

Breakfast

All our food we prepare in house, by hand. We seek the freshest local ingredients to offer you the best product.



Substitute gluten free bread \$2.00

HOME-STYLE

2 eggs any style, choice of bacon, sausage or back bacon, hashbrowns, linseed toast and fresh greens. \$12

AAA ALBERTA BEEF STEAK AND EGGS

6 oz freshly cut Alberta beef cooked to order, two eggs any style, hashbrowns, linseed toast and a side of fresh greens. \$16

PANCAKES

3 buttermilk pancakes with your choice of bacon, sausage or back bacon. Served with fresh fruit and fresh greens. \$11

FRENCH TOAST

3 thick cut slices of bread dipped in egg, dusted with cinnamon sugar and grilled. Served with bacon, back bacon or sausage, fresh fruit and fresh greens. \$12

TWO PLUS TWO PLUS TWO

2 pancakes, 2 eggs any style, your choice of two pieces of bacon, back bacon or sausage. Served with fresh fruit and fresh greens. \$12

EGGS BENEDICT

Two poached eggs on an English muffin with back bacon and topped with our made-from-scratch hollandaise sauce. Served with hashbrowns, greens and fresh greens. \$12

BREAKFAST SANDWICH

Scrambled eggs served with Canadian cheddar, bacon, sausage or back bacon, on an English muffin or bagel. Served with hashbrowns and a side of greens. \$11

MEXICAN OMELETTE

Three eggs with Chorizo sausage, tomatoes, chilies, red onions, bell peppers, Pepper jack cheese, cilantro and fresh salsa. Served with hashbrowns and a side of fresh greens. \$13

BUILD YOUR OWN OMELETTE

Start with your choice of cheese: cheddar, brie, Pepper Jack Havarti or mozzarella. Add two toppings from: Chorizo sausage, back bacon, bacon, sausage, tomatoes, mushrooms, peppers, onions, hollandaise. Served with hashbrowns and a side of fresh greens. \$13

STARTER SCRAMBLE

Three eggs with back bacon or sausage and green onions, topped with Canadian Cheddar Cheese. Served with fresh greens. \$13

CLASSIC OATMEAL

Warm, hearty, cooked to order oatmeal served with caramelized pears, brown sugar and steamed milk. \$8

FRUIT CUP/BOWL

A selection of freshly cut fruit. \$5 / \$9

THE PERFECT PARFAIT

Layered low fat vanilla and strawberry yogurt covered with our homemade granola and topped with seasonal fresh fruit. \$7

Extras

COTTAGE CHEESE \$3
BACON, BACK BACON OR SAUSAGE \$3
EGG \$2 SIDE LINSEED TOAST \$2

Beverages

ORANGE OR GRAPEFRUIT JUICE

Freshly squeezed \$5

CAPPUCCINO/LATTE \$4 COFFEE / TEA \$23/4

FREE WIFI chowderhouse or greenbean Password: 403 269 1434