KICS ... Rattle Gill Café

Smaller portions perfect for smaller bellies!

Food		Drinks	
Soup of the Day		Cold	
Little Monkey Soup of the day with Chunky Bread £3		Organic Squash (please see our menu board) Fairtrade Orange Fruit Carton	£ 1
Jacket Potatoes		Fairtrade Tropical Fruit Carton Glass of cold Milk Organic Lemonade	£1 £1 £2
Jacket Potato with Beans	£3 ¹ /2	Organic Cola	£2
Jacket Potato with Cheese	£31/2		
Jacket Potato with Veggie Chilli & Cheese	£3 ¹ /2	Shakes	
Toasts		Made with ice cream & served with cream.	
		Banana	£3
Beans on Chunky Toast	£2 ¹ /2	Chocolate	£3
Spaghetti on Chunky Toast	£2 ¹ /2	Strawberry	£3
Chunky Toast with Butter & Jam	£1 ¹ /2		
		Hot	
Sandwiches		Fairtrada Hat Chanalata (with as without assam)	£ 2
Organia Chassa	c 0 1 /o	Fairtrade Hot Chocolate (with or without cream) Hot Milk	£l
Organic Cheese	£21/2	Babycino	£i
Peanut Butter & Jam	£21/2		
Banana	£2 ¹ /2		

Salad

Kiddies Salad £ 3

Please note that some of our products contain nuts, eggs, milk, gluten & soya All main food is served until 4pm

mr frog a Rattle Gill Café

mr frog says...

'Can you find these lakes of the lake district in my word search?'

ULLSWATER
THIRLMERE
DERWENT
ENNERDALE
WAST
CONISTON
ESTHWAITE
WINDERMERE
RYDAL
GRASMERE
HAWESWATER



