

About Australian Cycling Holidays

Australian Cycling Holidays provides self-guided, multi-day cycling tours to individuals, families and groups. Based on the South Coast of NSW, they combine a love of cycling with in-depth local knowledge to provide a selection of stunning tours that showcase the region's scenery and attractions.

Bay and Back Cycle Tour

After spending the night in a beautiful heritage-listed guest house, your first day's cycling takes you from the banks of the Shoalhaven River to the pristine waters of Jervis Bay, where you embark on a 2 hour scenic cruise of the bay. The next day you have the choice of relaxing for the morning, or taking one of the optional scenic rides before cycling back Nowra along quiet country roads.

Distance: 86kms

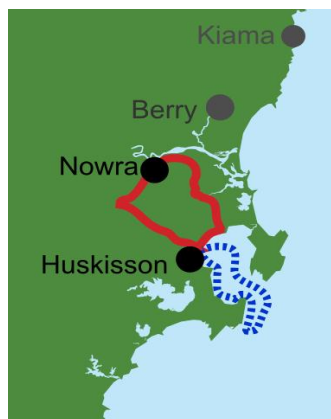
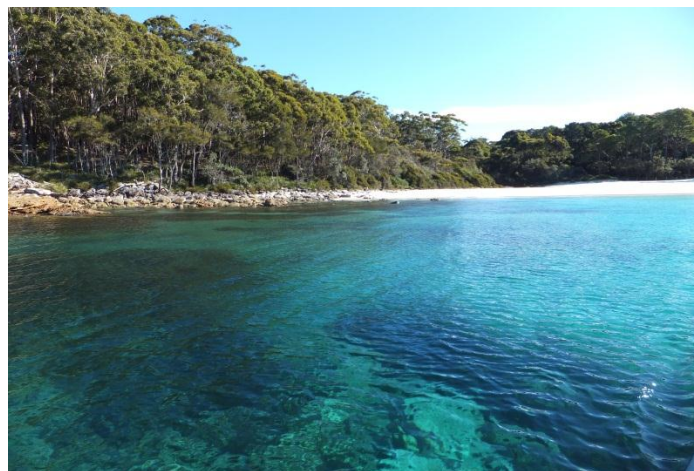
Tour Inclusions

- 2 days cycling.
- 2 nights' accommodation and breakfast.
 - Bed and Breakfast for the first night;
 - Hotel or Bed and Breakfast for the second night.
- Hire of bicycles, helmets, front panniers and cycling equipment.
- Maps and ride notes, detailing route and attractions.
- Water bottle, snack and emergency rain poncho.
- Luggage transfer.
- Ferry transfer to Huskisson.
- Dolphin Wild eco-adventure cruise around Jervis bay.
- Roadside assistance.

Tour Highlights

- Watch out for dolphins, turtles and sometimes even whales from your eco-adventure cruise.
- Relax on the stunning white sand beaches in Jervis Bay.
- Take a break at the heritage-listed Jindyandy mill complex and browse through the antique shops.
- Visit the Lady Denman Maritime Museum.
- Admire the sunset over the Shoalhaven River.
- Wander through the Air Arm Fleet Museum, or take a tour of the beautiful National Trust property Meroogal.
- Discover deserted bays and take a swim in one of the many hidden beaches.

Meals (except breakfast), incidentals, admission to attractions, museums and guided tours are at own expense.



What to bring

- Wear shorts, t-shirt and covered shoes for cycling and walking.
- Sunscreen, sun-glasses and wet-weather gear.
- Jumper for winter; swimmers for warmer months.
- Clothes and accessories for over-night stays. Luggage is limited to 1 bag per person, maximum 20kg.

Location

- Start: **Nowra**. Check-in at the first night's accommodation from 2pm onwards.
 - Nowra is 2.5 hours by car, 3.5 hours by train from Sydney. Train fares from Sydney currently < \$10 per adult.
- Finish: **Nowra**, 4pm, Day 3.

Prices (includes GST)

- \$565 per person based on twin share.
- Single Room Supplement \$132.
- Prices valid until 31/3/2013.

Bookings Essential

- Tours start daily. Tours not available from 20th December through to 26th January.
- Bookings must be made at least 24 hours in advance.
- Participants' heights and ages (if under 18) required.
- Payments by Credit Card or direct transfer.

