

Tel: 051-430-6270

37 Pres Steyn Ave, Westdene, Bloemfontein

### Hours of Operation

Mondays to Fridays 7:30am to 9pm

Saturdays 8am to 5pm

Sundays 10am to 4pm



Poshlab Express Beauty

## Hair Treatments

Blow wave	Duration	Price
Blow Wave - Long	60	190.00
Blow Wave - Mens	30	115.00
Blow Wave - Short	30	160.00
Wash only - No Blow	30	50.00

Cut and Blow	Duration	Price
Cut and Blow - Long	60	230.00
Cut and Blow - Short	45	210.00

Cuts	Duration	Price
Cut as an add-on to other treatments	30	115.00
Cuts - fringe only	10	45.00
Cuts - Long	90	200.00
Cuts - Mens	45	105.00
Cuts - Short	60	155.00

Functions	Duration	Price
Flat Iron Curls	60	250.00
Upstyle - Incl Wash and blow dry	60	320.00
Upstyle - No Wash and blow dry	45	230.00
Curly only- Long	45	195.00
Curly only- Medium	45	170.00
Upstyle Hair - Trial	45	115.00

Hi-/Low lights	Duration	Price
Hi/low lights - Full head - Long	180	540.00
Hi/low lights - Full head - Medium	180	480.00
Hi/low lights - Full head - Short	120	370.00

Hi/low lights - Half head - Long	180	370.00
Hi/low lights - Half head - Medium	180	310.00
Hi/low lights - Half head - Short	120	250.00
Hi/low lights - Mens - Full Head	60	195.00
Hi/low lights - Mens - Half Head	45	140.00
Hi/low lights - Per foil - Long	-	30.00
Hi/low lights - Per foil - Short	-	25.00
Hi-lights - Roots only	120	230.00
Toner only	60	150.00

In-salon Treatment	Duration	Price
Treatment as an add-on to existing treatment	15	80.00
Brizilian - Treatment	90	320.00
Treatment including wash and blow	75	280.00
Mens Hair treatment	45	50.00

Masks	Duration	Price
Mask as an add-on to existing treatment	15	120.00
Mask including wash and blow	75	300.00
Mens Mask	30	60.00

Perm	Duration	Price
Perm - Long	120	500.00
Perm - Medium	120	460.00
Perm - Short	90	360.00

Permanent Colour	Duration	Price
Apply clients own color including wash and blow	100	230.00
Permanent colour - Long	180	540.00
Permanent colour - Medium	120	480.00
Permanent colour - Mens	60	175.00
Permanent colour - Root fill only	120	230.00
Permanent colour - Short	90	370.00

Semi-permanent Colour	Duration	Price
Semi-permanant - Long	180	480.00
Semi-permanant - Medium	120	425.00
Semi-permanant - Mens	60	170.00
Semi-permanant - Refreshing tint	90	320.00

Semi-permanent - Short	90	340.00
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Straightening	Duration	Price
Afro Hair Relaxer	60	140.00
Brazilian Blow Dry (Long)	180	1,500.00
Brazilian Blow Dry (Short to Medium)	180	1,200.00

## Image Consulting

Image Consulting	Duration	Price
Function Preparation Assistance	120	450.00
Grooming Consultation	60	250.00
Full Style Consultation	90	850.00
Wardrobe Mix & Match Session	60	200.00
Wardrobe Shopping Assistance	60	200.00
Full Colour Season Analysis	60	350.00
Body Shape & Figure Analysis	60	350.00
Full Colour Consultation	90	850.00

## Make-up

Make-up	Duration	Price
Brides Maid Makeup	60	350.00
Brides Makeup	60	460.00
Day Makeup	30	175.00
Evening Makeup	60	290.00
Eyes Only Makeup Lesson	60	230.00
Full Face Makeup Lesson	90	460.00
Little Ladies Makeup	30	70.00
Makeup Trial session	60	120.00
Photographic Makeup	60	400.00

