

STARTERS

Sopa del Día £3.95 Please ask your server for today's fresh homemade soup, served with bread.	Gambas al Ajo £6.95 Headless king prawns cooked in garlic & white wine (Recommended)
Insalata Tricolore £4.95 A classic, slices of tomato, baby buffalo mozzarella and avocado, sprinkled with fresh basil and virgin olive oil.	Mejillones à Chef (Fresh Mussels) £5.95 Fresh live mussels cooked to perfection in a great combination of cream, white wine, leeks and herbs sauce. (Recommended) (Limited availability from May to September)
Champiñones con Queso £5.95 Baked mushrooms, stuffed with Stilton cheese on a bed of our own tomato and herb sauce.	Calamares Azotados £5.95 Squid fried in batter, served with a salad garnish & tartar sauce
Chilli Peppers £5.25 Breaded jalapeno's stuffed with cream cheese, served with a deep of red french dressing and salad garnish.	Chanquetes "Whitebait" £5.95 Deep-fried blanched whitebait served with a salad garnish & a wedge of lemon.
Filled Potato Skins £4.95 Potato skin filled with bacon & cheese or vegetables & cheese served with a side of sour cream.	Cóctel de Gambas £5.45 Traditional prawn cocktail served on a bed of thousand island dressed lettuce and lemon.
BBQ Chicken Wings £5.65 Spicy chicken wings cooked on BBQ sauce, with a dip of sour cream	Hornea de Queso Mediterránea £5.95 Mozzarella, cheddar cheese, Goats Cheese and Ricotta cheese mixed in to a patty then baked in the oven over tomato & herb sauce and served with toasted ciabatta bread.
Hornea de Pollo y Champiñone £5.95 Tender pieces of chicken breast & mushrooms baked in the oven on a delicious creamy cheese sauce, served with toasted ciabatta bread	Melón y Jamón Serrano £5.95 A generous portion of fresh melon topped with the finest Parma ham.
Champiñones Rellenos £6.25 Deliciously filled mushrooms baked in the oven with pate topped with cheese, served on a bed of our own tomato and herb sauce.	Espárragos con Jamón £5.95 Fresh asparagus rolled with Parma ham, cooked to perfection, topped with hollandaise sauce. (Recommended)

STARTERS TO SHARE

Nachos Picantes (to share) £9.95 Tortilla chips with melted cheese, jalapeño peppers, guacamole, salsa & soured cream, the true Mexican starter with your favourite filling, of chilli-con-carne or Mexican chicken.	Wings & Ribs (to share) £10.95 Spicy wings and spare ribs smothered in our special bbq sauce served with a dip of soured cream & honey & mustard dressing.
Vegetarian Nachos (to share) £8.95 Tortilla chips, melted cheese, jalapeño peppers, guacamole, salsa & soured cream, the true Mexican starter with vegetable chili	Salsa Special Plater £13.95 A fantastic feast of potato skins, chicken wings, chili peppers, spicy onion rings, garlic ciabatta bread, celery sticks, all accompanied by sweet red french dressing, sour cream, BBQ sauce and a salad garnish

MAIN COURSE SALADS

Chicken Caesar Salad £10.95 Caesar dressed cos lettuce leaves with tomatoes, topped with sliced chicken breast, crisp garlic croutons, and Parmesan cheese.
Latin Fresh Chicken, Avocado & Bacon Salad £10.95 Mixed salad leaves tossed with tomatoes, bacon, avocado & honey Mustard dressing topped with grilled chicken breast strips. (Recommended)

All prices include V.A.T at 20%. All weights are approximate before cooking. All major credit and debit cards accepted, except American express cards, we do not accept cheque's. **Service is not included, as we believe you should reward our staff personally. However, there will be a 10% optional service charge on parties of 10 or more.** Dishes containing pesto contain pine nuts and some desserts please ask your server, although we take care we cannot guarantee that nut traces may not be found in food. **All fish dishes may contain some bones**

SALSA

Restaurant & Tapas Bar

Opening Times

Monday to Thursday ; 9:00am to 11:30pm
(food Served from 11:00am to 10:00pm)

Friday & Saturday; 9:00am to 01:00 am
(food served from 11:00am to 11:00pm)

Sunday's 12:00pm to 11:00pm
(food served up to 10:00pm)

DJ on Friday,s & Saturday's to 1am

Live Music every other Friday to 1am



PIZZA & PASTA MENU

PIZZAS

All our pizzas and pastas are freshly cooked to order using only the finest ingredients, any extra toppings available at 95p each

