



To BEGIN

Homemade Soup of the day	£4.75
Served with a Crusty Bread Roll	
Stuffed Potato Skins	£5.95
Stuffed with Bacon and Mushrooms topped with Melted Cheddar Served with a Garlic Mayonnaise	
Deville Wild Mushroom on Toast	£6.25
Wild Mushrooms in a Brandy, Paprika and Cream Sauce served on Toasted Ciabatta	
Caesar Salad	£6.50
Made with Cos Lettuce, Bacon, Egg and Anchovy Fillets Topped with a Creamy Caesar Dressing, Croutons and Parmesan Shavings	
Deep Fried Breaded Brie	£5.95
Served with Mixed Leaves and Plum and Apple Chutney	
Homemade Chicken Liver and Cognac Pate	£5.95
Served with a Plum and Apple Chutney & Toasted Brioche	
Baked Goats Cheese and Red Onion Tart	£5.95
Rosemary infused Goats Cheese and Caramelized Red Onion Tart, homemade and baked to order with Balsamic Dressed Leaves	
Fanned Melon served with a Fruit Compote and Sorbet	£5.50
Garlic Ciabatta Bread	£3.00
Garlic Bread Supreme	£4.50
Garlic Ciabatta Bread Topped with Melted Mozzarella and Cheddar Cheese	
Fresh Calamari Rings	£5.95
Deep Fried in Batter and served with a Garlic Mayonnaise	
Home-made Smoked Haddock and Prawn Fishcakes	Starter £6.25
Served with a Sweet Chilli Dip	Main £11.00
Breaded Whitebait	£5.75
Served on a Bed of Leaves with Garlic Mayonnaise	
Tempura King Prawns	£5.95
Served with a Sweet Chilli Dip	
The Rose's Traditional Prawn Cocktail	£6.25
Greenland Prawns served on Crisp Iceberg Lettuce, Topped with Marie-Rose Sauce and served with Brown Bread and Butter	
Sharing Seafood Platter (for 2)	£10.50
Quenelle of Cromer Crab, Poached Scottish Salmon, Timbale of Greenland Prawns, Mediterranean King Prawns dressed with a "Bloody Mary Sauce" & Served with Mixed Leaves & Brown Bread and Butter	



To FOLLOW.....

FROM THE SEA

Fresh Fillets of Sea bass Topped with a Prawn and Garlic Butter	£14.50
Pan-fried Sea bass Fillets topped with a Prawn and Garlic Butter, Served on Crushed New Potatoes with Fresh Vegetables	
Fresh Scottish Salmon Melt	£13.95
Pan-fried fresh Scottish Salmon Served on a Bed of wilted Spinach in a Lobster Sauce topped with melted Mozzarella Cheese	
<i>Fish and Chips</i> - Choose from: ~	
Fresh Fillet of Cod or Haddock	£11.50
Fresh Fillet of Plaice	£13.50
All are Deep Fried in our Ale Batter and served with Chunky Chips and Peas	
Breaded Whole Tail Scampi	£10.00
Served with Homemade Tartar Sauce	
Fresh Fillet of Plaice	£13.50
Grilled and served with a choice of Potatoes, Peas and home-made Tartar Sauce	
The Roses Homemade Fish Pie	£12.50
Naturally Smoked Haddock, Salmon, Cod and Prawns in a Creamy Lobster Sauce Encircled in Mashed Potato and topped with Puff Pastry	
Haddock and Prawn Mornay	£13.95
Fresh Fillet of Haddock with Greenland Prawns served with a choice of Potatoes in a Lobster and Cheese Sauce	

VEGETARIAN OPTIONS

Homemade Roasted Vegetable Stroganoff (V)	£12.50
Served in Creamy Brandy Sauce with Savory Rice and a Mixed Salad	
Home-made Roasted Vegetable Lasagne (V)	£11.00
Served with Garlic Bread and a Mixed Salad	
Spinach and Ricotta Tortellini Provençale (V)	£11.50
Served with Garlic Bread and a Mixed Salad	



FROM THE GRILL.....

SCOTTISH STEAKS

Our Beef is all sourced directly from the Scottish Highlands, it is aged (hung) for a minimum of 21 days, and cooked to your liking from our Char Grill.

