



Suntra
Spa



Price list



Hello You.

On the 7th floor at 15th on Orange is where you'll find the most delicious slice of heaven on earth. Suntra Spa.

Here you'll find state-of-the-art spa facilities, coupled with the very best holistic, therapeutic and aesthetic care. Plus the latest cutting-edge technology to ensure you experience the ultimate in functional indulgence.

From non surgical anti-ageing facials to hands-on body therapies, from male grooming to detox programs, for everyone from teens to mothers-to-be, Suntra Spa will be the best thing that happened to you the minute you step through the door.

Massage Treatments

Suntra Body Massage back and neck **R250 | 45 mins R380 | 1 hour R480 | 1 hour 30 min R590**

The highest quality aromatherapy oils are used in this refined Suntra style massage. Regulated pressure combined with long, strong movements are used to effectively ease tired, aching back and limbs. Excellent for releasing knots and tension in the body.

Bellabaci Massage **R620 | 75 min**

The Bellabaci massage is a new massage technique using silicone cups. It improves lymphatic drainage and blood circulation and is great for detoxing. It also helps to improve stretch marks, cellulite and spider veins and is excellent for tight, sore muscles. A relaxing and soothing massage with excellent healing results, it is the most effective deep tissue massage available.

The Extremity Massage **R470 | 1 hour**

A relaxing massage, in which we treat the hands, feet and scalp.

Hot Stone Therapy **R620 | 1 hour**

Heated lava stones, assisting in energising, detoxifying and relaxing the body, while providing deep muscle comfort through the transfer of heat.

Four hands Indulgence **R590 | 45 min**

A relaxing full body massage treatment performed by two therapists working in harmony.

Aromatherapy Massage **R520 | 1 hour**

The manipulation of soft tissue with carefully selected aromatherapy oils, we introduce the power of essential oils into the equation to bring their intrinsic therapeutic properties to this relaxing massage.



Sports Massage

R550 | 1 hour

A combination of acupressure and deep stretching to increase joint mobility, reduce injury and increase overall flexibility leaving the body energised, open and relaxed.

Reflexology

R290 | 45 min

An ancient treatment that focuses on the feet to treat the entire body, restore your energy flows, alleviates stress and reinstates harmony.

Perfectly Pregnant Massage

R480 | 1 hour

Much needed specifically designed massage technique, which will ease the aches, pains and stresses experienced by mothers to be.

Scalp Therapy

R280 | 30 min

Achieve complete relaxation, as alternating slow and vigorous massage movements are applied to stimulate the pressure points on your scalp, head and shoulders.

Facial Treatments

Suntra Spa offers a range of speciality facial treatments by Hydradermie, Guinot, RegimA and Dermalogica to help your skin look its best regardless of age.

Reveal a fresh, soft and radiant glow with one of our skincare treatments. All are suitable for both men and women. And include a relaxing neck and shoulder massage and a complimentary hand or foot massage. As a part of our facial, our signature Bellabaci face deep cleansing ritual is implemented.

Hydradermie

R550

High frequency, galvanic currents are used to deep cleanse and rehydrate the deeper layers of your skin and speed up cell regeneration.

Hydradermie Plus

R640

Hydradermie with the added benefits of an extra concentrated treatment around the eyes, neck and décolleté area resulting in a youthful, vibrant skin tone.

Hydradermie Lift

R570

This ultimate treatment is for lifting and preventative anti-ageing, using specialized micro-current techniques to stimulate facial muscles.

Hydradermie Lift Deluxe | Hydradermie Lift for Eyes lift deluxe **R730** | lift for eyes **R220**

The most effective non-invasive face therapy for the softening of fine lines, skin discoloration, enlarged pores, sun and age spots, blemishes and scars. After just one treatment you will see the difference.



Double Peel Beaute Neuve

R590

Fruit acids, enzymes, protein and vitamins are used to eliminate dead skin cells and rejuvenate the skin.

Liftosome

R590

Best suited for mature skins. Aims to energize, tighten and firm the skin using Vitamin C. Relaxes features, smoothes away fine lines and adds a luminous glow.

Dermalogica or Guinot Prescriptive Facial

R350

A feast of steam cleansing, exfoliation, extractions, masque, massage, toning and moisturizing.

