

THE BEAR GRILL SPRING MENU

Starters

Soup of the day served with warm bread	£4.95
Mini vegetable spring rolls with hoi sin sauce dip	£5.25 V
Parma ham and melon salad with rocket and balsamic glaze	£5.95 G
Potato skins filled with mozzarella cheese and bacon	£4.95 G

Sharing Platters

Nachos covered with melted mozzarella cheese and jalapeno peppers served with guacamole, sour cream and salsa dips	£5.95 V
Warm bread served with olives and a honey and balsamic dip	£5.50 V
Deli medley – mixed olives, feta cheese and sun dried tomatoes	£7.95 V
Trio of olives – piri piri, garlic stuffed and mixed Greek	£7.95 V

Mains

All of our burgers are served with mixed leaves on a toasted corn topped bun with sliced tomato, red onion and baby gem and chips
Add onion rings for £1.50, double up any burger for £1.95 and swap chips for curly fries for £1.00

Staffordshire Beef Burgers

Beef Burger – plain and simple	£6.95
Bacon and Cheese - topped with bacon and mature Cheddar cheese	£7.50
Chorizo and Jack – topped with sliced chorizo, Monterey Jack cheese and sweet chilli sauce	£7.95
Stilton – topped with crumbled stilton cheese	£7.95
Sloppy Joe - beef burger smothered with chilli con carne topped with cheese	£7.95
Breakfast Beef – beef burger topped with bacon, egg and mushroom	£7.95
Mexican - topped with salsa, guacamole, sour cream and jalapeno peppers	£7.95
Big Bear – 2 x 6oz burgers each topped with mature Cheddar cheese, bacon and onion rings	£10.95

Char Grilled Chicken Burgers

Chicken – plain and simple	£6.95
Sweet chilli chicken – chargrilled chicken breast topped with cheese, sweet chilli sauce and cucumber	£7.95
Thai green curry chicken burger – chicken breast served with a spring onion and cucumber salsa	£7.95
Club Chicken – topped with bacon and mature Cheddar cheese	£7.50
Chicken fajita – mixed pepper, fried onions, salsa and soured cream	£7.95
Hunters chicken – topped with cheese, bacon and barbeque sauce	£7.75

Lamb Burgers

Minted lamb – seasoned lamb burger topped with Provençal vegetables and mint yoghurt	£7.95
Moroccan lamb – lamb burger topped with a Moroccan salsa	£7.95
Tzatziki lamb – lamb burger topped with tzatziki sauce	£7.95

Fish

Beer battered cod with homemade chips, mushy peas and tartar sauce	£9.95
Cod burger – grilled cod topped with tartar sauce and a squeeze of lemon juice	£7.95

Something Different

All day breakfast – bacon, sausage, eggs beans, grilled tomato, mushrooms and chips	£6.95
Spaghetti and meat balls served with a fresh tomato sauce	£8.95
Pork loin steak with creamy mashed potato, green beans and cider jus	£8.95 G
Honey glazed duck with Chinese stir fry and soy rice noodles	£10.95 G
Chilli con carne served with Basmati rice, topped with soured cream	£8.95 G

G- Gluten free **V**- Suitable for vegetarians

Please bring any special dietary requirements or allergies to the attention of your server. Some of our products may contain nuts, seeds or other allergens. There is a risk that traces of these may be found in other dishes. No charge for service is made. Our gratuity policy is simple - if a customer chooses to tip we accept cash, credit cards and debit cards.

Vegetarian Burgers

Sweet potato and bean burger topped with mango chutney	£7.25 V
Greek Falafel – topped with Feta cheese and black olives	£7.25 V
Stilton Falafel – topped with crumbled stilton	£7.25 V
Bubble and Squeak – potato, cabbage and carrots patty topped with creamed leeks	£7.25 V
Mushroom and red pepper – mushrooms and red peppers mixed with mashed potato, coated in breadcrumbs, topped with tomato and basil salsa	£7.25 V

Salads

Chilli prawn salad - king prawns marinated in chilli oil served on a bed of mixed leaves with a lemon dressing	£9.95
Steak salad – 5oz rump steak cooked to your liking served with béarnaise mayonnaise, cherry tomatoes and red onion	£9.95 G
Caesar salad – topped with crispy bacon, anchovies, parmesan cheese and croutons	£6.95 / Add chicken £8.50
Chicken and bacon salad served with mixed leaves with a balsamic dressing	£9.95 G

From the Grill

All served with Chips, Tomato and Mushroom

10oz rump Steak	£14.95	8oz sirloin steak	£14.95
		8oz ribeye Steak	£14.95
10oz - gammon, egg, pineapple and chips			£9.95
Surf and turf - 5oz rump steak and chilli prawns			£9.95
Ultimate mixed grill - 5oz rump Steak, 5oz gammon, 2 premium pork sausages, chicken fillets, lamb chop, egg and onion rings			£16.95
Mixed Grill - 3oz rump Steak, 3oz gammon, pork sausage, lamb chop and pork steak			£13.95
		Add peppercorn or stilton sauce	£1.95

The Big Bear Grill Challenge - Are you brave enough?

24oz of pure Staffordshire beef burger stack served with rashers of bacon and Monterey Jack cheese on a toasted bap, served with a mountain of chips, onion rings and 2 pints of coke or lemonade
£24.95

Think you can Beat the Bear?

Where will your picture be – on the wall of fame or shame.....?

Freshly baked baguettes and wraps served daily until 3.00pm

All served on either a baguette or a wrap with nachos and mixed leaves. Swap to chips or curly fries for £1.00

Steak and blue cheese	£5.95
Chicken fajita with fried red pepper and onions with Mexican salsa	£5.95
Spicy falafel with spiced chutney and baby gem lettuce	£5.95 V
Sausage and cheese melt	£5.95
New York deli salt beef, American mustard and gherkins with baby gem lettuce	£5.95
Grated mature cheese and sliced tomato	£4.95 V
BBQ melt chicken breast melted cheese bacon smothered in BBQ sauce	£5.95

Sides

Why not get one of each and share them!

Hand cut chips	£2.50	Sweet potato fries	£3.00
Mixed salad	£2.25	Coleslaw	£2.00
Garlic Bread	£3.50	Beer battered onion rings	£2.50
Curly fries	£3.00		

Extra Toppings

Roasted mixed peppers	£1.25	Crispy bacon	£1.25
Mature cheddar	£1.25	Stilton	£1.25
Jalapeno peppers	£1.25	Garlic mushrooms	£1.25
Mozzarella	£1.25	Goats cheese	£1.25
Fried egg	£1.25	Fried Onions	£1.25

Choose any 3 for £3.00

Dips

Garlic mayonnaise	£1.00	Sweet Chilli	£1.00
Barbeque	£1.00	Honey Mustard Mayo	£1.00

Choose any 2 for £1.50 or 4 for £3.00

facebook



March 2013

LP
THE LEWIS PARTNERSHIP™



THE BEAR GRILL
7 Greengate Street • Stafford • ST16 2HP
Tel: 01785 244020
www.thebeargrill.co.uk

