Italian Herbs. Topped with Pecorino Cheese SPAGHETTI ALLA MARINARA ~ Mussels, Tiger Prawns, Scallop in Garlic, Chilli & Olive Oil. 'ENNIO'S' LASAGNE AL FORNO ~ Fresh sheets of Pasta, filled with Rich ground Beef, Tomato & Béchamel TAGLIATELLE CON POLLO E SPINACI E FUNGHI ~ Tender Chicken Strips with Spinach & Mushrooms PENNE ARRABIATTA (V) ~ Fresh Chilli, Tomato and Garlic

2 Courses £10.00