

# Cinnamon

Indian Buffet Restaurant & Takeaway

## TAKEAWAY MENU



Open 7 days.

Monday to Thursday 5:30 to 11:00 p.m

Friday & Saturday 5:30 to 11:30 p.m

Sunday 12 Noon to 10:30 p.m

Cinnamon Restaurant and Takeaway,  
Broadlands Retail Centre, Gentle Way,  
Broadlands, Bridgend, CF31 5EJ

Tel: 01656 648222

[www.cinnamonbridgend.co.uk](http://www.cinnamonbridgend.co.uk)

At Cinnamon we pride ourselves in using only the freshest and finest ingredients in our meals. We do not use any processed chicken or meat. We use fresh chicken breast only. We aim to provide you with the quality you expect from us.

### Traditional Starters

MIXED TANDOORI	£3.70
Delightful mixture of Chicken tikka, lamb tikka and sheek kebab.	
CHICKEN TIKKA or LAMB TIKKA	£2.90/£3.10
Tender chicken pieces or lamb, marinated with yoghurt & spices roasted in tandoori.	
CHICKEN CHAT	£2.90
Pieces of chicken in a thick, tangy medium spicy sauce.	
TANDOORI LAMB CHOPS	£4.40
Spicy marinated chops grilled in tandoori oven.	
PRAWN PUREE or CHICKEN PUREE	£3.50
Succulent small shrimps or tender chicken, simmered in light spices and herbs. Served on thin fried Punjabi puree (bread).	
SHAMEE KEBAB OR SHEEK KEBAB	£3.10
Minced lamb pan fried with egg topping or roasted on skewers in tandoori oven.	
LAMB MIRPURI	£5.70
Tender lamb dry roasted in a tandoori oven, shredded and pan stirred with Fenugreek, onions, peppers and coriander, with a dash of lemon juice. Nice to share	
KING PRAWN DELIGHT	£5.50
Tandooried king prawn pan fried with onions, coriander in a spicy massala sauce.	
CHICKEN PAKORA	£3.10
Strips of tender chicken, lightly spiced and deep fried in a chickpea flour batter.	
KING PRAWN GARLIC	£5.50
King prawns in garlic sauce with a touch of fenugreek and coriander.	
MEAT SOMOSAS (3 pieces) spicy lamb in a thin crispy pastry	£2.50
MIXED THALIA PLATTER	£5.80
With onion bhajees (2), meat somosas (2), Spicy Lamb kebab (2), Chicken pakora (2). Served with salad. Nice to share	

### Vegetarian Starters

GARLIC MUSHROOMS	£2.75
Stir fried in a butter sauce with garlic and fenugreek and coriander.	
BOMBAY VEGETABLE THALIA PLATTER	£5.40
With Allo Vadha (lightly spiced potatoes, curry leaves, green chillies deep fried in chick pea batter), Kasoori (spicy lentils with a mixture of herbs & spices, deep fried), vegetable Somosas (2), onion bhajees(2), and chana chat . Nice to share	
ONION BHAJEES (4 pieces)	£2.45
ALOO CHAT	£2.60
Small pieces of potatoes in a thick, tangy spicy sauce.	
VEGETABLE SOMOSAS (3 pieces)	£2.50

## Specialities

THARAV SOFYANI Medium	£7.40
Duckling breast sliced and seasoned with whole red chillies, fresh coriander, fenugreek, cooked in a thick spicy sauce.	
MURG-E-BAHAR Medium	£7.70
Marinated chicken breast rolled with spicy minced lamb, cooked with fresh coriander, almond powder, Kashmiri Massala, fenugreek and tomato in a smooth creamy sauce.	
MURG MIRCH MASSALA Medium to Hot	£6.40
Tender pieces of chicken, delicately marinated in traditional tikka marinade, broiled in the tandoori and cooked in a red chilli & tomato sauce.	
KING PRAWN KARAHI Medium	£9.50
Cooked with chopped onions, garlic, capsicum, tomatoes & fresh spices in a thick sauce.	
SOUTH INDIAN GARLIC CHILLI CHICKEN Medium to Hot	£6.40
Marinated chicken pieces, cooked in fresh garlic & chilli sauce with crisp red chillies.	
HOUSE SPECIAL Medium	£8.10
Chicken tikka, lamb tikka and King prawn combined with fresh chillies, green peppers, onions and fresh coriander.	
BADAM LAMB PASSANDA Very Mild	£6.50
Tender lamb cooked with fresh cream and yoghurt, ground almonds and coconut with mixed nuts in a very mild creamy sauce with a dash of red wine.	
KOLAPURI CHICKEN Hot	£6.40
Tender marinated chicken, cooked with small amount of sliced onions, garlic, generous helping of fresh chillies and Kasmiri Massala in a saucy curry.	

