



Minhs of Shifnal

AUTHENTIC CANTONESE CUISINE

A La Carte Menu

 MILDLY SPICY

 SPICY HOT

 VEGETARIAN

At Minhs of Shifnal we endeavour to source & use only the freshest & finest ingredients that we can. Therefore dishes which feature seasonal ingredients may be subject to availability & if necessary dishes may be altered or changed without notice.

You are advised that some of our dishes may contain nuts or nut derivatives.

The fish dishes may contain bones.

We cannot guarantee that all of our products are G.M. free.

However, we will do our best to ensure our supplies are of the best quality & to use only products that are free from genetic modification as we can.

Please notify us of any allergies, dietary requirements, preferences or any special requests you may have.

We always try our best to provide dishes that are suitable to your tastes.

Should you have any queries, please consult our Waiting staff or Manager.

We hope you enjoy your visit to Minhs of Shifnal

Set Menus



(A) SET MENU - 2 PERSONS OR MORE £16.00 per head

Starter

PORK YUK SUNG LETTUCE WRAP

Main Course

CANTONESE SWEET & SOUR CHICKEN
KING PRAWNS WITH BLACK BEAN SAUCE
BEEF WITH ENGLISH MUSHROOM
EGG FRIED RICE

To Finish

COFFEE OR CHINESE TEA



(B) SET MENU - 2 PERSONS OR MORE £18.00 per head

Starter

MINHS SPECIAL HOT PLATTER

Main Course

CANTONESE SWEET & SOUR KING PRAWNS
SIZZLING BEEF CANTONESE STYLE
CHICKEN WITH BLACK BEAN SAUCE
YEUNG CHOW FRIED RICE

To Finish

COFFEE OR CHINESE TEA



(C) SET MENU - 4 PERSONS OR MORE £19.00 per head


1st

MINHS SPECIAL HOT PLATTER

2nd

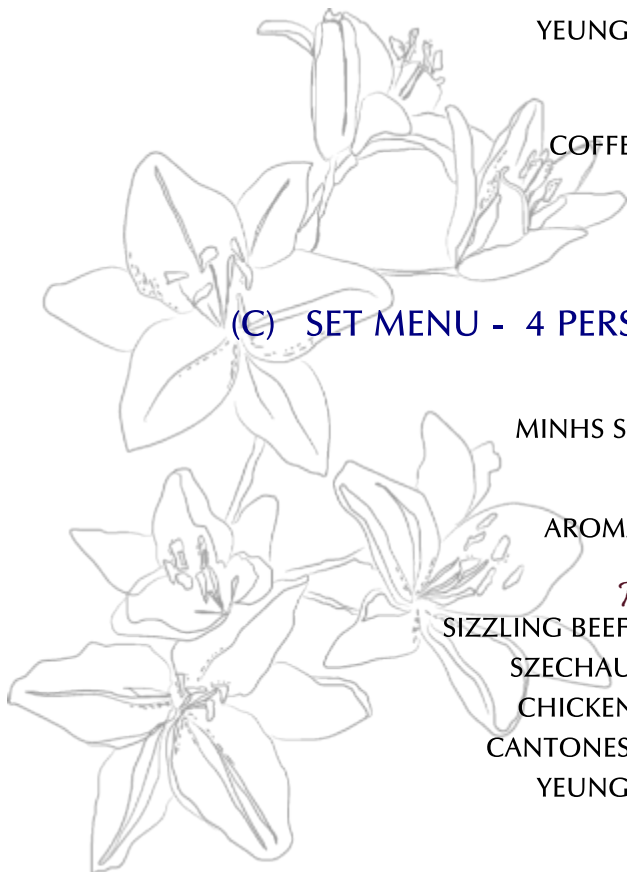
AROMATIC CRISPY DUCK

Main Course

SIZZLING BEEF WITH BLACK BEAN SAUCE
SZECHAUN KING PRAWNS 
CHICKEN WITH SATAY SAUCE
CANTONESE SWEET & SOUR PORK
YEUNG CHOW FRIED RICE

