

FEE SCHEDULE

There is no defined length of sessions required, so therefore, it is up to each individual's length of time and commitment required to achieve their own personal level of satisfaction. Consultations range anywhere from 3 to 6 months, dependent upon each client's specific needs. Each session is 60 minutes in length and can be face-to-face, by Skype or by telephone. You may find you want to continue working together beyond 6 months, at that point, we will assess your progress and continue to develop new strategies and techniques that will provide you with the tools necessary to suit your needs.

Each new client will receive a **30 minute FREE** consultation and each consecutive scheduled consultation is **\$65.00 per hour**. During our initial consultation, we establish goals, direction and attainable results and there are no minimum or maximum sessions required.

All appointments will be scheduled in advance and a 100% cancellation fee will apply for missed or canceled appointments where 24 hours prior notice has not been given.