

Puddings

Espresso Affogato £4.50
Vanilla ice cream and espresso coffee

Orange Sundae £5.95
Fresh orange, chocolate ice cream, Grand Marnier and whipped cream

Toffee Mess £5.95
Chocolate chunks, toffee sauce, meringue, cream and chopped hazelnuts

Selection of Italian Ice Creams and Sorbets £4.50
Ask your server for flavours

Cheese Plate £7.95
Long Clawson Stilton cheese, gluten-free crackers, red onion compôte


KINGS ARMS
BERKHAMSTED

Gluten-Free Menu



KINGS ARMS
BERKHAMSTED

01442 866595
www.kingsarmshotel.com

Dietary Information

These dishes are made without ingredients that contain gluten; however, due to the presence of gluten and nuts in our kitchen, we are unable to guarantee the absence of these allergens in our menu items.

The Best of British


Our meat is of premium quality and 100% British, sourced from Aubrey Allen who have won 'Ethical Meat Buyer of the Year' three times. Our pork, chicken and eggs are all free-range and our beef is dry-aged on the bone for 21 days to tenderise the meat and intensify the flavour. We also buy sustainable fish wherever possible.

Free Wifi

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www.oakmaninns.co.uk

Starters

Funghi Paradiso ✓ Portobello mushroom topped with Dolcelatte and sunblushed Pachino tomatoes	£5.45
Cozze Marinara Scottish rope-grown mussels in a white wine, garlic and tomato sauce	£5.75
Involtini di Melanzane ✓ Chargrilled aubergine slice filled with mozzarella, tomato, garlic and basil	£5.75
Gravad Lax Dill-cured fresh salmon with a horseradish creme fraîche, served with gluten-free crackers	£6.75
Prosciutto and Rocket With blue cheese dressing	£5.95
Gamberoni al Aglio Pan fried Mediterranean prawns in garlic, chilli and olive oil	£7.95

Salads

Chargrilled Rump Steak Rocket, beetroot, red onion and a horseradish dressing	£13.50
Chicken, Prosciutto and Pear With walnuts and a blue cheese dressing	£12.50
Hot Smoked Salmon Nicoise Green beans, potatoes, white anchovies, olives and a soft boiled free-range egg	£11.95
Cranberry and Orange Quinoa ✓ Red pepper, orange, dried cranberries, red onion, feta with an orange and coriander dressing	£9.50
Chicken Caesar Gem lettuce, crispy bacon, white anchovies (optional), parmesan and a soft boiled free-range egg	£11.95

Gluten-Free Pasta

Bolognese Classic, rich meat sauce	£8.95
Pollo e Panna Free-range chicken in a mushroom, porcini paste and cream sauce	£9.95
Arrabbiata ✓ Spicy tomato, garlic and basil sauce	£6.95
Penne ai Granchi Piccante Crab, garlic, white wine, chilli, cherry tomatoes	£10.95
Forno Vivo Rocket, smoked pancetta, ricotta, garlic and chillies	£9.95
Pasta con Succo ai Frutti di Mare Monkfish, squid, mussels, olives, capers in a tomato, garlic and white wine sauce	£10.95
Rucola e Ricotta ✓ Rocket, ricotta, garlic and chillies	£8.75
Funghi di Bosco ✓ Sautéed mixed mushrooms with cream and porcini paste	£7.95

Sharing Platters

Antipasto Misto Prosciutto, Milano salami, buffalo mozzarella, marinated olives, cherry tomatoes and chargrilled vegetables	£13.50
Fish Platter Smoked salmon, deep fried whitebait, smoked mackerel and ricotta paté, Mediterranean prawns with lemon mayonnaise	£15.95

Grill

All seasoned with sea salt, cracked black pepper, served with fries and a watercress, red onion and cherry tomato garnish

27oz Boston Rib (to share)	£47.50
7oz Fillet	£22.95
8oz Rump Cap Steak	£16.50
7oz Flat Iron Steak Sauces choose from: Béarnaise, Peppercorn or Forestière sauce	£14.95 £2.25

Mains

Slow Cooked Belly of Pork Crackling, buttered kale, mashed potato, apple purée and gravy	£13.95
Saltimbocca di Pollo Sage stuffed free-range chicken breast wrapped in prosciutto with scallion mashed potato, roast winter vegetables and beurre blanc	£13.95
Shoulder of West Country Lamb Slow roasted with garlic and rosemary served with purple sprouting broccoli, mashed potato and gravy	£18.95
Salmon Fillet Purple sprouting broccoli, Dauphinoise potatoes, wholegrain mustard cream	£14.25
Roasted Winter Squash and Beetroot Risotto ✓ Crumbled feta cheese, rocket, toasted hazelnuts	£9.95
Pan Fried Monkfish Medallions Wilted spinach, mussels, roasted vegetables, white wine and saffron sauce	£19.95

Extras

Rocket and Parmesan Salad	£3.50
Mixed Salad	£3.00
Purple Sprouting Broccoli	£3.00
Olives	£1.95