

# Brisbane Kung Fu

Wu Zen Dao — "The Way of Martial Art Zen"

16 Jeanette Ave, Springwood QLD 4127

0412 313 653

Sifujace@gmail.com

www.BrisbaneKungFu.com

## **GROUP CLASSES AVAILABLE**

#### **Macgregor**

| Monday | 6-8pm | Shaolin / Weapons | Sifu Peter Natalier   |
|--------|-------|-------------------|-----------------------|
| Monday | 6-8pm | Tai Ji / Qi Gong  | Sifu Kevin The        |
| Monday | 6-8pm | Xing Yi           | Sifu Richard Nicholls |
| Friday | 6-8pm | Shaolin / Weapons | Sifu Jason King       |
| Friday | 6-8pm | Tai Chi / Qi Gong | Sifu Kevin The        |
| Friday | 8-9pm | Advanced Class    | Sifu Jason King       |

Drama Room P001, Macgregor State High School, Blackwattle Street, Macgregor UBD 201 B14

#### **Bardon**

| Sunday  | 6-8pm | Shaolin / Weapons | Sifu Peter Natalier   |
|---------|-------|-------------------|-----------------------|
| Sunday  | 6-8pm | Tai Chi / Qi Gong | Sifu Richard Nicholls |
| Sunday  | 6-8pm | Xing Yi           | Sifu Richard Nicholls |
| Tuesday | 6-8pm | Shaolin / Weapons | Sifu Jason King       |

Jubilee Hall (behind Communify offices) 180 Jubilee Terrace Cnr Belleview Pl. Bardon UBD 158 Q5

## PRIVATE TUITION AVAILABLE

### **Springwood**

Sifu Jason King

Weekdays (T, Th, F) Evenings (W,Th) Saturdays Available by appointment between 8 - 11 am and 2 - 5 pm Available by appointment between 5 - 7 pm

Available by appointment between 8am - 2pm

# <u>City</u>

Weekdays Available by appointment between 11am - 2pm

Disciplines include

- Boxing for fitness
- General fitness
- Shaolin Kung Fu
- Tai Chi
- Qi Gong

- Stretching
- Weapons
- Stage Combat
- Sparring
- Grappling

Private tuition is particularly suitable for those who are unable to make regular class times, prefer one on one training to group classes, or are looking for specialized training.

Private tuition is also good for students who are making up for missed lessons, preparing for tournaments, or applying for a grading.