Margherita £7.95 Mozzarella, Tomato & Basil
Pollo al Rosmarino £9.95 Marinated chicken breast, pepperoni, bacon, fresh rosemary, mozzarella and tomato
La Mexicana £9.95 A fantastic unique combination of chicken pieces marinated in Mexican spices, jalapeno chillies, pepperoni, mixed peppers & onions over a spicy salsa sauce and mozzarella cheese.
Four Seasons £9.45 Slices of tomato, red & green peppers, mushrooms, red onions, goats cheese, mozzarella and tomato nut pesto sauce (this dish contains pine nuts).
Calzone con Carne Piccante £10.95 A crisp folded pizza filled with, bolognaise, sliced meat balls, mushrooms, chillies and mozzarella cheese topped with tomato sauce. Also available with chicken, chourizo & red onion
Pizza a la Parma £12.95 Our exclusive pizza, with tomato sauce melted buffalo mozzarella cheese topped with rocket leave salad and sliced parma ham, bellissimo!....
PASTAS
Spaghetti al Polpette di Carne £8.95 A generous serving of spaghetti topped with our own homemade meatballs tossed with bolognaise sauce
Spaghetti alla Carbonara £8.95 The finest spaghetti topped with bacon and a creamy cheese sauce Also available with chicken breast for £9.95
Penne a la Mexicana £9.95 Pieces of succulent chicken breast fillet, pan-fried in olive oil with bacon, onions, mixed peppers & jalapeno chillies, tossed in tomato sauce with a drop of white wine and penne pasta. Simply fantastic
Penne Pesto & Chicken £9.95 Chicken breast cubes pan-fried with pesto Genovese (basil, pine nuts, parmesan cheese & olive oil) sautéed with sliced cherry tomatoes and penne pasta, hummm!...tasty. (this dish contains pine nuts)
Salsa Home Lasagna £9.95 Homemade with layered pasta sheets with mince ragu and béchamel sauce baked in the oven with mozzarella cheese
Penne I Pollo Della Casa £10.45 A baked combination of marinated chicken breast, mushrooms, gorgonzola cheese and roasted peppers in our own creamy sauce.
Pasta all Salmone £9.95 Fresh pieces of salmon cooked in garlic and white wine sauce tossed with white tagliatelle pasta and a touch of cream, bellissimo. tossed with tagliatelle egg pasta and a touch of cream, bellissimo.



Tapas are a selection of starter size dishes traditionally popular in most Mediterranean countries, allowing you to mix & match different flavours. Our tapas are what in Spain is communally known as "Raciones", they are all prepared on the premises daily and freshly cooked to order to capture the freshest flavours. We recommend about 3 tapas per person (1 as starter and 2 as main course) be the equivalent to a substantial meal "Great for Parties" or why not try them as a starter.

Cold Tapas

Aceitunas --- Marinated Olives 2.35

Boquerones --- Spanish White Anchovies £4.95
Large Spanish white anchovies fillets in vinegar & olive oil

Hot Tapas

Fish Tapas

Gambas piri piri --- Spicy King Prawns £6.95
Headless king prawns cooked in our own garlic spicy sauce

Gambas al Ajo --- Garlic King Prawns £6.95
Headless king prawns cooked in garlic & white wine

Calamares a Salsa --- Battered Calamari £5.95
Squid fried in batter, served with a salad garnish & tartar sauce

Pasteis de Bacalao--- Cod Pastels £5.65
Deep-fried traditional Portuguese sun-dried cod pastels, served with tartar sauce.

Sardinias a la Plancha £5.45
Freshly grilled original Portuguese sardines served with a slice of lemon & olive oil.

Chanquetes --- Whitebait £5.95
Deep-fried blanched whitebait served with a salad garnish

Chicken Tapas

Pollo de Finca--- Farmhouse Chicken £5.95
Grilled cubes of chicken breast, served in a tomato, onion, & mixed peppers sauce.

Frango Piri Piri --- Chicken in Piri Piri £5.85
Large grilled pieces chicken, then oven baked to serve with our own spicy piri piri sauce

Pinchos de Pollo --- Chicken Kebab £5.95
Tender chicken breast pieces grilled in a skewer served with a salad garnish & fried potatoes

Allas de Pollo --- Chicken Wings £5.65
Spicy chicken wings cooked on BBQ sauce

Hornea Pollo --- Chicken & Mushrm Bak £5.95
Tender pieces of chicken breast & mushrooms baked in the oven on a delicious creamy cheese sauce.

Filetes de Pollo --- Chicken Goujons £5.95
Three chicken breast fillets, fried in breadcrumbs served with a dip of our delicious red french dressing.

