

## Holistic Swedish Massage

### Sessions time and charges:

- **70 minutes** – Full body, face & scalp included **£40**
- **60 minutes** – Body only **£35**
- **45 minutes** – Upper body, face & scalp **£28**
- **30 minutes** – Upper or lower body only **£22**

*Please note:- Body massage treatments are offered to female clients only.*

## Pregnancy Massage

### Sessions time and charges:

- **90 minutes** – Luxury, includes full body, face, scalp and muscles stretches **£49**
- **70 minutes** – Full body, face & scalp **£40**
- **60 minutes** – Body only **£37**
- **45 minutes** – Upper body, face & scalp **£30**
- **30 minutes** – Upper or lower body only **£24**
- **30 minutes** – Abdominal massage and acupressure points stimulation\* **£25**

\* suitable only from two weeks prior due date. Abdominal massage will be applied for longer than the usual 5 minutes for labour preparation.

## Indian Head Massage

### Sessions time and charges:

- **30 minutes - £20**

If you are an employer and would like to offer gift vouchers to your employees, you can now book online multiple gift vouchers discounted packages:

- package of 10 gift vouchers **£170**
- package of 15 gift vouchers **£250**

## Reflexology treatment

### **Sessions time and charges:**

- **60 minutes** – Full treatment **£40**
- **Package of 6 treatments** – **£210** (save £5 pounds for each treatment!).

*Packages must be booked and paid in advance.*

## Chinese Foot Massage

### **Sessions time and charges:**

**60 minutes** – **£40**