## Chef's Recommendations

CHICKEN TIKKA MASSALA - Mild	£6.20
Tender pieces of chicken cooked in a mild creamy sauce with coconuts & almonds.	
MAHARAJAH BHUNA - Medium	£6.50
Tandoori chicken sliced and minced lamb cooked with onions, green pepper, ginger and garlic with fresh herbs.	
KARAHI CHICKEN TIKKA or LAMB TIKKA Medium	£6.20/£6.40
Cooked with chopped onions, sliced ginger, capsicum, tomatoes and fresh spices in a thick sauce.	
CHICKEN TIKKA JALFREZI Medium to Hot	£6.20
Succulent pieces of spring chicken cooked with capsicums, chopped onions, fresh green chillies and fresh herbs.	
MAKHANI CHICKEN - Mild	£6.20
A mild dish cooked with fresh cream, ground almonds & coconuts with a touch of massala spices.	
CHICKEN TIKKA DANSAK Medium to Hot	£6.20
A hot sweet and sour dish cooked with lentils, fenugreek and coriander and a thick slice of lemon.	
TIKKA BHUNA Chicken or Lamb - Medium	£6.20/£6.40
Tandoori chicken tikka or lamb tikka cooked with onions, freshly ground spices and green herbs.	
CHICKEN AND MUSHROOM GARLIC Medium	£6.30
Tandoori chicken tikka with mushrooms and garlic lightly spiced with plenty of sauce.	

## Tandoori Main

CHICKEN TIKKA or LAMB TIKKA	£6.10/£6.40
Chicken or lamb chunks flavoured with hand pounded whole spices, green chillies and garlic in a natural yoghurt marinade. Roasted in a tandoori.	
TANDOORI MIXED GRILL	£8.70
Chicken tikka, lamb tikka, tandoori chicken (1/4) on the bone and sheek kebab, served with naan bread and massala sauce.	
TANDOORI KING PRAWNS	£10.50
King prawns in a light spicy yoghurt marinade, grilled in a tandoori oven.	
TANDOORI SHASHLIC (Chicken or Lamb)	£7.80/£8.00
Chicken or lamb pieces grilled in a tandoori with onion, tomato, and green pepper. Served with massala sauce.	
FISH TIKKA LASSAN	£7.00
Boneless white fleshed fish from the sub continent marinated in delicately herbed spicy yoghurt sauce. Grilled in tandoori oven.	
TANDOORI LAMB CHOPS	£8.60
Our chefs special preparation of spicy marinated lamb chops, grilled in a tandoori oven.	

## Traditional Mild

KORMA CHICKEN or LAMB	£5.50/£5.70
Cooked with ground coconut & almond in a creamy sauce.	
MALAYA CHICKEN or LAMB	£5.60/£5.80
Cooked with pineapple and sultanas in a smooth creamy mild to medium sauce.	
SURMA MOGLAI CHICKEN or LAMB	£5.60/£5.80
A fruity korma made with yoghurt, sultanas, nuts, cream & mango	

