

# STRENGTH EQUIPMENT

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ITEM #	SELECTORIZED ITEMS	PRICE	ITEM #	FREE WEIGHTS	PRICE
100	Seated Bench Press	\$2,658.00	300	Adjustable Decline Bench	\$1,122.00
101	Isolation Row	\$2,658.00	301	Double Dumbell Rack-14 Pair	\$920.00
102	Seated Lat	\$1,809.00	302	Hyper-Extension/Roman Chair	\$525.00
103	Peck Deck	\$2,172.00	303	Seated Dumbell Press Bench	\$374.00
104	Abdominal Crunch	\$2,172.00	304	Adjustable Preacher Curl	\$570.00
105	Lower Back	\$2,293.00	305	Olympic Plate Holder	\$175.00
106	Leg Curl	\$1,930.00	306	Peg Model Ang. Squat Stands	\$950.00
107	Leg Extension	\$2,293.00	307	Power Rack	\$1,093.00
108	Leg Press	\$3,025.00	308	Adjustable Multi Bench	\$538.00
109	Deltoid Machine	\$2,436.00	309	Individual Squat Stands	\$450.00
110	Five Station Unit	\$5,610.00	310	Adjustable Incline Bench	\$1,122.00
111	Seven Station Unit	\$8,359.00	311	Seated Adj. Incline Bench	\$443.00
112	Cable Cross-Over	\$2,420.00	312	Fixed Incline Bench	\$748.00
113	Bicep Machine	\$1,644.50	313	Behind Neck Press	\$1,122.00
114	Tricep Pressdown	\$1,446.00	314	Competition Safety Bench	\$1,100.00
115	Preacher Curl	\$1,688.00	315	Flat Bench	\$285.00
116	Overhead Tricep (Basic Model)	\$1,446.00	316	Power Bench Press	\$995.00
117	Two Station Unit	\$2,777.00	316F	Monster Power Bench Press	\$1,800.00
118	Seated Lat & OneHalf CCU	\$2,656.00	317	Wall Mount Plate Holder	\$140.00
119	Standing Leg Curl	\$1,809.00	318	Adjustable Sit-Up Board	\$685.00
120	Standing Calf	\$2,051.00	319	Abdominal Crunch Bench	\$525.00
121	Neck Machine	\$1,094.50	320	Bent Knee Sit-up/Decline	\$590.00
122	Seated Shoulder Press	\$2,172.00	321	Self Standing Dipping Bars	\$489.00
123	T-Bar Row	\$1,809.00	322	A-Frame Barbell Rack	\$317.00
124	Donkey Calf	\$2,172.00	323	Competition Bench Press	\$920.00
125	Dip Machine	\$1,809.00	324	Deluxe Power Rack	
126	Double Bicep	\$1,809.00		With Weight Trees	\$1,380.00
127	Peck Deck/Delt Machine	\$2,293.00	325	Heavy Duty Deluxe Power	
128	Hyper-exten./Gluteham	\$2,293.00		Rack-3" x 3" tubing,1 3/8 pins	\$1,725.00
129	Multi-Hip	\$2,293.00	326	Gluteham Bench	\$1,357.00
130	Strength Core Trainer (2")	\$2,662.00	327	Adj. Incline Bench w/Saf. Arms	\$1,250.00
130-3	Strength Core Trainer (3")	\$2,970.00	328	Roman Chair	\$405.00
131	Sel. Leg Ext. & Curl	\$2,414.00	329	Single Dumbell Rack-7 pr.	\$570.00
132	Assist Chin/Dip	\$1,870.00	330	Chair Leg Raise	\$570.00
133	SelectORIZED Standing Deltoid	\$1,320.00	331	Comb.Multi-Press w/P. Rack	\$2,929.00
134	SelectORIZED Power Runner	\$2,855.00	332	Two Station Chin & Dip	\$777.00
135	Select. Hip & Leg Kicker	\$1,650.00	333	Three Station Chin & Dip	\$1,093.00
136	Select. Incline Press	\$2,657.00	334	Four Station Chin	\$978.00
137	Three Station Unit	\$3,960.00	335	Standing Preacher Curl	\$538.00
138	30 Degree Peck Fly	\$2,750.00	336	Curling Bar Stand	\$475.00
139	Sel. 45 Degree Calf	\$2,525.00	337	Squat Isolator	\$412.00
140	Sel: Narrow Cable-Crossover	\$2,776.00	338	Inverted Sit Up	\$1,100.00
141	Sel. 8 Station with Chin-Up	\$10,890.00	339	Double Dumbell Rack-7 Pair	\$570.00
142	Sel. 4 Station	\$5,280.00	340	Double Half Rack (basic)	\$2,415.00

