The Four Seasons Cantonese Restaurant

Began life as a small branch of the National Westminster bank, complete with its own strong room which had to be dismantled before conversion into a restaurant - no easy task, as this strong room was designed and built to withstand any kind of interference! The Four Seasons underwent its most recent refurbishment in 2004 after being extended some 7 years ago.

However, it was on the historic day of 29th November 1981 when we first opened its door as the Four Seasons Cantonese Restaurant with its young owner: the fresh faced Frankie Tsang! Over the intervening years is has evolved and undergone improvements and today is the modern, spacious and welcoming restaurant, as we know it - the best in Worcester!

Frankie himself was educated locally, having grown up in the catering business under the watchful and expert eye of his father. Frankie's children also attend local schools. After his family, Frankie's other pride and joy is the quality of his cuisine and the high standard of service at the Four Seasons.

Wherever possible he personally selects locally sourced produce of the freshest and highest quality. He journeys to the fish market at unearthly hours to ensure that only the best seafood reaches our table! He employs highly skilled and talented staff that all pull together as one big happy and loyal team.

Many of you will know that Frankie is also quite a wine expert. His expertise has required him to travel to some of the most famous wine growing regions in France. He has attended numerous wine courses and is really quite he connoisseur which of course means that you can rest assured that there is always the perfect wine to accompany your choice of meal!

Frankie and his dedicated team of experts look forward to serving the population of Worcester for the next 20 years!

Enjoy your meal

The place of smile

61 LOWESMOOR, WORCESTER WR1 2RS Tel: 01905 27026

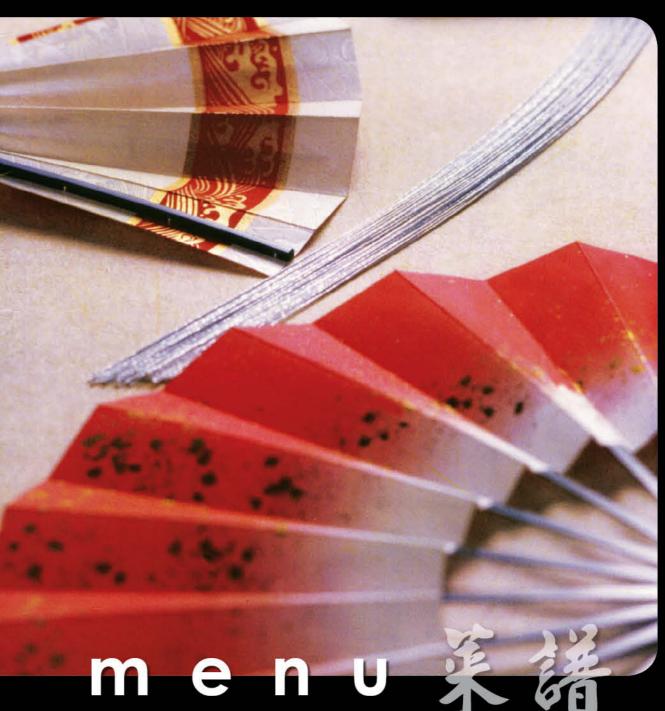
Website: www.fourseasonsrestaurant.co.uk
Email: thefourseasons@hotmail.com