## Traditional Medium

BHUNA CHICKEN or LAMB	£5.50/£5.70
Chicken or lamb cooked with onions, green pepper, tomato and fresh herbs.	
ROGON CHICKEN or LAMB	£5.40/£5.60
Cooked with green herbs and spices, garlic, onions and tomatoes.	
DUPIAZA CHICKEN or LAMB	£5.40/£5.60
Chopped onions and green peppers in a thick spicy sauce.	
SAG CHICKEN or LAMB	£5.40/£5.60
With spinach, garlic, ginger and tomatoes.	
SHALI CHICKEN or LAMB	£5.40/£5.60
Cooked in a thick medium spicy sauce, with crispy straw potatoe topping.	
TANGA CHICKEN or LAMB	£5.40/£5.60
Cooked with fried sliced garlic, a good helping of fresh tomato and fresh herbs in a medium sauce.	
CHICKEN or LAMB CURRY	£5.30/£5.50

## Balti

Cooked with fresh tomatoes, coriander and garlic in a delicious sauce.

BALTI CHICKEN or LAMB Medium	£5.80/£6.00
BALTI CHICKEN TIKKA Medium	£6.20
BALTI JALFREZI (Chicken Tikka or Lamb Tikka) Hot	£6.30/£6.50
BALTI KING PRAWNS Medium	£9.50
BALTI EXOTIC (WITH CHICKEN, LAMB, PRAWNS & SPINACH) Medium	£6.60

Baltis with extras of your choice, please add £0.50 Mushrooms / spinach / mixed vegetables / potatoes

## Biriani

Served with a mild to medium sauce.

CHICKEN or LAMB BIRIANI	£6.90/£7.10
CHICKEN TIKKA BIRIANI	£7.40
PRAWN BIRIANI	£7.20
VEGETABLE BIRIANI	£6.10
MAHARAJAH BIRIANI	£7.90

Prepared with chicken tikka, lamb tikka and minced lamb served with a topping of salad, almonds and sultanas.

## Vegetarian

KASHMIRI VEGETABLE MASSALA Mild	£4.90
Mixed vegetables in a creamy mild yoghurt sauce.	
JALFREZI VEGETABLE PANEER Medium to Hot	£4.90
Mixed vegetables cooked with green chillies, fresh spices and cottage cheese.	
DANSAK VEGETABLE or CHANA Medium to Hot	£4.90
Mixed vegetables or chick peas in a hot sweet and sour curry with lentils and mixed herbs and lemon.	
PANEER TIKKA KARAHI Medium	£5.40
Cubed pressed cottage cheese, grilled in tandoori oven and cooked with chopped onions, sliced ginger, capsicum, tomatoes and fresh spices.	
	Side Main
SAG PANEER	£2.85 £4.90
Home made cottage cheese with fresh shredded spinach.	
ALOO GOBI or SAG ALOO	£2.85 £4.90
Potatoes and cauliflower or spinach and potatoes.	
BRINJAL BHAJEE or SAG BHAJEE	£2.85 £4.80
Aubergines or spinach	
MUSHROOM BHAJEE or BINDI BHAJEE (okra)	£2.85 £4.80
BOMBAY ALOO or CHANA BHAJEE (chick peas)	£2.85 £4.80
Spicy potato or chick pea bhajee	
DAL TARKA Lentils with garlic, butter and herbs.	£2.85 £4.80

## Rice and roti

PLAIN BOILED RICE	£1.90	CHIPS	£1.90
PILAU RICE	£2.10	CHAPATTI	£1.20
MUSHROOM FRIED RICE	£2.40	NAAN PLAIN	£1.75
KEEMA FRIED RICE (MINCED LAMB)	£2.50	NAAN KEEMA / PESHWARI / GARLIC	£2.25
SPECIAL FRIED RICE (EGG & PEAS)	£2.40	PARATHA	£1.90
HALF & HALF	£2.50	PAPADOM Each	£0.70
		CHUTNEYS (3)	£1.00

## Traditional Hot

MADRAS or VINDALOO CHICKEN or LAMB	£5.40/£5.60
Chicken or lamb cooked in a fairly hot / very hot spiced sauce.	
PATHIA CHICKEN or LAMB	£5.40/£5.60
Cooked with onions, fresh herbs and spices in a hot sweet and sour sauce	
DANSAK CHICKEN or LAMB	£5.40/£5.60
With lentils and fenugreek in a thick, hot sweet and sour sauce	