Dermalogica Specialised Facial

R590

In this facial we will treat your skin concerns with serums, additives and specialised masks.

Dermalogica 20 minute Express Facial

R190 | 20 min

An express facial for a quick lift.

Microdermabrasion

R500 | 1 hour

A facial that sloughs off the dead and dull surface layers of the skin, stimulating an increase in collagen production and rejuvenation. Dramatic improvements in the tone, texture, and colour of treated areas.

RegimA Peel

R490

It has a very good track record and we have seen excellent results. The facial peels come in 20%, 40%, 70% and 90%. It has a "Peel and Heal" action, making it excellent for Pigmentation and uneven skin tone, chloasma, dark under eye circles, 'age spots', 'sun spots', solar keratoses. Problem or acneform skins, scars - new or old - from trauma, operation, acne, burns, etc. and anyone wishing to keep the skin in optimal condition.

1P1 Photo Rejuvenation Facial

R950

A laser facial treatment is a non-ablative and non-wounding treatment method that corrects uneven facial skin tone, such as brown spots and broken capillaries and reduces enlarged pores through laser light energy. It also reduces the appearance of fine lines and tightens your skin. This facial delivers great results for the treatment of acne.



Body Treatments

Moisturize, purify and transform yourself with one of our exceptional body treatments. Especially designed to restore your body's tissues at the cellular level and completely eradicate stress, we invite you to indulge your senses and lose yourself in the experience.

Full Body Polish

R280 | 30 min

An invigorating circulation booster, leaving you with soft, smooth and glowing skin. Choose between, detoxifying, relaxing or invigorating scrubs to suit your needs.

Peeling Massage

R390 | 45 min

A full body massage to promote circulation, relax your muscles and rejuvenate your skin.

Power Back Ritual

R620 | 1 hour 30 min

The focus is on relieving back tension with a strong massage using cardamom and mint butter. Once muscles are thoroughly kneaded, a cleansing and refreshing detox scrub removes impurities. Finally, soothing warm lavender paraffin is the ideal treat to reduce muscular aches and moisturise the skin.



Body Wraps

R620 | 1 hour 30 min

Body wraps boast a number of benefits from increased circulation and smoother skin, to detoxification and relaxation. The treatment commences with a full body dry brushing - an invigorating and cleansing treatment, continues with a 30 minute bellabaci massage - a modern treatment based on ancient cupping therapy that achieves amazing medical and therapeutic results including reducing cellulite, improving blood circulation and safely releasing toxins and inflammation from the body and is followed by the application of the wrap that is most suitable for you. Relax with a scalp and face massage while the wrap permeates your skin.

Rasul

45 min | 1 Person R450 | 2 People R590

The Rasul treatment is a traditional Arabian cleansing ritual, which leaves you feeling calm, and your skin beautifully exfoliated. This ritual is experienced in a private room under the light of a thousand stars. This self application of salt and mud detoxifies and rejuvenates the body. Warm steam envelopes the room, and allows you to comfortably relax and unwind. To conclude this experience, warm tropical rain pours down from the dome to gently wash the mud away. This ritual can be enjoyed with loved ones and friends, and is an effective treatment prior to additional treatments offered at the spa.

Hamam

R600 | 1 hour

Our private Hamam is a steam bath which is meant for sustaining body health, strengthening the immune system and for a general feeling of well being. The traditional Hamam experience includes a full body polish, mud application and a head to toe soap massage. To complete the experience add on the following treatments:



Look Fabulous Treatments

We believe that everyone deserves to look (and feel) their best regardless of age or size! Our look fabulous treatment range aims to enhance your natural beauty and boost your confidence from season to season.

Guinol Self Tan

R260 | With body polish R390

Achieve that delicious sun-kissed look without the sun. This self-tanning cream intensifies and unifies the appearance of a natural tan, moisturising and softening the skin.

Semi-permanent Eyelash Extensions

R490 | Eyelash Re-fill R300

We can help transform your eyelashes for a longer, thicker, more defined look! Lashes are weightless, and give an extremely sensual look both day and night. Applying one lash at a time onto your existing natural eyelash, we will transform your lashes into lush, beautiful, longer eyelashes. Enhance your natural beauty and amazingly increase your inner confidence.