F O U R 四季樓 SEASONS

in Lowesmoor

The place of smile



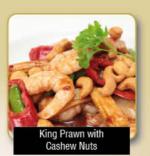




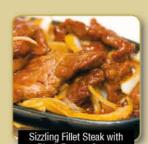














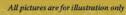


129	炒什菜	Mixed Chinese Vegetables (Chinese Leaf, Baby Corn, Straw Mushrooms and Bro	£6.30 occoli)
130	炒洋蔥	Fried Onions	£3.30
131	咕嚕汁	Sweet and Sour Sauce	£2.55
132	咖哩汁	Curry Sauce 🌶	£2.55
133	蒜蓉炒白菜	Stir Fried Pak Choi with Garlic Sauce	£7.25
	飯麺類	RICE & CHOW MEIN	
134	大蝦炒麵	King Prawn Chow Mein	£9.95
135	四季特式炒麵	Four Seasons Special Chow Mein	£10.50
136	叉燒炒麵	Roast Pork Chow Mein	£8.95
137	雞肉炒麵	Chicken Chow Mein	£8.95
138	牛肉炒麵	Beef Chow Mein	£8.95
139	星洲炒麵	Noodle Singapore Style 🌶	£9.95
140 (V)	雜菜炒麵	Mixed Vegetable Chow Mein	£8.95
141	星洲炒米粉	Singapore Vermicelli (Rice Noodles) 🬶	£9.95
142	大蝦炒飯	King Prawn Fried Rice	£9.95
143	四季特式炒飯	Four Seasons Special Fried Rice	£10.50
144	雞肉炒飯	Chicken Fried Rice	£8.95
145	牛肉炒飯	Beef Fried Rice	£8.95
146	揚洲炒飯	Young Chow Fried Rice	£9.95
147	星洲炒飯	Singapore Fried Rice 🌶	£9.95











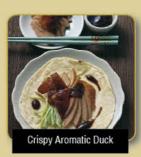


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	數板	SIZZLING DISHES	
110	鐵板四川羊肉	Lamb Szechuan Style Served on a Hot Platter∮£10.75	
111	鐵板豉椒羊肉	Lamb with Green Pepper & Black Bean Served on a Hot Platter	Sauce £10.75
112	鐵板薑蔥羊肉	Lamb with Ginger and Spring Onions Served on a Hot Platter	£10.75
113	鐵板豉椒雞	Chicken with Green Pepper & Black Bed Served on a Hot Platter	an Sauce £9.75
114		Fillet Steak Cantonese Style	£12.50
115	鐵板薑蔥牛柳	Fillet Steak with Ginger & Spring Onions Served on a Hot Platter	£12.50
116	鐵板印尼牛柳	Fillet Steak Indonesian Style Served on a Hot Platter 🌶	£12.50
117	鐵板沙爹蝦球	Satay King Prawns Served on a Hot Platter	£10.75
118	鐵板沙爹牛或雞	Satay Beef or Chicken Served on a Hot Platter 🌶	£9.75
119	鐵板黑椒牛柳	Fillet Steak in Black Pepper Sauce Served on a Hot Platter 🌶	£12.50
120	鐵板泰辣蝦球	King Prawn Thai Style Served on a Hot Platter 🌶	£10.75
	其他	SIDE DISHES	
121	蛋炒飯	Egg Fried Rice	£3.05
122	白飯	Plain Boiled Rice	£3.05
123	芽菜香蔥炒 麵	Stir Fried Soft Noodles with Beansprouts & Spring Onions	£3.50
124	 薯條	Chipped Potatoes	£2.95
125	磨菇	White Mushrooms	£3.50

Chinese Straw Mushrooms

Bamboo Shoots and Water Chestnuts

Beansprouts











SHANGHAI SET MENU

£19.50 per person - Minimum For 2 Persons

Dim Sum Platter

(Deep Fried Seaweed, Chicken Satay, Thai Spring Rolls, Deep Fried Prawn, Spare Ribs - Hong Kong Style)

SE

Crispy Aromatic Duck with Pancakes

11

Sizzling Beef with Black Pepper Sauce

King Prawn with Black Bean Sauce

Sweet & Sour Pork in Cantonese Style

Chicken in Lemon Sauce

Young Chow Fried Rice

SE

Cona Coffee or Jasmine Tea & Mints

For 2 Persons - Choose 3 Main Course + Rice

CANTON SET MENU

£22.50 per person - Minimum For 2 Persons

Dim Sum Platter

(Deep Fried Seaweed, Crispy Won Ton, Sesame Prawn Toast, Chicken & Cheese Pancake Roll, Kin Do Spare Ribs)

1

Crispy Aromatic Duck with Pancakes

5 P

Sizzling Fillet Steak with Satay Sauce
A Selection of Seafood & Chinese Vegetables in Bird Nest
Sweet & Sour Chicken in Cantonese Style
Roast Duck Peking Style
Young Chow Fried Rice