POTATOS & SALAD on the SIDE

Mexican spicy Fries or Sauté Potato £2.95

Fries, Sauté, Mashed Potatoes or Rice £2.35

House Mixed Salad £4.45

Spicy Onion Rings £3.75

Corn 'n' Cob £2.95

Meat Tapas

Costillas a la Salsa --- Spare Ribs £5.95
Spare ribs oven cooked in our own glazed tasty tomato & BBQ sauce

Fabada a la Portuguesa --- Bean Stew £5.95
Traditional bean stew with pieces of pork, chicken, chorizo sausage & black pudin

Lomo a la Parrilla --- Bonless Pork Loins £5.45
Loin of pork grilled to perfection then tossed with onions and potatoes.

Chorizo Riojana --- Chourizo Red Wine £5.95
Sliced hot Spanish sausage cooked in red wine & garlic

Pollo con Chourizo --- Chicken & Chourizo £5.95
Tender pieces of chicken breast and chourizo sausage pan fried with red wine & garlic

Patatas Cremosas --- Creamy Potatoes £4.95
Fried potatoes with bacon & cheese sauce

Albondigas --- Meatballs £5.45
Fresh meatballs served on a spicy tomato & onion sauce

Pinchos de Cordero --- Lamb Kebab £5.95
Tender pieces of lamb grilled in a skewer served with a salad garnish & fried potatoes

Traditional "Picado" --- Madeira Beef £6.95
Tender cubes of beef, pan-fried in a delicious demi-glas and wine sauce, with black olives.

Vegetarian Tapas

Tortilla --- Spanish Omelette £4.95
Our own Spanish omelette, made from egg, potatoes & onions.

Champiñones y Ajo - Mushrooms Garlic £4.45
Mushrooms cooked in garlic butter

Patatas Bravas --- Spicy Potatoes £4.25
Deep fried potatoes in tomato and chili sauce, an absolute must that goes with everything

Arroz de Pimientos --- Rice & Peppers £4.25
Portuguese special rice cooked with paella spices, mixed peppers & onions

Champiñones Cremosos Creamy Mushrms£4.95
Oven baked mushrooms in a smooth creamy cheese sauce

BREADS

Bread & Butter or Alioli £1.80

Garlic Pizza Bread £3.25

Garlic Pizza Bread with Mozzarella £3.95

Pan Catalan a la Salsa £3.95
Ciabatta bread topped with chopped tomatoes, basil, olive oil & balsamic vinegar.

PORTUGUESE SPECIALITIES

All our dishes are freshly cooked to order please allow some time

Espetada de Frango £13.45
Grilled tender chunks of chicken breast, skewered in a spit with bay leaf, onions, peppers and a hint of garlic, grilled to perfection and drizzled with melted garlic butter. **Served hanging on the spit** with salad and sauté potatoes or Mexican rice and salad. **(Recommended)**
Also available with chicken & Spanish chorizo sausage for £14.45

Espetada Tradicional £16.95
10oz of grilled tender chunks of juicy matured british rump steak, skewered in a spit with bay leaf and garlic, grilled to your taste and drizzled with melted garlic butter. **Served hanging on the spit** with salad and sauté potatoes or mexican rice and salad. **(Recommended)**

Picado a Salsa £14.95
230 grams (8oz aprox) of the finest matured rump steak, cut in to cubes pan-fried in a delicious demi glas sauce with mushrooms & black olives. Served fries or rice and sliced tomatoes. **(Recommended)**

Bitoque (Rump Steak) £12.95
7oz matured rump steak cooked to taste, with garlic, traditionally topped with a fried egg, served with fries & salad.

Feijoada a Chef £12.95
A delicious casserole type Portuguese traditional dish with tomatoes, mixed meats, sausages, red kidney beans & spices, served with your choice of mashed potatoes or rice

CHEF'S HOUSE SPECIALITIES

All our dishes are freshly cooked to order please allow some time

Pollo Champiñones £12.95
Grilled breast of chicken topped with mushrooms and a delicious white wine creamy sauce. Served with your choice of sauté or mashed potatoes and two seasonal vegetables.

Pollo Parmigana £13.45
Chicken breast grilled to perfection, topped with parma ham, grated mozzarella cheese and a great light tomato sauce. Served with your choice of sauté or mashed potatoes and two seasonal vegetables.

Zanca de Cordero y Menta £15.95
Lamb shank cooked slowly in the oven with our own deliciously light mint & red wine sauce until it falls of the bone, served with creamy mash potatoes and broccoli florets.

