

## continental breakfast

selection of cereals:

special k, crunchy nut, fruit & fibre, weetabix or muesli

hot Scottish porridge oats with honey

Greek yoghurt served plain, with raspberry or mango fruit puree

fresh fruit salad

pink grapefruit

soaked prunes and apricots

smoothie

selection of fruit juices:

cranberry, apple, tomato, grapefruit or freshly squeezed orange juice

white and brown toast

home baked butter croissants or pain au chocolat

### champagne

glass of champagne moutard 8

glass of bucks fizz 5

## cooked breakfast

local free range boiled eggs with buttered soldiers

local free range eggs scrambled with  
Letzer's smoked salmon

Letzer's oak smoked kippers

Local free range eggs benedict with Letzer's smoked  
salmon or parma ham

full English breakfast

or a choice of

Ryburgh sausage, grilled tomato, black pudding, field  
mushroom, Ryburgh smoked back bacon, baked beans,  
fried, scrambled or poached  
local free range egg

### teas

English breakfast, earl grey, camomile, peppermint,  
raspberry, darjeeling,  
lapsang souchong

### coffee

Traditional roast ground filter or decaffeinated