Permanent Make Up	Duration	Price
Eye Liner Top or Bottom	60	350.00
Eye Liner Top/Bottom Touch Up	60	300.00
Eyebrows	90	550.00
Eyebrows Touch Up	60	400.00
Eyeliner Top & Bottom	90	550.00
Eyeliner Top & Bottom Touch Up	60	400.00
Full Lip	120	800.00
Full Lip Touch Up	120	700.00

Lip Liner	90	550.00
Lip Liner Touch Up	90	400.00

## Salon Treatments

Bridal/Special Function Packages	Duration	Price
Make up for Bride, Brides Mom and Maid of Honour	180	900.00
Make up for Brides Maid	60	150.00
3 Hour Package <i>(15 mins Fish spa; 60 mins Beauty; 60 mins Hair; 45 mins Make-up)</i>	180	1,400.00
3.5 Hours Package <i>(30 mins Fish spa; 120 mins Beauty; 60 mins Hair; 60 mins Make-up)</i>	270	1,900.00
4 Hours Package <i>(30 mins Fish spa; 90 mins Beauty; 60 mins Hair; 60 mins Make-up)</i>	240	2,250.00

Eye treatments	Duration	Price
Eye Treatment	30	120.00
Eyebrow & Eyelash Tint	30	120.00
Eyebrow Tint	15	55.00
Eyelash Tint	15	70.00
False lashes	30	115.00
Lash Extensions Full Set	120	430.00
Lash Extensions Refil 2 weeks	60	200.00
Lash Extensions Refil 3-4 weeks	90	320.00
Lash Extension Removal	120	115.00

Facials	Duration	Price
Classic Facial	60	300.00
Express Facial	40	190.00
Specialized Facial	70	400.00
BT treatment as an add-on to a Facial <i>(Combines ultrasonic exfoliation with patented microcurrent capabilities)</i>	15	40.00
BT Flash Treatment <i>(Combines ultrasonic exfoliation with patented microcurrent capabilities)</i>	20	90.00

Feet Care	Duration	Price
Express Pedicure	30	120.00
Feet Reflexology	45	120.00
Gents Pedicure	40	120.00
Paraffin Dip	30	100.00

Pedicure	45	160.00
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Fish Spa	Duration	Price
Fish Manicure	60	190.00
Fish Pedicure	60	220.00
Fish Spa - 15 mins	15	60.00
Fish Spa - 30 mins	30	100.00
Fish Spa - 60 mins	60	140.00

Hair Removal - Shave	Duration	Price
Shave - Beard	15	60.00
Shave - Full Leg	30	105.00
Shave - Half Leg	15	85.00
Shave - Under Arm	15	70.00

Hair Removal - Threading	Duration	Price
Threading - Chin	15	35.00
Threading - Eyebrow	15	35.00
Threading - Eyebrows Upper Lip and Chin	20	90.00
Threading - Facial sides	20	60.00
Threading - Full Facial	30	120.00
Threading - Lip	15	35.00
Threading - Eyebrow & Lip	30	60.00

Hair Removal - Wax	Duration	Price
<i>(We offer our full scope of waxing services to both men and women)</i>		
Wax - 3/4 Leg	30	120.00
Wax - Bikini line	30	100.00
Wax - Chest/Back	30	110.00
Wax - Chin	10	45.00
Wax - Eyebrows	15	45.00
Wax - Eyebrows Upper Lip and Chin	30	110.00
Wax - Facial sides	20	70.00
Wax - Full Arm	30	100.00
Wax - Full facial	30	120.00
Wax - Full Leg	30	140.00
Wax - Half Arm	15	70.00
Wax - Half Leg	30	100.00
Wax - Intimate waxing	30	160.00

Wax - Lower Back	30	110.00
Wax - Nostrils	15	40.00
Wax - Tummy	30	110.00
Wax - Under Arm	30	90.00
Wax - Upper lip	15	45.00
Wax - Intimate and Extended	30	180.00