E

Cona Coffee or Jasmine Tea & Mints

For 2 Persons - Choose 3 Main Course + Rice

All pictures are for illustration onl



126

127

128

草菇

芽菜

竹荀馬蹄



£3.50

£3.50

£3.50

	頭盤	STARTERS	
1	雜錦拼盆 (兩人起)	Dim Sum Platter (Minimum 2 Persons or More) £5.80 Per Crispy Won Ton, Deep Fried Sesame Prawn Toast, Deep Fried Seaweed, Satay Chicken	Person
2	香酥鴨	Crispy Aromatic Duck Half £19.00 Quarter	£10.00
3	海草	Crispy Seaweed	£4.50
4	春卷	Spring Rolls (2 pcs)	£4.10
5	芝士雞卷	Chicken Cheese Spring Rolls (4 pcs)	£5.50
6	芝麻蝦	Sesame Prawn on Toast	£5.65
7	炸雲呑	Crispy Won Ton	£5.65
8	椒鹽排骨	Deep Fried Spare Ribs with Salt & Pepper Chilli 🌶	£6.80
9	京都排骨	Capital Spare Ribs	£6.80
10	沙爹雞串	Satay Chicken in Skewer (3 pcs) 🌶	£5.45
11	生菜包	Lettuce Dumpling (Chicken or Beef)	£5.85
12	椒鹽雞翼	Deep Fried Spicy Chicken Wings (8 pcs) 🌶	£5.00
13	蝦片	Prawn Crackers	£2.60
14	椒鹽軟殼蟹	Soft Shell Crab with Salt & Pepper 🌶	£9.80
	-17 -15-		
	活 類	SOUPS	
15	雲呑湯 麵	Won Ton Noodle Soup	£3.80
16	鴨絲湯	Rainbow Duck Soup	£3.80
17	磨菇雞湯	Chicken Mushroom Soup	£3.80
18	泰式雞湯	Chicken Soup Thai Style 🌶	£3.80
19	雞蓉粟米湯	Chicken Sweetcorn Soup	£3.80
20	蟹肉粟米湯	Crab Meat Sweetcorn Soup	£3.80
21	酸辣湯	Hot & Sour Soup 🌶	£3.80
	0		

素菜類	VEGETARIAN SELECTION
齋酸辣湯	Hot and Sour Soup Peking Style 🌶

91	(V)	齊酸辣湯	Hot and Sour Soup Peking Style 🍠	£3.55
92	(V)	粟米湯	Sweetcorn Soup	£3.55
93	(V)	雜菜湯	Chinese Mixed Vegetable Soup	£3.55
94	(V)	齊菜卷	Vegetarian Pancake Rolls (per pcs)	£3.15
95	(V)	炸雲呑	Crispy Won Tons	£4.30
96	(V)	生菜包	Lettuce Dumpling	£5.05
97	(V)	椒鹽炸豆腐	Salt and Spicy Bean Curd in Chilli 🌶	£5.25
98	(V)	雀巢腰果什菜	Stir Fried Chinese Mixed Vegetables with	
			Cashew Nuts in a Bird's Nest	£7.35
99	(V)	上海什菜炒麵	Stir Fried Noodle Shanghai Style 🌶	£7.35
100	(V)	什菜炒飯	Vegetable Fried Rice	£7.35
101	(V)	星洲炒麵	Vegetarian Singapore Chow Mein 🌶	£7.35
	(V)	磨菇炒麵	Mushroom Chow Mein	£7.35
102		磨菇炒麵 咕嚕什菜	Mushroom Chow Mein Sweet & Sour Mixed Vegetables	£7.35 £6.30
102 103	(V)			
102 103 104	(V) (V)	咕嚕什菜	Sweet & Sour Mixed Vegetables	£6.30
102 103 104 105	(V) (V) (V)	咕嚕什菜 蒜蓉炒西蘭花	Sweet & Sour Mixed Vegetables Stir Fried Broccoli with Garlic	£6.30 £5.75
102 103 104 105	(V) (V) (V)	咕嚕什菜 蒜蓉炒西蘭花 香酥齋鴨	Sweet & Sour Mixed Vegetables Stir Fried Broccoli with Garlic Crispy Mock Duck with Pancakes	£6.30 £5.75
102 103 104 105 106	(v) (v) (v)	咕嚕什菜 蒜蓉炒西蘭花 香酥齋鴨	Sweet & Sour Mixed Vegetables Stir Fried Broccoli with Garlic Crispy Mock Duck with Pancakes Chinese Mixed Vegetables in	£6.30 £5.75 £7.90 £6.30
102 103 104 105 106	(5)	咕嚕什菜 蒜蓉炒西蘭花 香酥齋鴨 豉椒炒什菜	Sweet & Sour Mixed Vegetables Stir Fried Broccoli with Garlic Crispy Mock Duck with Pancakes Chinese Mixed Vegetables in Black Bean Sauce	£6.30 £5.75 £7.90 £6.30 £6.30
102 103 104 105 106	(5)	咕嚕什菜	Sweet & Sour Mixed Vegetables Stir Fried Broccoli with Garlic Crispy Mock Duck with Pancakes Chinese Mixed Vegetables in Black Bean Sauce Chinese Mixed Vegetables in Hoi Sin Sauce	£6.30 £5.75 £7.90 £6.30 £6.30
102 103 104 105 106 107 108	(3) (3) (3) (3)	咕嚕什菜	Sweet & Sour Mixed Vegetables Stir Fried Broccoli with Garlic Crispy Mock Duck with Pancakes Chinese Mixed Vegetables in Black Bean Sauce Chinese Mixed Vegetables in Hoi Sin Sauce Chinese Mixed Vegetables with Bean Curd	£6.30 £5.75 £7.90 £6.30 £6.30











