

# *MR* MAN'S

RESTAURANT  
WOLLATON PARK

## GLUTEN – FREE MENU

Please inform staff before placing your order

### APPETISERS

Fried Shredded Chicken	£6.00
Fried Paper Wrapped Prawns	£6.00
Deep Fried Crab Claw (each)	£4.50
Fried Mussels in Spicy Sauce	£6.20

### SOUPS

Crab Meat and Sweet Corn Soup	£4.00
Chicken and Sweet Corn Soup	£3.80
Chicken and Mushroom Soup	£3.80
Vegetable Soup	£3.50
Sweet Corn Soup	£3.50

### VEGETARIAN DISHES

Fried Beansprouts	£5.50
Fried Mixed Vegetables	£5.50
Lo Ho Style Mixed Vegetables	£6.50
Sze-Chuen Garlic Aubergine	£6.50
Braised Bean Curd with Mushrooms and Bamboo Shoots	£6.50
Sweet and Sour Baby Sweet Corn	£6.50
Stir Fried Chinese Vegetable	£7.20

### SEAFOOD DISHES

Baked Lobster with Spring Onion and Ginger ( <i>seasonal price</i> )	
Baked Crab with Spring Onion and Ginger	£11.00
Crab Meat with Straw Mushrooms	£10.00

### KING PRAWN DISHES

Deep Fried King Prawns with Chilli	£10.50
Fried King Prawns with Seasonal Vegetables	£9.80
Fried King Prawns with Straw Mushrooms	£9.80
Fried King Prawns with Cashew Nuts	£9.80
Fried King Prawns with Tomatoes	£9.80
Sweet and Sour King Prawns	£9.80
Fried King Prawns with Ginger and Spring Onion	£9.80
Fried King Prawns in Chilli Sauce	£9.80
Sze-Chuen King Prawns	£10.00
Fried King Prawns in Garlic Sauce	£10.00

### KING PRAWN PASTE DISHES

Chinese Mushrooms with King Prawn Paste	£10.10
Green Peppers stuffed with King Prawn Paste	£10.10
Fresh Asparagus stuffed with King Prawn Paste	£10.10

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### SQUIDS, SCALLOPS AND OYSTERS

Fried Squids with Seasonal Vegetables	£9.50
Quick Fried Squids	£9.50
Fried Squids with Chilli, Salt and Pepper	£9.50
Fried Scallops with Seasonal Vegetables	£10.20
Fried Scallops with Fresh Pineapple	£10.20
Fresh Scallops with Straw Mushrooms	£10.20
Fried Scallops with Chilli, Salt and Pepper	£10.20
Fried Oysters with Ginger and Spring Onion	£10.00

### FISH DISHES

Sweet and Sour Fish	£9.00
Deep Fried Fish Slices in Batter Dress with Sweet Corn	£9.00
Sizzling Monk Fish with Ginger and Spring Onion	£10.50

### SIZZLING DISHES

Sizzling King Prawns with Ginger and Spring Onion	£10.50
Sizzling Chicken with Ginger and Spring Onion	£9.30
Sizzling Oyster with Ginger and Spring Onion	£10.10

### BIRDS NEST DISHES

Fried King Prawn's in Bird's Nest	£10.50
Fried Scallops in Bird's Nest	£10.40

### CHICKEN DISHES

Fried Chicken with Seasonal Vegetables	£8.80
Fried Chicken with Cashew Nuts	£8.80
Fried Chicken with Ginger and Fresh Pineapple	£8.80
Chicken in Lemon Sauce	£9.10
Fried Chicken with Bamboo Shoots and Chinese Mushrooms	£8.80
Fried Chicken with Straw Mushrooms	£8.80
Sweet and Sour Chicken	£8.80
Fried Chicken with Ginger and Spring Onion	£8.80
Fried Chicken in Hot and Spicy	£8.80
Fried Chicken in Peking Style	£9.10
Crispy Fried Chicken	Half £10.00 Whole £19.50

### PORK DISHES

Fried Sliced Pork with Bamboo Shoots	£8.80
Sweet and Sour Pork	£8.80
Fried Pork with Cashew Nuts	£8.80

### RICE

Fried Rice with Egg	£2.80
Boiled Rice	£2.50