Teeth Whitening

R695

There is something unique about having a radiant smile that increases your level of confidence, your self esteem, and most definitely your desire to smile more. Our teeth whitening will brighten your smile by 3 shades or more, in just one session.

Anti Ageing Medical Procedures

Suntra spa is bringing you the best in anti ageing medical procedures, and glad to introduce the renowned plastic Surgeon Dr Willem Erasmus as a part of our team.

Botulinum toxin injections

R75 per unit

More commonly known by its trade names, is a muscle relaxing treatment that reduces facial wrinkles in men and women, and works particularly well for frown lines and crows feet.

Fillers/Hyaluronic acid

R2600 1ml

A volumiser with immediate effect that restores lips to their youthful plumpness or simply enhances them, accentuates cheek bones, restores hands(back of) and can be done over lunchtime.



Specialised Slimming and Cellulite Treatment

Technispa

Per session R300 | 10 treatments R2700

This completely customized body treatment uses triple action slimming technology and energizing plant extracts to kick-start your body's lymph drainage system, helping it to eliminate toxins. It tackles cellulite by working on both the skin and underlying muscles, using a simultaneous combination of massage, lymphatic drainage, ionization and stimulation.

Ionithermie Detox

Per session R550 | 5 sessions R2300

Ionithermie Detox treatment is used to impact cellulite, improve muscle tone, and increase skin elasticity. It has enjoyed popularity due to its immediate results. Ionithermie works by using biological compounds in combination with an electrical stimulus. The Faradic component stimulates and restores both muscles and tissue, for its ability to achieve spot slimming on the body.

Dermasonic

Per session R500 | 10 sessions R4200

Dermasonic combines two different technologies to remove cellulite: ultrasound and non-invasive subdermal therapy. The ultrasound waves heats and stimulates the deep layers of skin and fat. NIST employs gentle suction, gentle vibration and gentle rolling. These maneuvers work together to further disrupt these pockets of fat and cellulite. The suction stretches the pocket, elongating it. The suction also improves blood flow to and lymphatic drainage on the treated area. Any liquefied fat released from disrupted cellulite fat cells will be carried away. the treatment feel like a massage.

Finishing touches...

Tinting

Eye Lash tint	R60
Eye Brow tint	R40

Waxing

Half leg	R110
Full Leg	R170
Bikini	R90
Brazilian	R140
Hollywood	R180
Back wax/chest wax	R160
Arm wax (full)	R160
Underarm	R70
Eyebrow/ lip/ chin	R50



Gellish

Full Mani	R290
Full Pedi	R350
Repaint	R150
Soak off	R100

Nail Care

Sit back, relax and let us pamper you with our exclusive manicure and pedicures. For the ultimate finish, follow with a Suntra polish and find out why its one of Europe's most popular high quality, non thickening, quick drying and long lasting nail lacquers.

The Petite Pedicure

R100

Your trusty toenails are shaped and finished with Suntra nail polish.

The Suntra Pedicure

R200

A relaxing foot soak followed by a soothing foot scrub and a grooming massage before your nails are resurfaced , shaped and finished with Suntra nail polish.

The Suntra Relax Pedicure

R290

Includes all of the above plus an indulgent pressure point foot massage and a mask or paraffin treatment.

The Mini Manicure

R90

Your nails are shaped and finished with Suntra nail polish.

The Suntra Manicure

R180

Cuticles are soaked, hands are scrubbed and given a grooming massage and nails are shaped and finished with Suntra nail polish.

The Suntra Deluxe Manicure

R280

Includes all the above plus a paraffin treatment to recondition nails and hands.

Laser Hair Removal

A revolution in hair removal. Using technology beyond that of other lasers, the LightSheer™ Diode Laser can disable hundreds of hair follicles in less than one second. The procedure is computer-guided, quick, un-painful and promises long-lasting results. For other areas and patches, please consult with your therapist

Book your free consultation now.

Underarm	R250
Bikini	R370
Brazilian	R580
Lip/Chin	R150
Chest/Back	R800
Half Leg	R800
Full Leg	R1600
Bikini & U/Arm	R590
Brazilian & U/Arm	R790
Garden Path	R180

Suntra Sparties

A fantastic venue for your next birthday party, hen party, baby shower, teens spa day, office party, theme party or a girls day out. Suntra Sparties are available for groups of 4 or more. Our professional therapists combined with 15 on Orange Hotel's reputable chefs and award-winning service will guarantee you an unforgettable day. Leave the planning to us, so all you have to do is simply relax.