All are served with Grilled Field Mushrooms, Grilled Tomato, Chunky Chips and Garden Peas

10 oz Scottish Rib-Eye Steak £16.50

Has a seam of fat which bastes the steak as it cooks, big on flavour

8 oz Scottish Rump Steak £13.95

The hardworking rump is aged for a longer, it's big on flavour

7 oz Scottish Fillet Steak £17.50

The laziest muscle on the cow, the tender steak

SURF AND TURF

Have any of our wonderful steaks with Three Mediterranean King Prawns for just £2.99, served with optional Garlic Butter

Optional Extras: Garlic Butter

Creamy Peppercorn Sauce	£2.50
Melted Stilton	£2.50
Battered Onion Rings	£1.75
Side Salad	£2.00

ALSO FROM THE GRILL

New Season Lamb Chops £14.50

Highland New Season Lamb served with a Rosemary and Garlic Butter, Grilled Tomato and Mushrooms

The Roses Meat Mixed Grill £17.50

Char-grilled Rump Steak, Gammon & Pork Steak, Lamb Chop and Sausage served with 2 Fried Eggs, Grilled Tomato, Field Mushrooms and Fried Onion Rings

8 oz Succulent Suffolk Gammon Steak £12.50

Grilled and Served with Grilled Tomato and Field Mushroom and Either Two Fried Eggs or Pineapple

The Roses Homemade Half Pound Prime 100% Beef Burger £10.50

Served with Chips, Salad and a Tomato Relish

Additional Extras (50p each):- Bacon, Melted Cheese (Stilton or Cheddar)

Chicken "N" Ribs £13.95

Marinated Breast of Chicken & Suffolk Pork Belly Ribs Char Grilled and served with our Homemade Barbeque Sauce, Served with Chunky Chips and a Side Salad



SOME OF OUR FAVOURITES

Chinese Style Roasted Duck Breast	£14.50
Served on a Bed of Stir Fried Vegetables and Noodles with a Hoi sin Dressing. Served on a bed of Savory Rice and a Salad	
The Roses Famous Suffolk Ham, Egg and Chunky Chips	£9.75
Slices of Suffolk Ham served with 2 Eggs, Chunky Chips and Peas	
Homemade Steak and Ale Pie	£11.50
Topped with a Short Crust Pastry Lid and served with Mashed Potatoes and a selection of fresh Vegetables	
Chicken Stroganoff	£13.50
Pan-fried Chicken Breast, Wild Mushroom, Brandy and Paprika Cream Sauce. Served on a bed of Savory Rice and a Salad	
Prime Beef Lasagne	£11.50
Layers of Lasagne, Homemade Bolognese Sauce and Cheese Sauce, Topped with Melted Mozzarella and served with a Side Salad and Garlic Bread	

SALADS AND OMELETTE'S

Cromer Crab Salad	£13.50
Fresh Dressed Cromer Crab served with a Mixed Salad and New Potatoes	
Warm Cajun Chicken Salad	£10.50
Cajun Spiced Strips of Chicken served with a Mixed Salad, Tomato Salsa and and Chunky Chips	
Caesar Salad	£10.50
Made with Cos Lettuce, Bacon, Egg and Anchovy Fillets Topped with a Creamy Caesar Dressing, Croutons and Parmesan Shavings	
	With Char grilled Chicken £12.50
Poached Scottish Salmon Mayonnaise Salad	£12.00
Served with Mixed Salad and New Potatoes	
Thick Sliced Ham Salad	£9.00
Suffolk Ham served with a Mixed Salad and New Potatoes	
Three Egg Omelette	£8.00
Additional Fillings (25p each): Ham, Bacon, Cheddar, Stilton, Peppers, Onion, Mushroom	



LIGHTER BITES

FILLED CIABATTA & BAGUETTES

All Served with Chips and a Salad Garnish

Bacon and Brie	£7.25
Sausage and Onion	£7.25
Rump Steak, Wholegrain Mustard and Mayonnaise with Iceberg Lettuce	£8.95
Mushroom, Stilton with Plum & Apple Chutney	£6.75
Cajun Chicken & Mozzarella	£7.25

SANDWICHES

Served on White or Whole meal Bread with a Salad Garnish

Prawn Cocktail Sandwich Greenland Prawns topped with Homemade Marie Rose Sauce and Iceberg Lettuce	£6.50
Cheddar and Chutney Sandwich	£4.75
Suffolk Ham Sandwich	£4.75
Poached Scottish Salmon Sandwich With Mayonnaise	£6.50
Cromer Crab and Cucumber Sandwich	£6.75
Classic Ham & Cheese Toasty Toasted home- cooked Suffolk Ham topped with Melted Cheddar Cheese	£6.50

WRAPS

Flour Tortillas Wraps served with Chips and a Salad Garnish

Coronation Chicken	£7.25
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PLOUGHMAN'S LUNCH

The Rose' Special Ploughman's A mixed salad with Chutney, Mild Cheddar, Stilton and Ham served with Crusty Bread Rolls	£7.50
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If you're in a rush or only have an hour for lunch why not phone your orders ahead of your arrival and we shall have them ready and waiting for you