泰式綠咖喱雞肉	Thai Green Chicken Curry 🧦	£9.45
泰式紅咖喱鴨	Thai Red Duck Curry 🌶	£10.55
泰式竹荀牛肉	Fried Beef with Chilli & Bamboo Shoots in Thai Style 🌶	£9.45
泰式腰果牛肉	Fried Beef & Cashew Nuts in Thai Style 🌶	£9.45
泰式腰果雞肉	Fried Chicken & Cashew Nuts in Thai Style	Ĵ £9.45
泰式薑辣雞肉	Fried Chicken with Ginger in Thai Style 🌶	£9.45
泰式竹荀雞肉	Fried Chicken with Chilli & Bamboo Shoot in Thai Style 🌶	£9.45
蒜辣泰雞肉	Spicy Garlic Chicken in Thai Style 🌶	£9.45
泰式炒麵	Fried Noodle in Thai Style 🌶	£9.45
泰式雞肉炒飯	Chicken Fried Rice in Thai Style 🌶	£9.45
乾咖喱牛肉	Beef Rendang (Malaysian Style) 🬶	£9.45
乾咖喱雞肉	Chicken Rendang (Malaysian Style) 🬶	£9.45
乾咖喱大蝦	King Prawn Rendang (Malaysian Style) 🌶	10.55
	秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦秦	泰式紅咖喱鴨 Thai Red Duck Curry





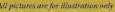


雞 類 CHICKEN DISHES

咕嚕雞	Sweet & Sour Chicken Cantonese Style	£8.65
宮保雞丁	Chicken Peking Style 🌶	£8.65
雀巢雞	Chicken in Bird's Nest (Chicken & Chinese Mixed Vegetable Served in a Crispy N	£8.65 oodle Nest)
菠蘿雞	Chicken with Pineapple	£8.65
豉椒雞	Chicken with Green Pepper & Black Bean Sauce	£8.65
腰果雞	Chicken with Cashew Nuts	£8.65
乾燒雞	Chicken with Chef's Speciality Sauce 🌶	£8.65
檸檬雞	Lemon Chicken	£8.65
蘑菇雞	Chicken with Mushroom	£8.65
乾炒雞絲	Shredded Chicken in Chilli Sauce 🌶	£8.65