## Sea Food

Available with king prawns at an extra cost of £3.60

BHUNA PRAWNS Medium	£5.70
Cooked with sliced onions, green peppers, ginger, garlic and fresh herbs.	
PATHIA PRAWNS Medium to Hot	£5.70
Cooked in a slightly sweet and sour hot sauce.	
SAG PRAWNS Medium	£5.70
Cooked with spinach and fresh herbs and spices.	
DANSAK PRAWNS Medium to Hot	£5.70
With lentils and fenugreek in a hot sweet and sour sauce with a thick slice of lemon.	
SHALI PRAWNS Medium	£5.70
Spicy prawns in a thick sauce with a topping of fried straw potatoes.	
MEDIUM , MADRAS or VINDALOO PRAWNS	£5.70
Medium, fairly hot and very hot curries respectively.	
KORMA PRAWNS	£5.70
Very mild curry cooked with coconut and almond powder and lots of cream.	

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## EXTRA VALUE SET MEALS

These set meals are cheaper than ordering individual items,  
as such the selections cannot be changed with alternative dishes.  
But please feel free to add extra items if required.

### Hot & Sweet For 2

2 Papadoms + Chutneys,
1 Mixed Tandoori - Starter
1 Chicken Tikka Massala, 1 Chicken Jalfrezi
2 Pilau Rice, 1 Plain Naan
£19.95

### Mild & Creamy For 2

2 Papadoms + Chutneys
1 Onion Bhajees,
1 Chicken Korma 1 Chicken Tikka Massala,
2 Pilau Rice, 1 Plain Naan
£18.95

### Traditional Classic For 2

2 Popadoms + Chutneys
1 Onion Bhajees, 1 Mixed Tandoori - Starter
1 Chicken Tikka Massala(mild)
1 Rogon Josh Chicken(medium)
2 Pilau Rice, 1 Plain Naan Bread
£22.50

### Vegetarian For 2

2 Papadoms + Chutneys
1 Onion Bhajees And, 1 Vegetable Somosas
1 Kashmiri Vegetable Massala
1 Sag Paneer
2 Pilau Rice, 1 Plain Naan
£18.95



## Variety For 4/6

- 4 Popadoms + Chutneys
  - 1 Tandoori Mixed Grill Selection
  - Chicken Tikka, Lamb Tikka, Tandoori Chicken (1/4) On The Bone And Sheek Kebab.
  - 1 Onion Bhajejs
  - 1 Vegetable Somosas
  - 1 Balti Exotic (medium)
  - 1 South Indian Garlic Chilli Chicken (hot)
  - 1 Chicken Tikka Massala (mild)
  - 1 Lamb Rogon Josh (medium)
  - 1 Sag Panner (v)
  - 2 Pilau Rice
  - 1 Mushroom Rice
  - 1 Chips
  - 1 Garlic Naan
  - 1 Plain Naan
- £49.95

## Meal For 1

- 2 Papadoms + Chutneys
  - 1 Mixed Tandoori - Starter
  - 1 Chicken Tikka Massala
  - 1 Pilau Rice
  - 1 Plain Naan
- £12.50



# Eat as much as you like buffet 7 days a week

Sunday to Thursday £ 10.95 (Child under 10\* - £ 5.50)

Friday & Saturday £ 12.95 (Child under 10\* - £ 6.50)

\* Child under 10 or 140cm /4'7"



## Cinnamon Reward Card

Great saving throughout the year with the Cinnamon  
Reward Card.

3 for 2 on takeaway meals (Sun to Thurs),

20% off Buffet Meals (Sun to Thurs),

10% off Buffet and Takeaways ( Friday and Saturday)

Monthly prize draw

\* Terms and conditions apply. Check at restaurant for details.

Card must be purchased at restaurant.

**Please note:** if you have any food allergies let us know some meals may contain nuts or traces of nuts. We will be happy to advise you. Although great care is taken to remove all bones, shells and whole spices some may remain.