To Finish

COFFEE OR CHINESE TEA



Set Menus



(D) SET MENU - 4 PERSONS OR MORE £20.00 per head


1st

PAPER WRAPPED SPARE RIBS
PORK YUK SUNG LETTUCE WRAP

2nd

AROMATIC CRISPY DUCK

Main Course

MINHS SIZZLING SPECIAL CANTONESE STYLE
STIR FRIED KING PRAWNS & SCALLOPS IN BIRDS NEST
CHICKEN IN BLACK BEAN SAUCE
SLICED PORK IN PEKING SAUCE 
YEUNG CHOW FRIED RICE

To Finish

FLOATER COFFEE OR CHINESE TEA



(E) SET MENU - 6 PERSONS OR MORE £22.00 per head


1st

PAPER WRAPPED SPARE RIBS
PORK YUK SUNG LETTUCE WRAP
SESAME PRAWN TOASTS

2nd

AROMATIC CRISPY DUCK

Main Course

SIZZLING KING PRAWNS IN BLACK BEAN SAUCE
BEEF WITH BLACK PEPPER SAUCE IN BIRD'S NEST 
CANTONESE SWEET & SOUR CHICKEN
SLICED PORK WITH CASHEW NUTS
STIR FRIED SEASONAL VEGETABLES
SINGAPORE VERMICELLI 
YEUNG CHOW FRIED RICE

To Finish

FLOATER COFFEE OR CHINESE TEA



(F) VEGETARIAN SET MENU - 2 PERSONS OR MORE £14.00 per head

Starter

VEGETARIAN LETTUCE WRAP

Main Course

SWEET & SOUR STYLE TOFU
VEGETARIAN MOCK CHICKEN IN BLACK BEAN SAUCE
SEASONAL VEGETABLES IN GARLIC SAUCE
BOILED RICE



Starters



Minhs

CLASSIC STARTERS

- | | | |
|----|---|--------|
| 1 | MINHS SPECIAL HOT PLATTER (FOR 2) | £10.00 |
| | Satay Beef, Satay Chicken, Cantonese Ribs, Spring Rolls, Golden Sesame Prawn Toasts, Crispy Seaweed, Satay sauce & Sweet Chilli dip | |
| 2 | AROMATIC CRISPY DUCK
Traditional crispy duck marinated in aromatic spices, served with pancakes, spring onions, cucumber & our special duck sauce | |
| | a QUARTER | £ 9.50 |
| | b HALF | £18.00 |
| | c WHOLE | £27.00 |
| 3 | AROMATIC PEKING CRISPY LAMB | £ 9.50 |
| | Aromatic crispy lamb marinated in special spices, served with pancakes, spring onions, cucumber & our special savoury sauce | |
| 4 | MONGOLIAN CRISPY LAMB | £ 9.50 |
| | Aromatic crispy lamb marinated in aromatic spices, served with lettuce wraps & our special sauce | |
| 5 | CRISPY LETTUCE WRAPS
Aromatically stir fried minced filling layered on crispy white vermicelli & served in crisp iceberg lettuce boats | |
| | a PORK (YUK SUNG) | £ 7.00 |
| | b CHICKEN | £ 7.00 |
| | c VEGETARIAN ✓ | £ 5.50 |
| 6 | MARINATED SATAY SKEWERS | |
| | a KING PRAWN (4) | £ 7.00 |
| | b CHICKEN (4) | £ 4.50 |
| | c BEEF (4) | £ 4.50 |
| 7 | MARINATED PORK RIBS | |
| | a CANTONESE STYLE SAUCE | £ 8.00 |
| | b PAPER WRAPPED IN HOISIN SAUCE | £ 9.00 |
| | c BLACK BEAN SAUCE | £ 8.00 |
| | d SPICY SALT & PEPPER 🌶️🌶️ | £ 8.00 |
| | e PEKING SAUCE 🌶️ | £ 8.00 |
| 8 | MARINATED CHICKEN WINGS | |
| | a CANTONESE DEEP FRIED | £ 5.00 |
| | b WITH CANTONESE SAUCE | £ 5.50 |
| | c SALT & PEPPER 🌶️🌶️ | £ 5.50 |
| 9 | GOLDEN SESAME PRAWN TOASTS | £ 5.00 |
| 10 | CRISPY DEEP FRIED WONTON | £ 4.50 |
| 11 | CRISPY SPRING ROLLS ✓ | £ 3.00 |
| 12 | CRISPY SEAWEED ✓ | £ 3.50 |
| 13 | TEMPURA MIXED VEGETABLES ✓ | £ 5.50 |
| 14 | SALT & PEPPER MUSHROOMS ✓ | £ 5.50 |
| 15 | STUFFED MUSHROOMS WITH MINCED PRAWN | £ 7.00 |

