

Massage Therapy:

Deep Tissue Full Body Massage	(60 min)	R280
Deep Tissue Back & Neck Massage	(30 min)	R160
Four Hands Massage	(60 min)	R300
Aroma Stone Full Body Massage	(60 min)	R280
Hawaiian Lomi-Lomi Massage	(90 min)	R300
Aromatherapy Full Body Massage	(60 min)	R250
Thai Massage	(60 min)	R250
Hot Stone Massage	(60 min)	R250
Pregnancy Massage	(45 min)	R200
Baby Massage	(15 min)	R50
Reflexology	(45 min)	R150
Indian Head Massage	(30 min)	R100

Spa Treatments – Hydrotherapy:

Vichy Shower, Scrub, Moisturise		R100
Vichy Shower, Scrub, Massage		R330
Vichy Shower, Scrub, Body Wrap		R250
Vichy Shower, Scrub, Caribbean Tan		R250
Back Cleanse	(45 min)	R300

Cellulite Treatments: (minimum of 12 sessions required)

Ultrasound & Shapemaster (per session)	R150
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Eyelash Extensions:

Full set lash application	R400
2 Week Fill	R200
Soak-off	R50

Brighten your smile:

Teeth Whitening	R695
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Hands & Feet: (includes a hydrating wrap)

Spa Manicure	R90
Spa Pedicure	R110
French Paint (extra)	R10

Skin Treatments:

Nimue Basic Facial	(60 min)	R250
Nimue Rejuvenating Facial	(90 min)	R300
Nimue Adv Rejuv Facial incl TCA peel	(90 min)	R350
Nimue Glycopeel Facial	(60 min)	R300
Environ Basic Facial	(60 min)	R250
Environ Facial Peels	(60 min)	R300
Facial incl. Microdermabrasion	(60min)	R350
Microdermabrasion Only		R20 p/min

VPL Skin Treatments:

VPL Skin Rejuvenation	R450
VPL Acne	R450
VPL Pigmentation Removal	R50 p/shot
VPL Vascular Treatment	R50 p/shot

VPL Hair Removal:

Lip	R150
Chin	R150
Underarms	R300
Bikini	R300
Brazilian	R450
Hollywood	R500
½ Leg	R1000
Full Leg	R1500
Back	R1000
Chest	R1000
Per Shot	R50

Advanced Permanent Make-up:

Areola Complex	R600
Scar Camouflaging	R250 p/½ hr
Stretchmark Dry Needling	R250 p/½ hr
Wrinkle Dry Needling	R250 p/½ hr

Waxing - Prices on request

Gift vouchers available

INTERNATIONAL DAY SPA



Cape Town:
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Sandton:
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Correspondence:
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PO Box 6342
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Business Hours:

Monday - Friday
08:00 - 17:00

Saturdays
08:00 - 13:00

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