

# food menu for grown-ups

## lighter dishes

- bruschetta v** - tomatoes, red onions, basil pesto & garlic piled onto toasted ciabatta 4.80
- chicken summer rolls** – chicken, noodles, carrot, cucumber & fresh herbs in soft rice paper with dipping sauce 4.90
- summer rolls v** – noodles, carrot, cucumber & fresh herbs in soft rice paper with dipping sauce 4.50
- griddled haloumi, falafel & roasted pepper stack v** – drizzled with chilli oil & served with flatbread 5.20
- smoked salmon & green bean salad** – dressed with a lemon-infused oil 5.80
- basmati rice, green lentil & tomato pilaf v** – served with flatbread & salad 5.40
- chicken noodle salad** – sweet chilli chicken, peanuts & crunchy vegetables stirred through noodles 5.90

## bigger bowls

served with rice, flatbread & salad

- keralan malabar vegetable curry v** – a south-indian inspired vegetable curry made with coconut milk 6.50
- bean & lentil chilli v** – a slow-cooked bean dish with some mild spicing 6.50
- thai red chicken curry** – a red chilli curry base with coconut milk, ginger & garlic 6.90
- spicy ground beef & bean chilli** – ground steak & a variety of beans cooked with tomatoes & fresh chillies 6.90
- meatball & roasted pepper bake** – homemade meatballs with roasted peppers sauce & parmesan 6.90

## pasta plates

sprinkled with parmesan & served with salad

- simple tomato sauce v** - our special recipe homemade tomato sauce 5.20
- green beans & basil pesto v** – simple & classic genovese basil pesto 5.30
- homemade mixed herb meatballs** - baked in our homemade tomato sauce 5.90
- chicken & roasted pepper** - marinated chicken in a roasted pepper sauce 5.90
- chicken, green beans & basil pesto** - marinated chicken & green beans in our classic genovese basil pesto 5.90

## jackets

served with salad 3.00

- add butter v** – 0.00 **add cheese v** - 0.70 **add beans v** – 1.00 **add sweetcorn v** – 1.00 **add tuna** – 1.20 **add tuna, sweetcorn mayo** – 1.90 **add ground beef & bean chilli** – 2.50 **add bean & lentil chilli** – 2.20 **add malabar vegetable curry v** – 2.20 **add thai red chicken curry** – 2.50

## sandwiches

- mozzarella, tomato & basil pesto panini v** 4.30
- chicken, roasted pepper & mozzarella panini** 4.70
- marinated mixed herb meatball & mozzarella panini** 4.70
- falafel, hummus & green chilli wrap v** 4.60
- haloumi & roasted pepper wrap v** 4.70
- mature cheddar, caramelised onion & crunchy salad ciabatta v, without/with honey roast ham** 4.40/4.90
- sweet chilli chicken, coriander & crunchy salad ciabatta** 4.90

## afternoon tea

finger s&wiches, scones with strawberries & freshly whipped cream, mini treats, endless teapigs tea & beanies-blend coffee

12.00 per person or 20.00 for two - 5.00 per child for optional crèche/supervised play (1 hour)

## sweet treats & other nice things

- apple crumble & ice cream** – 3.00 **chocolate fondant & ice cream** – 3.00 **cupcake** – 1.60 **cake slice** – 2.50 **cookie** – 0.70 **chocolate brownie** – 1.60 **raspberry/coconut slice** – 1.80 **flapjack** – 1.80
- orkers crisps** – 0.70

lots of other lovely treats can be found opposite the front counter

# drinks menu for grown-ups

## beanies-blend coffees

latte - 2.40

cappuccino - 2.30

americano - 2.00

flat white - 2.50

mocha - 2.60

iced coffee (vanilla, hazelnut, butterscotch or amaretto) - 2.80

add extra shot - 0.30

add syrup (vanilla, hazelnut, butterscotch or amaretto) - 0.30

## hot chocolate

2.40 add marshmallows - 0.30 add cream - 0.30

## teapigs teas

1.80

english breakfast - earl grey - rooibos - rooibos crème caramel - chamomile - superfruit - green - peppermint - lemon & ginger

## cold drinks

coca cola - diet coca cola - 1.20

fentimans pink lemonade - fentimans ginger beer - 1.90

san pellegrino aranciata - san pellegrino limonata - 1.60

mangajo goji-berry & green tea - mangajo pomegranate & green tea - 1.90

fresh orange juice - fresh apple juice - 1.90

strawberry milkshake - chocolate milkshake - 1.90

rocks orange squash - rocks blackcurrant squash - 1.50

san pellegrino sparkling water - 1.80

harrogate still water - 1.00