Intiposti starters created to get you appetite going	r
ANTIPASTO ALL'ITALIANA	8.45
A selection of cured meats & pickles served with crusty bread	
COZZE MARINARA	7.45
Fresh mussels in a lightly spiced	7.77
white wine & tomato sauce	
FUNGHI MONTANARA (v) Oven-baked mushrooms in a creamy four	5.35
cheese & fresh thyme sauce	
BRESAOLA, RUCOLA E PARMIGIANO	7.40
Air cured beef & fresh rocket leaves sprinkled with lemor juice & topped with parmesan shavings	1
SPIEDINI DI POLLO O GAMBERI	7.25
Freshly prepared skewers of diced chicken or king prawn	s
coated with a mixed herb crust & served with a chilli dip GAMBERI GRIGLIATI	8.25
Grilled giant prawns sprinkled with fresh chilli oil	0,2)
FAGOTTO DI SALMONE	7.15
Smoked salmon parcel filled with baby prawns in a marie-rose sauce	
STRUDEL DI CAPRINO (v)	6.35
Our own roulade with filo pastry filled with goat's	0.55
cheese & baby spinach	- 0-
INSALATA CAPRESE (v) Fresh buffalo mozzarella, sliced tomatoes, basil & olive of	7.25
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Our own homemade soups served	with
Juppa bread and butter	
000	
MINESTRONE (v)	4.25
Our traditional, thick, Italian vegetable soup	1.25
ZUPPA DEL GIORNO Soup of the Day	4.25
for times when you can't decide whether you want a starter or n	iot,
For times when you can't decide whether you want a starter or whether you want a starter or where is our own 12" pizza base to with friends before or with your	share
with friends before or with your	meals
ALL'OLIO (v)	6.10
Brushed with olive oil, then sprinkled with salt & oregano	
CON BURRO ALL'AGLIO (v)	6.10
Smothered with garlic butter & parsley	1/4
CON BURRO ALL'AGLIO E FORMAGGIO (v)	7.10
Smothered with garlic butter & topped with mozzarella cheese	
CON POMODORO E BASILICO (v)	8.10
Topped with Sicilian cherry tomatoes,	
garlic, basil & olive oil CON RUCOLA E PARMIGIANO (v)	8.10
Topped with fresh rocket & parmesan shavings,	0.10
sprinkled with olive oil & lemon juice	

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Toasted Italian bread with various toppings to enjoy and nibble while

tomatoes marinated in olive oil & basil CROSTINI AI FEGATINI Italian style chicken liver pate CROSTINI AI FUNGHI PORCINI (v) Wild mushrooms, garlic & white wine CROSTINI AI PEPERONI (v) Roasted peppers marinated in olive oil, basil & balsamic vinegar CROSTINI CON PATÉ DI SALMONE Smoked salmon paté with fresh thyme & chives CROSTINI AL CAPRINO Red onion marmalade and goat's cheese topped with rocket and drizzled with hazelnut oil CINTAL SALATA DI VERDURA (v) Fresh salad comprising of our own marinated grilled courgettes, aubergines, roasted peppers, & artichokes, all tossed with fresh rocket leaves, sprinkled with olive oil & balsamic vinegar & all topped with parmesan shavings INSALATA DI TONNO E FAGIOLI Mixed leaf salad with tuna borlotti beans, celery, tomatoes, cucumbers, celery & black olives INSALATA DI SALMONE Cos lettuce with flaked fresh fillet of salmon, boiled potatoes, French beans, boiled eggs with capers & Sicilian cherry tomatoes CAESAR SALAD 9.95 Our own version of the traditional Caesar salad served with either grilled strips of chicken or king prawns INSALATA POLLO PRIMAVERA A mixed salad with strips of grilled chicken, French beans & peas in a wholegrain mustard dressing RUCOLA E PARMIGIANO (v) 3.65
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CROSTINI AI FEGATINI Italian style chicken liver pate CROSTINI AI FUNGHI PORCINI (v) Wild mushrooms, garlic & white wine CROSTINI AI PEPERONI (v) Roasted peppers marinated in olive oil, basil & balsamic vinegar CROSTINI CON PATÉ DI SALMONE Smoked salmon paté with fresh thyme & chives CROSTINI AL CAPRINO Sed onion marmalade and goat's cheese topped with rocket and drizzled with hazelnut oil CROSTINI AL CAPRINO Sed onion marmalade and goat's cheese topped with rocket and drizzled with hazelnut oil CRIGLIATA DI VERDURA (v) Fresh salad comprising of our own marinated grilled courgettes, aubergines, roasted peppers, & artichokes, all tossed with fresh rocket leaves, sprinkled with olive oil & balsamic vinegar & all topped with parmesan shavings INSALATA DI TONNO E FAGIOLI Mixed leaf salad with tuna borlotti beans, celery, tomatoes, cucumbers, celery & black olives INSALATA DI SALMONE Cos lettuce with flaked fresh fillet of salmon, boiled potatoes, French beans, boiled eggs with capers & Sicilian cherry tomatoes CAESAR SALAD 9.95 Our own version of the traditional Caesar salad served with either grilled strips of chicken or king prawns INSALATA POLLO PRIMAVERA 9.95 A mixed salad with strips of grilled chicken, French beans & peas in a wholegrain mustard dressing RUCOLA E PARMIGIANO (v) 3.65
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Red onion marmalade and goat's cheese topped with rocket and drizzled with hazelnut oil CarloLate Salads GRIGLIATA DI VERDURA (v) 8.25 Fresh salad comprising of our own marinated grilled courgettes, aubergines, roasted peppers, & artichokes, all tossed with fresh rocket leaves, sprinkled with olive oil & balsamic vinegar & all topped with parmesan shavings INSALATA DI TONNO E FAGIOLI 8.25 Mixed leaf salad with tuna borlotti beans, celery, tomatoes, cucumbers, celery & black olives INSALATA DI SALMONE 10.35 Cos lettuce with flaked fresh fillet of salmon, boiled potatoes, French beans, boiled eggs with capers & Sicilian cherry tomatoes CAESAR SALAD 9.95 Our own version of the traditional Caesar salad served with either grilled strips of chicken or king prawns INSALATA POLLO PRIMAVERA 9.95 A mixed salad with strips of grilled chicken, French beans & peas in a wholegrain mustard dressing RUCOLA E PARMIGIANO (v) 3.65
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French beans & peas in a wholegrain mustard dressing RUCOLA E PARMIGIANO (v) 3.65
RUCOLA E PARMIGIANO (v) 3.65
Fresh rocket leaves topped with parmesan shavings
& sprinkled with olive oil & lemon juice
INSALATA MISTA (v) 3.35
Mixed leaf salad with tomatoes, cucumbers,
peppers, black olives & red onion
Of the state of th
Pasta For the traditionalists amongst us
SPAGHETTI CARBONARA 6.20 8.55
Egg, cream, pancetta & parmesan cheese sauce
SPAGHETTI NAPOLI (v) 6.20 8.55

