



relax & **revitalise**

to soothe mind, body and soul



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Price List



My hours of business for the week before Christmas are NORMAL

My prices for massage are very simple:-

You can have a 40 minute massage for £25, 45 minute massage for £30, One Hour massage for £40 or 75 minutes for £50 or 90 minutes for £60.

Below are some suggestions:-

Relaxing Aromatherapy Massage

Ease away everyday stresses and strains and bring your body and mind into balance. Soothing and calming massage leaving you with a sense of tranquility.

1 hour £40.00

SPECIAL OFFERS

Testimonials

Revitalising Facial

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[Back, Neck and Head Massage](#)

This is a perfect way to offload those everyday burdens that weigh us down. Walk away feeling taller, looser and happier. Oils individually chosen, hot stones and hot towels all part of the service!

40 minutes £25.00

[Hot Stone Revitalising Aromatherapy Massage](#)

Full Body Massage focusing on tense areas - head, neck & shoulders, lower back and calves or whatever is needed. Essential oils suitable for your needs.

40-mins £25.00 1 hour £40.00

[Revitalising Facial](#)

A wonderful relaxing facial using Espa products to cleanse and revitalise your skin.

40-min treatment £30.00

[Head Hands and Feet Massage](#)

Clear your head and put a spring in your step. The oils condition the skin and leave it feeling soft and supple

45 mins £30.00

[Hot Stone Stomach Massage](#)

Ease digestive disorders and constipation with the help of essential oils and gentle massage - you will be amazed at how good this feels.

15 mins £10.00

[Indian Head Massage](#)

Indian Head Massage

An ancient form of massage updated to bring relief into today's hectic lives. Covers upper back and arms as well as neck and scalp and face.

40 mins £25.00

Bowen Technique

A simple but powerful light touch therapy suitable for a wide range of problems on young and old alike

40 mins - 1 hour £30.00

Reiki

The healing touch using 'Universal life energy'. Bring harmony and balance back into your life. Feel lighter and clearer.

1 hour £25.00

A treatment makes a wonderful gift, [Gift Vouchers are Available Here](#)