Starters



Minhs

SPECIAL SEAFOOD STARTERS

16	STEAMED FRESH SCALLOPS WITH SPRING ONION & SOY(Minimum order of 2)	£ 3.00 each
17	STEAMED TENDER OYSTERS WITH SPRING ONION(Minimum order of 4)	£ 1.50 each
18	DEEP FRIED OYSTERS WITH SWEET & SOUR SAUCE	£ 8.00
19	QUICK FRIED SOFT SHELL CRAB WITH SALT & PEPPER 🌶️🌶️ Minimum order of 2)	£ 4.00 each
20	STIR FRIED JUMBO KING PRAWNS (head on or off)	£ 8.00
	a TOMATO SAUCE (4)	
	b SALT & PEPPER (4) 🌶️🌶️	
21	STIR FRIED MUSSELS IN BLACK BEAN SAUCE	£ 6.50
22	STUFFED CRAB CLAW WITH MINCED PRAWN	£ 4.00 each
23	BUTTERFLY KING PRAWNS (4)	£ 9.50
24	KING PRAWNS IN GARLIC & BUTTER SAUCE (4)	£ 9.50
25	KING PRAWNS IN BLACK BEAN SAUCE (4)	£ 9.50
26	DEEP FRIED KING PRAWN BALLS WITH SWEET & SOUR SAUCE	£ 8.50
27	DEEP FRIED CRISPY SQUID WITH SWEET & SOUR SAUCE	£ 7.00
28	KING PRAWNS IN FILO PASTRY (4)	£ 5.50
29	TEMPURA KING PRAWNS (4)	£ 5.50

SPECIALITY STARTERS

30	GOLDEN EGGS (2)	£ 4.00
	Succulent Quail's eggs in a minced prawn & sesame seed coating, deep fried in a golden batter	
31	FRIED QUAIL 🌶️🌶️(MINIMUM ORDER OF 2)	£ 3.50
	Tasty quail stir fried with salt & pepper aromatic spices with fresh onions & green peppers	

SOUPS

32	HOT & SOUR SOUP 🌶️	£ 3.00
33	WONTON SOUP	£ 2.80
34	CHICKEN & SWEET CORN SOUP	£ 2.50
35	CRABMEAT & SWEET CORN SOUP	£ 3.00
36	CHICKEN & CHINESE MUSHROOM SOUP	£ 2.50
37	MIXED VEGETABLE SOUP ✓	£ 2.50

Chef's Specials



Minhs

SPECIAL SIZZLING DISHES

38 SUCCULENT FILLET STEAK ON A SIZZLING HOT PLATE £12.50

Tender & juicy slices of fillet steak slowly braised in a shallow pan with a selection of fresh vegetables & sauce of your choice, served on a sizzling hot plate

- a BLACK BEAN SAUCE
- b CANTONESE SAUCE
- c SATAY SAUCE
- d BLACK PEPPER SAUCE 

39	SIZZLING CHICKEN FILLET IN CANTONESE STYLE FRUITY SAUCE	£ 8.50
40	SIZZLING CHICKEN FILLET IN BLACK BEAN SAUCE	£ 8.50
41	SIZZLING CHICKEN FILLET IN SATAY SAUCE	£ 8.50
42	SIZZLING KING PRAWNS IN GARLIC BUTTER SAUCE	£10.50
43	SIZZLING KING PRAWNS IN BLACK BEAN SAUCE	£10.50
44	SIZZLING KING PRAWNS IN SATAY SAUCE	£10.50
45	SIZZLING COD FILLET IN BLACK BEAN SAUCE	£ 9.50
46	SIZZLING PORK CHOP IN GARLIC & WHITE WINE SAUCE	£ 8.50
47	SIZZLING LAMB WITH GINGER & SPRING ONION	£ 9.50
48	SIZZLING STUFFED MUSHROOM IN BLACK BEAN SAUCE	£10.00
49	SIZZLING MINHS SPECIAL CANTONESE STYLE	£12.00
50	SIZZLING MINHS SPECIAL IN BLACK BEAN SAUCE	£12.00