Garlic, basil & fresh tomato sauce

6.35

8.80

SPAGHETTI BOLOGNESE

Traditional meat & tomato sauce

SPAGHETTI AL PESTO Traditional pasta from the Liguria region with kernels, parmesan & olive oil pesto	6.20 basil, ga	8.55 rlic, pine
PENNE ALL'ARRABIATA (v) As spicy as you can manage garlic, chilli & tomato sauce	6.35	8.80
With extra chicken, spicy sausage or king prawns	7.85	10.90
PENNE SALMONE E PISELLI Smoked salmon, small prawns & peas in a creamy pink sauce	8.20	11.35
RAVIOLONI AL POMODORO Large ravioli either meat or veggie, served in a fresh tomato, basil & parmesan cheese sauce	7.45	10.35
Pasta For the more adven	uturous	



Pasta For the more advent	turous	
SPAGHETTI SPINACI E GAMBERI Fresh spinach & king prawns in a lightly spiced fresh tomato sauce	8.75	12.25
LINGUINE GAMBERI E CHORIZO Long flat pasta with king prawns, roasted peppers, fresh chilli, & chorizo sausage, tomatoes & shredded baby spinach	8.75	12.25
TAGLIATELLE FUNGHI E SPINACI (v) Traditional egg pasta with wild porcini mushrooms, Sicilian cherry tomatoes & baby spinach in a lightly spiced parmesan che	8.25	11.25
LINGUINE CON CARBONARA DI MARE A twist the traditional one served with mixed seafood in a cream, egg & parmesan cheese	9.25	12.95
LINGUINE AL BRANZINO E RUCOLA Long flat pasta with flaked sea-bass, Sicilian cherry tomatoes & fresh rocket in a rocket pe	8.85 sto sauc	12.25 e
RIGATONI ASPARAGI E GAMBERI Fresh asparagus, cherry tomatoes & king prawns in a lightly spiced cream of chick	8.95 pea saud	12.25 ce
RIGATONI SALSICCIA E CECI Crumbled spicy Italian sausage, baby spinach & chick-peas in a lightly spiced fresh tomato s	8.95	12.25
FUSILLI PRIMAVERA (v) Spiral-form pasta with roasted peppers, black olives, onions, courgettes, basil & parm	7.45	10.25
LINGUINE DI MARE Fresh mussels, clams, king prawns, baby squid with a fresh tomato concasse & wl	9.95	13.25
TAGLIATELLE POLLO E SPINACI Fresh egg-pasta with grilled strips of chicken, leeks, sun-dried tomatoes & baby spinach in a creamy mascarpone cheese sauce	8.75	12.25
LINGUINE RUCOLA E POMODORO (v)	8.10	11.25

Long flat pasta with Sicilian cherry tomatoes,

garlic, fresh chilli & fresh rocket topped with

parmesan shavings

RAVIOLI ALL'ASTICE Fresh ravioli filled with lobster & prawn	9.95	13.25
meat served in a lobster bisque sauce		
LINGUINE AGLI SCAMPONI	9.95	13.25
Fresh giant prawns with Sicilian		
cherry tomatoes, fresh chilli & basil		
LINGUINE BROCCOLI E GORGONZOLA (v)	8.10	11.25
Long flat pasta with broccoli florets,		
cherry tomatoes, toasted pine kernels & gorg	jonzola (cheese

