

individual/permanent lashes

Patch test required 24-48 hours before treatment.

full set (approx 1 hour 45 mins)	from 55
infills	from 25
removal	20
flare lashes (approx 25 mins)	20

waxing

full leg	20
half leg	15
bikini	10
Brazilian	25
underarm	7
eyebrow	7
eyebrow reshape	10
lip or chin	5

Xen Tan spray tan

full body (approx 30 mins)	25
face and shoulder (approx 15 mins)	12

especially for men

Clarins skin blitz facial (approx 1 hour)	40
Clarins energising back massage (approx 40 mins)	30
Clarins muscle ease body massage (approx 1 hour)	45
Hoste signature back facial (approx 40 mins)	35
back or chest wax	15
eyebrow wax	7
Hoste signature manicure (approx 30 mins)	25
Hoste signature luxury manicure (approx 45 mins)	30
Hoste signature pedicure (approx 30 mins)	25
Hoste signature luxury pedicure (approx 45 mins)	30

We suggest you arrive 10 minutes before your appointment to fill out the required client details and to allow your treatment to start on time. Arriving late will unfortunately reduce your treatment time. All treatments allow sufficient time for you to settle into the treatment room, enjoy your treatment and relax afterwards. As treatments are reserved for you, a cancellation fee of 50% of the treatment cost will be incurred if less than 24 hours notice is given. Please remember to bring open-toed shoes for pedicures. Children under the age of 16 years must be accompanied by an adult. Mobile phones must be switched off or on silent to preserve the tranquility of the spa. Please advise us of any medical health conditions, injuries, allergies when booking treatments. We carry out patch tests 12 - 48 hours before treatment for tinting and individual lashes, so please allow for this when booking your appointment.

We look forward to welcoming you.

beauty packages

day package - 10 am - 3 pm

Book a minimum of three treatments (to the value to £60 per person) and receive a 20% discount off all treatments. Enjoy a complimentary glass of fizz and the use of the hot tub and spa garden between 10 am and 3 pm plus you'll receive a Hoste Beauty Spa goody bag. A two-course spa lunch at £20 per person must be booked as part of the package.

romance package - £160 per couple

Each of you will enjoy a full body aromatherapy massage side-by-side in the comfort of the double treatment room. You will also both receive a complimentary glass of fizz and truffles on arrival and will have the use of the hot tub and spa garden for half an hour prior to your treatment.

mother and daughter package - £170 per couple

Enjoy a Gatineau facial side-by-side in the double treatment room and a Hoste signature express pedicure side-by-side and you'll receive a complimentary glass of fizz and a Hoste Beauty Spa goody bag to take away. You'll also have use of the hot tub and spa garden for half an hour prior to your treatment.

champagne afternoon tea package - £70 per person

After taking champagne afternoon tea in our conservatory restaurant enjoy a 30 minute mini facial followed by a mini back massage with essential oils for 30 minutes to relieve those aches and stresses. Select from Clarins or Gatineau products. A wonderfully indulgent gift or treat.

pamper night - minimum four people - 5 pm - 8 pm

Enjoy exclusive use of The Hoste Beauty Spa in the company of four or more of your friends or family. Each of you will receive a complimentary glass of fizz and truffles, a Hoste Beauty Spa goody bag and use of the hot tub and spa garden. A minimum of two treatments per person must be booked to the value of minimum £50 per person - these treatments receive a 10% discount. This evening must be pre-booked so it can be tailored to your individual needs.

hot tub and spa garden

The hot tub is open from 10 am - 7 pm daily and is a wonderful way to relax in the comfort of our private spa garden. For the exclusive use of residents and spa guests, it can be booked for 30 minutes at a cost of £7 per person, per half hour (maximum 6 people).

gift vouchers

Hoste Beauty Spa gift vouchers make a great present for someone special. Order from our Beauty Spa receptionist on 01328 737022 or online.

Hoste Beauty Spa shop

The Hoste Beauty Spa shop sells a wide range of Clarins, Gatineau Jessica, Xen Tan and Molton Brown products and gifts.

beauty spa



the hoste

The Hoste, The Green,
Burnham Market, Norfolk, PE31 8HD

Open Monday - Sunday 10am - 7pm

01328 737022

Beauty@thehoste.com

facials

Hoste signature

Hoste signature mini facial (approx 30 mins) 25
Using either Clarins or Gatineau products, this is a quick fix which involves a cleanse, tone, exfoliation, mask and moisturise.

Hoste signature facial (approx 1 hour) 45
Using either Clarins or Gatineau products; this involves a massage, facial cleanse, tone, exfoliation, mask and moisturise.