SPECIAL SEAFOOD DISHES

		SPECIAL ORDER (24 HOUR NOTICE)
51	BAKED FRESH LOBSTER WITH GINGER & SPRING ONION OR BLACK BEAN SAUCE Luxurious lobster fresh from the market, prepared & cooked Oriental style	
52	STEAMED WHOLE SEABASS WITH FRESH SPRING ONION & SOY SAUCE	£18.00
	Premium whole white seabass steamed until tender & dressed with spring onion & soy	
53	PAN FRIED FRESH DOVER SOLE WITH SPRING ONION & SOY SAUCE	£22.00
	Ultimate white Dover Sole fish pan fried until aromatic & finished with Oriental seasoning	
54	STEAMED FRESH DOVER SOLE WITH SPRING ONION & SOY SAUCE	£22.00
	Premium white Dover Sole fish gently steamed & finished with aromatic Oriental dressing	
55	CANTONESE PAN FRIED FISH WITH SOY SAUCE & SPRING ONION	£ 8.50
	Tender & succulent white fish pieces enveloped in a crispy thin batter & coated with an aromatic soy sauce & spring onion dressing	
56	KING PRAWNS & SCALLOPS IN BIRD'S NEST	£10.80
57	KING PRAWNS & SCALLOPS WITH FRESH ASPARAGUS	£10.80
58	STIR FRY SQUID WITH BLACK BEAN SAUCE	£ 9.50

Main Courses



Minhs

KING PRAWN DISHES

59	STIR FRY KING PRAWNS & CASHEW NUTS	£ 9.50
60	STIR FRY KING PRAWNS & SEASONAL VEGETABLES	£ 9.50
61	STIR FRY KING PRAWNS IN BLACK BEAN SAUCE	£ 9.50
62	STIR FRY KING PRAWNS & STRAW MUSHROOMS	£ 9.50
63	STIR FRY KING PRAWNS & ENGLISH MUSHROOM	£ 9.50
64	STIR FRY KING PRAWNS IN YELLOW BEAN SAUCE	£ 9.50
65	STIR FRY KING PRAWNS IN SATAY SAUCE	£ 9.50
66	SZECHAUN KING PRAWNS 	£ 9.50
67	KUNG PO KING PRAWNS & CASHEW NUTS 	£ 9.50

ROAST DUCK DISHES

68	CRISPY ROAST DUCK WITH SESAME MINCED PRAWN	£10.50
69	SPECIAL STUFFED CHICKEN WITH SAVOURY CRABMEAT SAUCE	£10.50
70	CRISPY DUCK WITH CANTONESE SAUCE	£10.50
71	CRISPY DUCK WITH PLUM SAUCE	£10.00
72	DEEP FRIED CRISPY DUCK WITH ORANGE SAUCE	£10.00
73	DEEP FRIED CRISPY DUCK WITH LEMON SAUCE	£10.00
74	STIR FRY ROAST DUCK IN BLACK BEAN SAUCE	£ 9.50
75	STIR FRY ROAST DUCK WITH GINGER & PINEAPPLE	£ 9.50
76	STIR FRY ROAST DUCK WITH GINGER & SPRING ONION	£ 9.50
77	STIR FRY ROAST DUCK & CHINESE MUSHROOM	£ 9.50
78	STIR FRY ROAST DUCK & ENGLISH MUSHROOM	£ 9.50

CHICKEN DISHES

79	CRISPY CHICKEN WITH SESAME MINCED PRAWN	£ 8.50
80	SPECIAL STUFFED CHICKEN WITH SAVOURY CRABMEAT SAUCE	£ 8.50
81	CRISPY LEMON CHICKEN	£ 7.50
82	STIR FRY CHICKEN FILLET & TENDER ASPARAGUS	£ 7.50
83	STIR FRY CHICKEN & SEASONAL VEGETABLES CANTONESE STYLE	£ 7.50
84	STIR FRY CHICKEN & CASHEW NUTS	£ 7.50
85	STIR FRY CHICKEN IN BLACK BEAN SAUCE	£ 7.50
86	STIR FRY CHICKEN & CHINESE MUSHROOM	£ 7.50
87	STIR FRY CHICKEN WITH GINGER & SPRING ONION	£ 7.50
88	STIR FRY CHICKEN WITH YOUNG GINGER & PINEAPPLE	£ 7.50
89	STIR FRY CHICKEN IN YELLOW BEAN SAUCE	£ 7.50
90	SZECHAUN CHICKEN 	£ 7.50
91	KUNG PO CHICKEN & CASHEW NUTS 	£ 7.50