GNOCCHI AI SAPORI DI BOSCO 8.75 12.25 Potato dumplings with mixed wild mushrooms, crumbled spicy Italian sausage, Sicilian cherry tomatoes

in a light gorgonzola cheese sauce RIGATONI CON SALSICCIA E FUNGHI 8.25 11.25

Pasta with crumbled spicy Italian sausage with red peppers & mushrooms in a lightly spiced butter & tomato sauce

Available on request: Children's portions of Pasta or Pizza, Gluten Free Pasta

Risatta

RISOTTO POLLO E PEPERONI 8.95 12.25 Risotto dish with diced chicken, roasted peppers & mushrooms in a light tomato and basil sauce RISOTTO FUNGHI E SPINACI (v)

Risotto dish with leeks, mushrooms, borlotti beans & baby spinach in a lightly spiced parmesan cheese sauce

RISOTTO SALSICCIA E FUNGHI PORCINI 8.95 12.25 Risotto dish with spicy Italian sausage, wild mushrooms, parmesan cheese & balsamic vinegar

RISOTTO CON LENTICCHIE E GAMBERI 8.95 12.25

Risotto dish with speck & king prawns in a creamed lentil sauce

RISOTTO TUTTOMARE 8.95 12.25 Risotto dish with fresh seafood in a

lightly spiced white wine & tomato sauce





Children's pizza available on request

Folded pizza filled with spinach, mushrooms & mozzarella

Carni e Pesce Meats & Fish

SPEZZATINO D'ABBACCHIO	17.95
Slow cooked rich lamb stew served with mash	
SCALOPPINA ALLA VALDOSTANA	17.90
An escalope of veal topped with gourmet ham & fonti	na
cheese,served with baby potatoes & chorizo in a white wine & Dijon mustard sauce	
SCALOPPINA AI FUNGHI PORCINI	17.90
Escalope of veal with wild porcini mushrooms &	
baby spinach in a white wine & butter sauce served with mash	
FILETTO DI MANZO	22.50
8 oz fillet steak cooked to your liking & served	22.30
with fries or mashed potatoes	
Diane Sauce	2.35
Mushrooms, brandy & French mustard in a light creamy tomato saud	ce
Pepper Sauce Creamy black peppercorn sauce with French mustard.	2.35
Worchester sauce & brandy	
Pizzaiola Sauce	2.35
Fresh tomato, garlic & oregano sauce	

BISTECCA AI FERRI	21.45
12oz rib-eye steak cooked to your liking & served with	
fries or mashed potatoes	
BRANZINO AL FORNO	17.95
Pan fried sea bass with a Mediterranean tartar	
sauce with oregano & coriander served with	
mixed vegetables	
FAGOTTO DI PARMA E CODA DI ROSPO	18.65
Parcels of monkfish wrapped in Parma ham in a	
Sicilian cherry tomato, Gaeta olives & rosemary	
stew served with crispy baby potatoes	
CODA DI ROSPO E FAVE IN SALSA PICCANTE	18.65

CODA DI ROSPO E FAVE IN SALSA PICCANTE Chunks of monkfish, broad-beans, fresh chilli & chorizo sausage in a fresh tomato sauce served with mash

TRANCIO DI SALMONE IN CROSTA DI BASILICO 17.45 Oven-baked fillet of salmon with a breadcrumb, parmesan & basil pesto crust served with baby boiled potatoes

PETTO DI POLLO ALLA MILANESE	16.45
Chicken breast in breadcrumbs served with a portion	
of spaghetti Napoli	

PETTO DI POLLO ALLA VENETA 16.45

Pan-fried breast of chicken with wild porcini mushrooms, Sicilian cherry tomatoes & speck in sherry & butter sauce served with mash

PETTO DI POLLO ALLA MESSICANA Breast of chicken with fresh chilli, onions,

fresh tomato sauce, roasted peppers & chorizo sausage served with basil mash

PETTO DI POLLO ALLA SALSICCIA PICCANTE 16.45

Pan-fried breast of chicken with crumbled spicy Italian sausage in a creamy sauce served with mash

Cantarni side orders

GARLIC BREAD	2.65
GARLIC BREAD & MOZZARELLA CHEESE	3.45
BROCCOLI	2.95
PATATINE FRITTE French Fries	2.75
PATATE PICCANTI Baby potatoes & chorizo in a white wine & Dijon sauce	3.85
MIXED VEGETABLES	3.50
FUNGHI TRIFOLATI Mushrooms in white wine & garlic	3.15
MIXED OLIVES	3.30

The symbol (v) beside any dish certifies that it is suitable for a Vegetarian Diet. Due to the presence of nuts in some of our dishes, we cannot guarantee the absence of nut traces in our menu items.



