

Des olives avec du pain	£3.50
While you waitsome green and black olives steeped ir with crusty bread	
Pain à l'ail	£1.75
Hot, crusty, garlic bread	
Potage duchef	£4.95
Fresh, home made soup served with crusty bread	
Soupe à l'oignon Our famous French onion soup – piping hot, with a crus Gruyère cheese – a meal in itself	
Paté à la maison Homemade to our own recipe: with crusty bread	£5.95
Carottes rapées à la sauce rémoulade A light, healthy starter of grated carrots with a piqua based sauce	
Anchoiade provençaleA very tasty spread of puréed anchovies on toasted Fitomatoes and olives	
Assiette du fermier French 'ploughman's lunch' – a chunk of Brie with sal crusty bread	
Salade L'Experience A salad of lardons, crisp croûtons and crumbled blue c with lightly-dressed salad leaves	

All our first courses are served with freshly baked, crusty French bread

Nos Croques

Toasted sandwiches...a substantial starter if you're very hungry; a meal in themselves if you just fancy a little something. Then again, you could always order some *pommes frites.....! *£2.50 per portion

Croque monsieur (ham, cheese and Dijon mustard)	.£4.95
Croque madame (as above, plus mushrooms)	£5.50
Croque splendide (same again but topped with an egg)	£5.95
<u>Croque verte</u> _(for vegetarians - with cheese, tomatoes, onions a mushrooms)	and

<u>Tartiflette Savoyarde</u>....£7.95

This dish, too, is a good starter if you're hungry, or, perhaps accompanied by a side salad, makes a perfect lunch. Sliced potatoes are layered with onions and bacon and baked with gruyère and cream

Les Omelettes

Made with 3 Manx eggs and served with potatoes or pommes frites

Simple (plain)...£8.75

Fines herbes.....£8.95

Jambon (ham)...£8.95

Tomates.....£8.95

Champignons.....£8.95

Fromage£8.95

Crevettes (prawn)....£9.25

Saumon fumé.....£10.95

Open omelettes

Paysanne (diced potato, onion and bacon)....£9.95 Mexicaine (peppers, kidney beans & chilli) £9.95

Nos Biftecks

Bifteck haché au poivre£9	9.95	
Chopped and shaped sirloin steak served with pepper sauce and Fr	ench	
fries or new potatoes		
Bifteck à la minute£11.	95	
Minute sirloin steak with cafe de Paris butter or pepper sauce		
Entrecôte£21	.95	
Grilled Sirloin steak (approx 250g)		
<u>Filet</u> £24	1.95	
Grilled fillet steak (approx 250g.)		
All our steaks are served with French fries and either our famous, spicy Café de Paris butter or delicious pepper sauce.		

Locally sourced fresh fish according to availability: please see blackboard

Desserts et boissons from £3.95 to £6.95 Please ask to see our list of home-made desserts	
Les fromages A selection of French cheeses served with grapes and crusty bread or crackers	£6.95
Les boissons Le café Freeh filter coffee with refille and charalete minte	£2.00
Fresh filter coffee with refills and chocolate mints Espressosingle, per cup	£1.80
Double, per cup	£2.50
Americano	£2.00
Café latte	£2.25
Café macchiato	£2.00
Cappuccino	£2.25
Décaféiné	£1.80
Thétea, per cup	£1.50
Special Coffee	£5.25

Please ask to see our evening menu for more choice.

Opening Hours Monday, Wednesday, Thursday, Friday and Saturday. 12-2pm and 7-11pm.



Where possible we use only locally produced ingredients, freshly cooked to order.