Clarins

aromatic balancer facial (approx 1 hour) 40
Oily, congested, dry and dull, dehydrated, sensitive... whatever your skin condition, this customised treatment will re-balance and coax it back to blooming.

tri-active facial (approx 1 hour 15 mins) 60
Six new highly personalised results-driven facial treatments – the youth activator; the lifting line smoother; the radiance reviver; the moisture replenisher; the skin healer; the detox and shine stopper.

Gatineau

pro-cleansing facial (approx 1 hour 15 mins) 60
A personalised deep cleansing treatment using a gentle stimuli to penetrate active products much deeper into the skin.

pro-lifting facial (approx 1hr 15mins) 60
The non-surgical facelift. A 30+ facial lifting treatment to introduce firmness and tone. It reduces puffiness and redefines facial features.

collagen plumping facial (approx 1 hour) 50
Gatineau's replenishing, wrinkle-reducing treatment boosts your skin and uplifts your spirit. This collagen rich facial will combat dehydration, plump out and smooth fine lines and wrinkles.

radiance revealing facial (approx 50 mins) 50
Regain the radiance and vitality that life takes out of your skin. This unique facial, rich in vitamin C, combats the effects of modern living, leaving the skin brighter, energised and glowing.

melatogenine anti-wrinkle facial (approx 1 hour) 55
A high-definition anti-wrinkle treatment for women who wish to preserve their youth. Treating the three face zones with specific serums and Gatineau's new professional tool, lines and wrinkles are smoothed and the skin appears plumped and supple.

age benefit facial (approx 1 hour) 55
A complete anti ageing facial that redefines the facial contour and leaves the face remodelled as if lifted. Radiance and vitality is restored to the skin and wrinkles are relaxed, visibly smoothed and appear less profound.

skin renewal facial (approx 50 mins) 55
A powerful 'resurfacing' treatment designed for all skin types looking to refine skin texture and minimise the signs of ageing to restore a radiant complexion.

body treatments

Clarins detox body wrap (approx 55 mins) 55

Clarins aromatic polisher (approx 40 mins) 30
Body exfoliation treatment.

Ionithermie cellulite treatment (approx 1 hour 30 mins) 70

Ionithermie cellulite treatment (course of 3) 180

small treatments

revitalise eyes (approx 25 mins) 25
Detoxifying, reduces puffiness and increases firmness.

revive your legs (approx 25 mins) 30
For mothers to be or tired legs, an uplifting treatment.

paraffin wax treatment (approx 30 mins) 25
Poor circulation, arthritis, extremely dry skin. This will nourish your hands or feet.

eyelash tint (approx 20 mins) 10

eyebrow tint (approx 15 mins) 8
Tinting requires a patch test 12 hours before the treatment.

ear piercing approx 20 mins from 15
Includes aftercare solution and earrings.

holistic

hopi ear candles (approx 30 mins) 20

Hoste signature mini back massage (approx 30 mins) 25

Hoste signature full body massage (approx 1 hour) 45

Clarins mother-to-be face/body (approx 1 hour 15 mins) 45

aromatherapy full body massage (approx 1 hour 20 mins) 65

aromatherapy back, neck, face massage (approx 1 hour) 45

stone full body massage (approx 1 hour 20 mins) 70

stone back, neck, face massage (approx 1 hour) 50

reflexology (approx 50 mins) 45

reflexology with back massage (approx 1 hour 20 mins) 65

lava shell full body massage (approx 1 hour 20 mins) 75

lava shell back, neck, face massage (approx 1 hour) 55

hot herbal full body massage (approx 1 hour 20 mins) 80

hot herbal back, neck, face massage (approx 1 hour) 60

Indian head massage (approx 45 mins) 35

manicure and pedicure

Hoste signature

Hoste signature manicure (approx 45 mins) 28
File, soak, cuticles, polish.

Hoste signature luxury manicure (approx 1 hour) 35
File, exfoliate, mask, massage, cuticles, polish. (includes a bottle of nail polish)

Hoste signature pedicure (approx 45 mins) 28
File, rasp, soak, cuticles, polish.

Hoste signature luxury pedicure (approx 1 hour 15 mins) 45
File, rasp, exfoliate, mask, massage, cuticles, polish. (includes a bottle of nail polish)

Hoste signature express pedicure (approx 30 mins) 20
file and paint toe nails.

Hoste signature express manicure (approx 30 mins) 20
file and paint finger nails.

Jessica geleration UV polish

overlays on natural nail (approx 1 hour) 30

overlays on toe nails (approx 45 mins) 25

extended length (tips) (approx 1 hour 30 mins) 45

infills (approx 1 hour) 30

soak off (approx 30 mins) 8

make-up

Clarins express (approx 30 mins) 20

Clarins masterclass (approx 50 mins) 30