



*Longevity*

WELLNESS RESORT  
MONCHIQUE | ALGARVE

## DISCOVER LONGEVITY

Your Source to Wellness

Programme includes:

- Accommodation spacious, comfortable and fully fitted suite.
- Wellness buffet breakfast at Longevity Cuisine by Olivier.
- 1 Wellness Lunch (drinks not included), per person/per night.
- Access to the gym and wet areas of the Spa - Sauna, Turkish bath, Sensation showers and Indoor heated pool.
- Access to the daily group activities of the Longevity Vitality Plan – Yoga, Pilates, Nature hiking's, among others.

RATES PER NIGHT/SUITE IN EUROS	LOW SEASON	PREMIUM SEASON
Wellness Suite		
1 person	231 €	394 €
2 persons	250 €	413 €
Wellness Executive Suite with Terrace		
1 person	294 €	481 €
2 persons	313 €	500 €

Low Season: 06.11.12 – 29.12.12 | 04.01.13 – 26.03.13 | 02.04.13 – 31.05.13 | 01.10.13 – 30.12.13

Premium Season: 30.12.12 – 03.01.13 | 27.03.13 – 01.04.13 | 01.06.13 – 30.09.13 | 31.12.13

### Special Offer 5=4

Valid from November 6<sup>th</sup> 2012 till December 31<sup>st</sup> 2013

Public rates per night, per suite based on a single or double occupancy.

Longevity Vitality Plan – Activities are subject to pre-registration and subject to change without prior notice.

Guests must be 16 years old to participate in activities.

Guests must be 16 years old to access the Medical Spa.