Main Courses



Minhs

FILLET STEAK & BEEF DISHES

92	STIR FRY FILLET STEAK CANTONESE STYLE	£11.00
93	STIR FRY FILLET STEAK WITH SALT & PEPPER	£11.00
94	STIR FRY FILLET STEAK WITH GINGER & SPRING ONION	£11.00
95	STIR FRY FILLET STEAK SZECHAUN STYLE.....	£11.00
96	STIR FRY BEEF WITH ENGLISH MUSHROOM	£ 8.00
97	STIR FRY BEEF WITH STRAW MUSHROOM	£ 8.00
98	STIR FRY BEEF IN OYSTER SAUCE	£ 8.00
99	STIR FRY BEEF IN BLACK BEAN SAUCE.....	£ 8.00
100	STIR FRY BEEF IN SATAY SAUCE.....	£ 8.00
101	KUNG PO BEEF & CASHEW NUTS 🌶️	£ 8.00

PORK DISHES

102	ORIENTAL PORK CHOP WITH SALT & PEPPER IN BIRD'S NEST 🌶️🌶️.....	£ 9.50
103	STIR FRY PORK CHOP IN AROMATIC BLACK PEPPER SAUCE 🌶️	£ 9.50
104	ORIENTAL PORK CHOP IN CANTONESE STYLE SAUCE	£ 9.50
105	ORIENTAL PORK CHOP IN SATAY SAUCE	£ 9.50
106	STIR FRY SLICED PORK WITH CASHEW NUTS	£ 8.50
107	STIR FRY SLICED PORK WITH CHINESE MUSHROOMS	£ 8.50
108	STIR FRY ROAST PORK WITH BLACK BEAN SAUCE	£ 8.50
109	STIR FRY ROAST PORK IN SATAY SAUCE	£ 8.50
110	STIR FRY ROAST PORK PEKING STYLE 🌶️.....	£ 8.50
111	MA PO TOFU 🌶️	£ 8.50

A famous classic Szechaun dish of minced pork & tofu cubes gently braised in a fiery & rich garlic & Chilli Bean Sauce

MINHS ORIENTAL CASSEROLE DISHES

112	MINHS SPECIAL ASSORTED CASSEROLE	£ 9.50
	Succulent King Prawns, Chicken, Roast Pork & Seasonal Vegetables in a delicious savoury sauce, gently braised in a special earthenware clay pot	
113	ASSORTED SEAFOOD CASSEROLE	£ 9.50
	A seafood medley of King Prawns, Squid, Scallops & Seasonal Vegetables within a special savoury sauce, gently braised in a special earthenware clay pot	
114	KING PRAWNS WITH SEASONAL VEGETABLES	£ 9.00
115	LAMB WITH SEASONAL VEGETABLES	£ 9.00

SWEET & SOUR DISHES

Seasoned in a light crispy coating & cooked in a classic tangy sweet & sour sauce with pineapple, green peppers, onions & carrots

116	CHICKEN	£ 7.50
117	PORK	£ 7.50
118	KING PRAWNS	£ 9.50
119	COD FILLET IN BATTER	£ 8.50

Main Courses



Minhs

SPECIAL CHILLI BIRD'S NEST DISHES

HOT & SWEET CHILLI SAUCE IN BIRD'S NEST 🌶️

Crispy shredded strips, lightly battered, deep fried & coated in a unique sauce with peppers & onions, served in an edible bird's nest

120	CRISPY SHREDDED CHICKEN	£ 8.50
121	CRISPY SHREDDED BEEF	£ 8.50

PIQUANT DRY STIR FRIED SALT & PEPPER 🌶️🌶️

Crisp pieces pan fried until aromatic with onions, fresh chillies, garlic & piquant spices, served in an edible bird's nest

122	SHREDDED CHICKEN	£ 8.50
123	SHREDDED BEEF	£ 8.50
124	KING PRAWNS	£ 9.50
125	SQUID	£ 9.50

Vegetarian Dishes

VEGETARIAN SPECIAL DISHES ✓

VEGETARIAN MOCK MEAT DISHES £ 6.50
A vegetarian meat substitute made from glutinous flour with a similar texture to meat.