Luxury Spoil Day

3 hours | R880

Full body and scalp massage, followed by a Spa Facial and your choice of a Spa Manicure or Pedicure.

Nail Duet

1 hour 30 min | R340

A Suntra Manicure and pedicure

Express Inspiration

1 hour | R450

Back and neck massage, express facial. Mini manicure or mini pedicure.

The Bliss Alliance

R790

Pick and choose 3 of the following treatments: 50 minutes body massage, scalp therapy, reflexology, facial, body polish, pedicure or manicure.

Day Packages

Designed to offer our guests the ultimate pleasure with the best possible results, our packages are the perfect way to relax, rejuvenate and renew your entire being. Carefully chosen for their combined effect, the synergistic qualities of each treatment promote unsurpassed wellness.

A Day in Heaven

5 hours | R2400

A total body exfoliation, followed by your choice of body wrap, luxury hydrotherapy bath, luxurious facial, hedonistic hot stone massage, magnificent manicure and a pedicure.

Bliss Day Spa

3 hours | R1850

Hamam cleansing ritual, full body Suntra Massage, scalp and feet massaged followed by a deluxe facial.

Fit For a Queen

2 hours | R890

Indulge yourself with a luxury hot stone back massage, a much needed radiance facial and soothing scalp therapy.

The Works

1 hour | R750

We will set three therapists to work on you at the same time. Includes a facial, eye brow wax, eyelash tint, manicure and pedicure.

Hey Mama

2 hours 30 min | R990

Perfectly pregnant? How about a relaxing pregnancy massage followed by a facial, a pedicure and scalp massage.

A Perfect Day

3 hours 30 min | R1250

Includes a hot stone massage, facial, manicure and pedicure.

The Jet Lagged Special

2 hours | R790

How about an invigorating massage and hydrating facial to rejuvenate body and mind after a long journey?

The Taster

1 hour 30 min | R600

Back and neck massage, spa facial, relaxing scalp and foot massage.

Suntra Signature Treatment

2 hours 30 min | R1450

This heavenly escape starts off with a rejuvenating body scrub, followed by an exotic fruit enzyme facial treatment. Whilst enjoying the refreshing mask your senses will be stimulated with a relaxing pressure point scalp massage. To top it all, you will be uplifted with a sensational full body massage.

The Big Day Package

5 hours R2300 | 2 hours R890

Get ready for that special event with our makeover package; a full body scrub, Beaute Neuve facial, Suntra relax pedicure and manicure, eye brow shape, teeth whitening and eye lash extension.

For the two of you...

Make lasting memories whilst sharing an intimate experience with your partner in sensual surroundings. The best way to bond and inspire romance.

Strawberries and Cream

3 hours R2100 per couple

Ignite your senses and inspire your heart with a sensational body scrub, romantic jet bath, and full body massage, soothing scalp therapy and facial.

Moonlight and Roses

2 hours R1500 per couple

Another tantalizing treatment for two. This heady treatment includes a therapeutic peeling massage, aromatic bath and nourishing facial just for the two of you.

Champagne and Kisses

3 hours 30 minutes R2300 per couple

The ultimate romantic treatment for couples. This sensuous spa duet includes a luxurious Aromatherapy body massage, a sumptuous facial, magic manicure and a pedicure for both lovebirds.

Starlight and Jazz

2 hours 30 min R1600 per couple

A Rasul experience for the two of you, followed by a celestial 90 minute massage. This is heaven.

Just the two of us

2 hours 30 min R1980 per couple

A rasul experience followed by a relaxing massage, spa facial, scalp and foot treatment.





Vouchers Available

Spa treatments make the ideal present, gift vouchers are available at the spa, or can be delivered for your convenience.

We will always do our very best to accommodate you on a short notice.

* Vouchers are valid for 4 months only.

Cancellation Policy

A 50% cancellation charge will be incurred for any treatment or day spa programme cancelled within 5 hours of the appointment time.

No show will incur 100% charge.

Gift Certificates

Deposits taken for group bookings & packages.

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Mon-Sat 8am- 8pm. Sunday 10am -6pm