

### About Australian Cycling Holidays

Australian Cycling Holidays provides self-guided, multi-day cycling tours to individuals, families and groups. Based on the South Coast of NSW, they combine a love of cycling with in-depth local knowledge to provide some stunning tours showcasing the region's scenery and attractions.

### Grand Pacific Cycle Tour

This is a great short break from Sydney, ideal for those new to cycle touring. Starting in the beautiful forests of Australia's oldest National Park, the tour follows the stunning Illawarra Coast to Wollongong via the Sea Cliff Bridge. The second day starts with a visit to the Nan Tien Temple, then on to the picturesque sea-side town of Kiama. Start and end points easily accessible by train from Sydney. **Distance: 94 kms**

### Tour Inclusions

- 2 days cycling.
- 1 nights' accommodation and breakfast at a 4-star hotel.
- Hire of bicycles, helmets, front panniers and cycling equipment, or bring your own.
  - Baby seats provided for infants.
  - Kids bikes available
- Maps and ride notes, detailing route and attractions.
- Water bottle, snack and emergency rain poncho.
- Luggage transfer.
- Celebratory drink at the end of each day's ride.
- Roadside assistance.

### Tour Highlights

- Watching out for wildlife in the Royal National Park.
- Stunning coastal views from the Illawarra Escarpment
- Cycling over the Sea Cliff Bridge.
- Visit the Nan Tien Temple and gardens, the largest Buddhist temple in the Southern Hemisphere.
- Discover Kiama's dramatic headland, blowhole, lighthouse and museum.
- Fish and chips on the shore of Lake Illawarra, or lunch in one of Shellharbour's many restaurants and cafes.
- Swim in one of the many beautiful beaches in the area, or take a quiet dip in one of the iconic rock-pools.
- Dine by the harbour in Wollongong, watching the ships and pelicans.

Meals (except breakfast), incidentals, admission to attractions, museums and guided tours are at own expense.

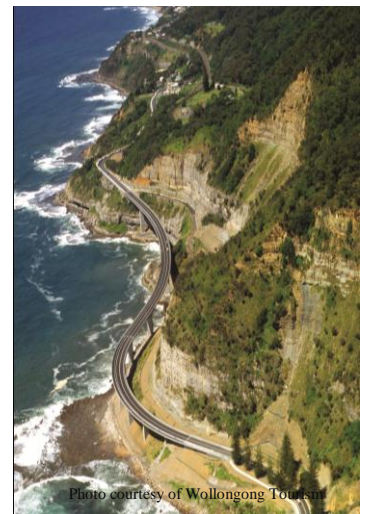


Photo courtesy of Wollongong Tourism

### What to bring

- Wear shorts, t-shirt and covered shoes for cycling
- Sunscreen, sun-glasses and wet-weather gear.
- Jumper for winter; swimmers for warmer months.
- Clothes and accessories for over-night stays. Luggage is limited to 1 bag per person, maximum 20kg.

### Location

- Start: 9 am, **Waterfall Station** on the outskirts of Sydney.
  - 0.75 hours by car, 1 hour by train from Sydney.
- Finish: 4pm, **Kiama Station** on the 2<sup>nd</sup> day.
  - Train takes 1.5 hours to return to Waterfall Stn, 2.5 hours return to Sydney.
  - Train fares are at own expense. Fares currently \$8.20 per adult; on Sundays, all fares are \$2.50.

### Prices (includes GST)

- \$385 per person based on twin share.
- Single Room Supplement \$92.

### Bookings Essential

- Tours start daily except Sundays.
- Bookings must be made at least 24 hours in advance.
- Participants' heights and ages (if under 18) required.
- Payments by Credit Card or direct debit.

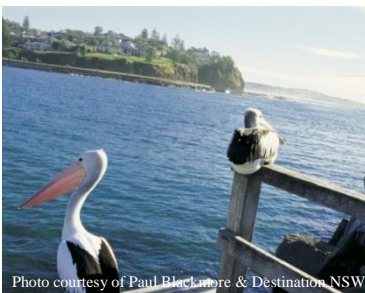


Photo courtesy of Paul Blackmore & Destination NSW