Choice of :	BLACK BEAN SAUCE	(or)	SPICY CURRY SAUCE 🌶️
126	MOCK FISH		
127	MOCK LAMB		
128	MOCK CHICKEN		

TOFU (BEAN CURD) DISHES £ 6.00
Meaty tofu dishes stir fried with vegetables

129	TOFU IN BLACK BEAN SAUCE
130	SWEET & SOUR TOFU
131	SZECHAUN STYLE TOFU 🌶️

132 SPECIAL PREMIUM CHINESE KAI LAN £ 6.50
Premium fresh greens especially imported from China. Cooked in the traditional way & seasoned with your choice of: soy sauce, oyster sauce, garlic sauce or ginger sauce

VEGETARIAN SIDE DISHES ✓

133	STIR FRY SEASONAL VEGETABLES	£ 6.00
134	MIXED VEGETABLES WITH BEANSPOUTS	£ 5.00
135	SWEET & SOUR MIXED VEGETABLES	£ 6.50
136	STIR FRY FRESH BEANSPOUTS WITH GARLIC	£ 3.50
137	BAMBOO SHOOTS & WATER CHESTNUTS	£ 3.50
138	STIR FRY ENGLISH MUSHROOMS	£ 3.50
139	STIR FRY CHINESE MUSHROOMS	£ 4.50
140	STIR FRY BROCCOLI WITH FRESH GARLIC	£ 6.00
141	FRESH ASPARAGUS IN GARLIC SAUCE	£ 6.00

Rice & Noodle Dishes



Minhs

❖ RICE DISHES

Stir fried rice combined with egg, spring onion & light soy sauce

142	CHICKEN FRIED RICE	£ 5.50
143	KING PRAWN FRIED RICE	£ 8.00
144	VEGETABLE FRIED RICE ✓	£ 5.50
145	YEUNG CHOW SPECIAL FRIED RICE	£ 6.00
	Stir fried rice with ham, roast pork & shrimps	
146	SINGAPORE FRIED RICE 🌶️	£ 6.00
	Stir fried rice with ham, roast pork & shrimps in a curry flavour seasoning	
147	PINEAPPLE FRIED RICE	£ 6.50
	Fragrant stir fried rice with ham, chicken & fresh vegetables. Presented in a pineapple shell.	

❖ NOODLE DISHES

CHOW MEIN EGG NOODLES

Popular yellow egg noodles dry stir fried

148	SPECIAL CHOW MEIN	£ 8.00
	King prawns, chicken & roast pork stir fried with beansprouts & onions	
149	CHICKEN CHOW MEIN	£ 7.00
150	BEEF CHOW MEIN	£ 7.00
151	KING PRAWN CHOW MEIN	£ 8.00
152	SZECHAUN CHOW MEIN 🌶️	£ 8.00
	Shrimps, ham & roast pork stir fried with beansprouts, onions, peppers & carrots in a Szechaun chilli seasoning	
153	SINGAPORE CHOW MEIN 🌶️	£ 8.00
	Shrimps, ham & roast pork stir fried with beansprouts, onions, peppers & carrots in a spicy curry seasoning	
154	VEGETARIAN SINGAPORE CHOW MEIN ✓ 🌶️	£ 6.00
155	MIXED VEGETABLE CHOW MEIN ✓	£ 6.00

VERMICELLI RICE NOODLES

Thin white vermicelli rice noodles dry stir fried, with sliced onions, peppers & beansprouts

156	CHICKEN VERMICELLI	£ 7.50
157	ROAST PORK VERMICELLI	£ 7.50
158	KING PRAWNS VERMICELLI	£ 8.50
159	MIXED VEGETABLE VERMICELLI ✓	£ 6.50
160	SPICY SINGAPORE STYLE VERMICELLI 🌶️	£ 8.50
	Shrimps, ham & roast pork stir fried with beansprouts, onions, peppers & carrots in a spicy curry seasoning	

❖ SIDE DISHES ✓

161	STEAMED RICE	(per person) £ 2.00
162	EGG FRIED RICE	(per person) £ 2.50
163	STIR FRIED SOFT NOODLES	£ 4.00
164	STIR FRIED VERMICELLI NOODLES	£ 4.50
165	CHIPS	£ 2.00

ENGLISH DISHES ARE AVAILABLE. PLEASE ASK FOR A MENU.