ITEM #	PLATELOAD MACHINES	PRICE
200	Leg Extension & Curl	\$696.00
201	Leverage Shoulder Press	\$1,452.00
202	Leverage Incline Press	\$1,452.00
203	Leverage Bench Press	\$1,452.00
204	Elite Multi Press with C.B.	\$2,750.00
	Non/Counterbalanced	\$2,420.00
207	Power Squat	\$2,269.00
208	Power Runner	\$1,800.00
209	Platform T-Bar Row	\$985.00
210	Reclining Leg Press (old Model)	\$2,500.00
211	Hack Squat	\$2,535.00
212	45 Degree Angled Leg Press	\$2,414.00
213	Standing Calf	\$1,500.00
214	Seated Calf	\$635.00
215	45 Degree Leverage T-Bar Row	\$829.00
216	Neck Machine	\$650.00
217	Dip Machine	\$908.00
218	Lat Pull Down	\$999.00
219	Dead Lift Machine	\$990.00
220	Hip Machine	\$1,089.00
221	Trap Machine	\$825.00
223	Multi Press (smith machine)	\$2,541.00
	Non/Counterbalanced	\$2,299.00
225	Plate Load Hyper-exten/Glute	\$1,452.00
226	Hamstring Blaster	\$950.00
227	Plate Load Hip & Leg Kicker	\$990.00
229	Ultra-Power Runner	\$2,456.00
230	70 Degree Leg Press	\$2,855.00
231	Dual Arm Leverage Row	\$1,650.00
232	Wrist/Forearm Roller	\$625.00
233	Seated Trap Machine	\$825.00
234	Seated Leverage Row	\$1,430.00
235	Trap Shrugged	\$350.00

341	One Half Power Rack (basic)	\$1,380.00
	Optional: Adj. Spotters Stands and Chin-up is available	\$460.00
342	Retractable Hook attachment for Power Racks	\$627.00
343	45 Degree Hyper-Extension	\$547.00
344	45 Degree Hyper-Extension with Band Attachment & Large Plate	\$863.00
300R	No.300 Decline with Racks	\$1,380.00
310R	No.310 Adj. Incline with Racks	\$1,380.00
3134P	4 Post Upright Military	\$1,100.00
3134PR	No. 3134P with Racks	\$1,495.00
313R	No.313 Behind Neck with Racks	\$1,380.00
316R	Power Bench with Racks	\$1,265.00
316FR	Monster Power Bench w/ Racks	\$2,070.00
317	Single Leg Squat	\$345.00
318	Strong Man Wheel Barrow	\$1,380.00

Weights, Dumbells, Bars, Accessories-Call for Pricing

Treadmills- Call for pricing

**SPECIFICATIONS:**

Composite Steel Weight Stacks  
 Ball Bearing Pivot Points  
 Extra Firm Padding  
 6" Ball Bearing Pulleys  
 4" x 4" x .120,.188,.250 optional  
 3 x 3 x .120 Tubing standard  
 2x2 tubing optional  
 3x3x .188 (7guage) optional

Adj. Safety Arms for Benches available

**UPATED PRICE SHEET AS OF 3/15/2013**

**OPTIONS AVAILABLE ON VARIOUS PIECES**