Pato con Naranja £14.95
Fresh duck breast grilled to perfection topped with a delicious homemade orange & white port sauce, served with creamy mash potatoes and two seasonal vegetables **(Recommended)**

Solomillo (Sirloin Steak) £16.95
8oz of prime British matured sirloin steak grilled to your taste on its own or **with your choice of Peppercorn or Diane sauce.** Served with your choice of sauté or mashed potatoes and two seasonal vegetables. **(Recommended)**

Fillet Steak £20.95
A juicy 8oz matured british fillet steak cooked to your taste, on its own or **with your choice of Peppercorn or Diane sauce.** Served with your choice of sauté or mashed potatoes and two seasonal vegetables. **(Recommended)**

Tournedo Rossini Traditionel £21.95
8oz of British matured fillet steak, cooked to your taste, over a giant croton, topped with a slice of the finest pâté and a deliciously homemade Madeira wine sauce. Served with your choice of sauté or mashed potatoes and two seasonal vegetables. **(SPECIALLY RECOMMENDED)**

T Bone Steak £20.95
A juicy 14 to 16oz matured british t bone steak cooked to your taste, on its own or **with your choice of Peppercorn or Diane sauce.** Served with your choice of sauté or mashed potatoes and two seasonal vegetables. **(Recommended)**

MEXICAN SPECIALITIES

Chilli con Carne £10.45
Traditional homemade hot chili-con-carne served on a bed of Mexican yellow rice with peppers. **Add £1.50 for tortilla chips & sour cream**

Enchiladas a la Salsa £10.95
Two rolled tortillas filled with, peppers, onion, beans, sweet corn, sage and **your choice off marinated chicken, chili-con-carne or vegetarian,** on a spicy tomato sauce, topped with melted cheese & guacamole. Served with salad and Mexican rice.

Salsa Special Burritos £11.95
Oven baked soft flour tortilla filled with mexican rice, beans, chilies, coriander & cheese and **your choice off marinated chicken, chili-con-carne or vegetarian.** Topped with chilli tomato sauce, guacamole & sour cream, accompanied with a house side salad.

Salsa Special Chimichangas £11.45
Deep fried soft flour tortilla filled with mexican rice, beans, chilies, coriander & cheese and **your choice off marinated chicken, chili-con-carne or vegetarian.** Topped with salsa sauce, & sour cream, accompanied with a house side salad.

Pollo Acapulco £13.45
Chicken breast on a light spice marinate, gilled to perfection topped with bacon, bbq sauce & melted cheese. Served with your choice of sauté potatoes, mashed potatoes or mexican rice. **(Recommended)**

Texan Chicken & Ribs £14.95
Oven baked quarter chicken, cooked on the bone for flavor accompanied with ½ rack of ribs in our own tomato & bbq sauce, served with your choice of sauté potatoes, mashed potatoes or mexican rice

Full Rack of Ribs £14.95
Rack of ribs home cooked slowly in the oven until it falls of the bone, in our own tomato & bbq sauce. Served with your choice of sauté potatoes, mashed potatoes or mexican rice **(Recommended)**

Fajitas Mexicanas a la Salsa

Strips of chicken, matured beef or headless king prawns, marinated in a delightful tropical lemon & lime jus, cooked to perfection in Mexican spices on a bed of onions and mixed peppers, served on a hot skillet with grated cheese, spicy salsa, sour cream, guacamole and salad accompanied with tortillas to roll your own. (Extra tortillas and sauces available for £1.00 per dip or set of 4 tortillas, please ask your server). **(Recommended Speciality).**

Reg £12.95
Marinated Chicken Fajitas £12.95
Beef or King Prawns Fajitas £14.45
Combo Fajitas (choose two of chicken, beef or prawn) £15.95
Ultimate Fajitas (beef, chicken & king prawn) £16.95
Vegetarian Fajitas £10.95

PESCADO --- FISH

All our fish dishes are freshly cooked to order please allow some time

Rubalo na Grelha (Seabass) £15.95
Filletted whole Seabass grilled to perfection, topped with a delicious light white wine & garlic sauce. Served with your choice of sauté or mashed potatoes and two seasonal vegetables. **(Recommended)**

Filete de Salmón £13.95
A sizeable fillet of salmon grilled to perfection, topped with a great light white wine & butter sauce. Served with your choice of sauté or mashed potatoes and two seasonal vegetables..

Rape a la Galega (Monkfish) £16.95
Chunks of monkfish cooked to perfection, topped with a fantastic light creamy tomato sauce with king prawns and fresh mussels Served with your choice of sauté potatoes or creamy mashed. **(Recommended)**

Espetada de Pescado £16.95
Tender pieces of monkfish, squid, king prawns onions & peppers grilled to perfection drizzled with melted garlic butter & white wine. **Served hanging on the spit** with salad, and your choice of sauté potatoes, creamy mashed potatoes or mexican rice and salad. **(Recommended)**