十緒類 BEEF & PORK DISHES

蠔油牛肉	Beet with Oyster Sauce	£8.65
四川牛肉	Beef with Szechuan Style 🌶	£8.65
腰果牛肉	Beef with Cashew Nuts	£8.65
薑蔥牛肉	Beef with Ginger & Spring Onions	£8.65
豉椒牛肉	Beef with Green Pepper & Black Bean Sauce	£8.65
蘑菇牛肉	Beef with Mushrooms	£8.65
乾炒牛絲	Quick Fried Chilli Shredded Beef 🌶	£8.65
三燒	Triple Roast (Chicken, Roast Duck, Spare Ribs with Sauce)	£8.65
西蘭花牛肉	Beef with Broccoli Spears	£8.65
紫羅牛肉	Beef with Pickled Ginger & Pineapple	£8.65
宮保肉丁	Roast Pork Peking Style 🌶	£8.65
咕嚕肉	Sweet & Sour Pork Cantonese Style	£8.65
 蜜汁叉燒	Roast Pork in Honey Sauce	£8.65







	海鲜類	SEAFOOD DISHES	
45	豉椒鮮魷	Stir Fried Squid with Green Peppers & Black Bean Sauce	£9.75
46	椒鹽鮮魷	Squid with Salt & Pepper 🌶	£9.75
47	- - - - - - - - - - - - - - - - - - -	Stir Fried Squid with Ginger & Spring Onion	£9.75
48	椒鹽軟殼蟹	Deep Fried Soft Shell Crab with Chilli, Salt & Pepper 🌶	£9.75
49	清蒸鱸魚	Steam Sea Bass Fish with Ginger, Spring Onion & Soy Sauce	£16.00
50	酥炸鱸魚	Deep Fried Sea Bass Fish (Served with Sweet & Sour Sauce)	£16.00
51	豉汁蒸鱸魚	Steam Sea Bass Fish with Black Bean Sauce	£16.00
52	薑蔥蝦球	King Prawn with Ginger & Spring Onion	£9.75
53	蘑菇蝦球	King Prawn & Mushroom	£9.75
54	三寶	Triple Crown (King Prawn, Duck, Chicken in Pineapple & Mushroo	£9.75
55	雀巢海鮮	Seafood Delight with Bird's Nest (King Prawn, Squid, Scallop & Seasonal Green Bean:	£12.55
56	腰果蝦球	King Prawn with Cashew Nuts	£9.75
57	豉椒蝦球	King Prawn with Green Pepper & Black Bean Sauce	£9.75
58	椒鹽蝦球	King Prawn with Salt & Pepper Chilli 🌶	£9.75
59	咕嚕蝦球	Sweet & Sour King Prawn Cantonese Style	£9.75
60	蒜蓉蝦球	King Prawn with Garlic Sauce	£9.75
61	宮保蝦球	King Prawn Peking Style 🌶	£9.75











62

67

71

Bamboo Shoots & Beansprouts) 63 Roast Duck Cantonese Style £9.95 中國鴨

64 Roast Duck Lo-Ho Style £9.95 羅漢鴨 (Roast Duck Served on a Bed of Selected Chinese Vegetables) £9.95 65 Roast Duck with Plum Sauce 梅子鴨

66 Roast Duck with Green Pepper & 豉椒鴨 Black Bean Sauce £9.95

Roast Duck with Pickled Ginger & Pineapple £9.95 紫羅鴨

HOT POT DISHES

Chef's Speciality Hot Pot £11.05 68 四季一品煲 (Roast Pork, Chicken, King Prawn and Beef with Selection of Chinese Vegetables)

Seafood Hot Pot £11.05 69 海鮮什錦煲 (King Prawn, Scallops, Squid with Selection of Chinese Vegetables)

Mixed Meat Hot Pot in Szechuan Style 🌶 £11.05 70 四川一品煲

Beancurd Chinese Mixed Vegetable Hot Pot £8.95 豆腐什菜煲

咖哩類 **CURRY DISHES**

iled Rice,or Chips Included) ed Rice - 20p shroom - 30p

Curry King Prawn 🌶 £9.75 72 咖喱大蝦 £9.75 73 Four Seasons Curry Special 🌶 特式咖喱 (Chicken, Prawns, Beef, Roast Pork & Mushroom)

Curry Chicken 🌶 74 £9.75 咖喱雞肉 Curry Beef 🌶 75 £9.75 咖喱牛肉

Curry Roast Pork 76 £9.75 咖喱叉燒 Curry Mixed Vegetables 77 £7.50 咖喱雜菜

All pictures are for illustration only



£9.95