Hand Care	Duration	Price
Express Manicure	30	100.00
Hand Reflexology	35	110.00
Manicure	45	140.00
Paraffin Dip	30	90.00
Shape and Varnish	30	60.00

Hand/Feet Care	Duration	Price
Manicure and Pedicure Combo	90	250.00

Massages	Duration	Price
Back and Neck Massage - 30min	30	130.00
Back and Neck Massage - 45min	45	150.00
Back and Neck Massage - Aromatherapy	45	180.00
Back and Neck Massage - Hot Stone	45	190.00
Back and Neck Massage - Sports	45	170.00
Back Treatment	45	140.00
Facial Massage	30	140.00
Foot Massage	30	120.00
Full Body Massage - Aromatherapy	75	320.00
Full Body Massage - Hot Stone	75	350.00
Full Body Massage - Indian	60	320.00
Full Body Massage - Sports	60	340.00
Full Body Massage - Swedish	60	280.00
Indian Head Massage Incl Wash and blow dry	60	350.00
Leg Massage	30	140.00
Scrub including Shower and Hair wash and blow dry	90	520.00
Scrub only	30	170.00
Indian Head, Neck and Shoulder Massage	30	200.00
Hand Massage	30	90.00
Neck Massage	15	60.00
Dads Fun Session	120	450.00

Dads Pamper Session	75	250.00
Father and Son Treat	210	850.00

Nails	Duration	Price
Acrylic or Gel Refill - Hands	60	140.00
Acrylic or Gel full set	75	230.00
Acrylic or Gel full set with silk	150	270.00
Acrylic or Gel Overlay - Hands	75	180.00
Acrylic or Gel Overlay - Toes	75	150.00
Gel nail extention full set	120	290.00
Gel nail Extentions per nail	30	30.00
Gel nail extentions with silk	150	300.00
Nail art - Sticker art per nail	5	6.00
Nail art - Free hand nail art per nail	20	12.00
Nail Repair - Per Nail	30	35.00
Buff/Soak off (soak, buff & top coat)	45	80.00
Buff/Soak off and Acrylic or Gel Overlay	90	220.00
Tips - Full set with silk (no gel or acrylic)	60	200.00
Varnish only	30	50.00
Gelavish	60	180.00
Buff/Soak off and New set of nails	120	300.00
Acrylic and Gel full set nails	120	280.00
Acrylic and Gel Overlay - Hands	120	240.00
Full set nail art with gel or acrylic overlay	150	300.00
Acrylic or Gel Refill - Toes	60	100.00
Buff/Soak off only	45	60.00
French nails - extra	30	20.00
Full set nail art - including tips with gel or acrylic	150	350.00

Personalized Maintenance/Relaxation Packages	Duration	Price
<i>(*Includes a snack platter of the groups choice. Food can be ordered for other packages as an add-on)</i>		
*Package 1: Body Package for groups of 4-10	180	460.00
<i>(45 min Hot Stone Back &amp; Neck Massage, Express Manicure, Express Pedicure, Garra Rufa Fish Spa, Brow, Lip and Chin Threading)</i>		
Package 1: Body Package for individuals	180	520.00
<i>(45 min Hot Stone Back &amp; Neck Massage, Express Manicure, Express Pedicure, Garra Rufa Fish Spa, Brow, Lip and Chin Threading)</i>		
*Package 2: Indian Body Package for groups of 4-10	240	600.00
<i>(Indian Head Massage, Wash and Blow, Full Face Threading, Indian Full Body Massage, Garra Rufa Fish Spa)</i>		
Package 2: Indian Body Package for individuals	240	700.00
<i>(Indian Head Massage, Wash and Blow, Full Face Threading, Indian Full Body Massage, Garra Rufa Fish Spa)</i>		

*Package 3: Teen Package for groups of 4-10 <i>(Express Facial, Swedish Massage, Brow and Lash Tint, Garra Rufa Fish Spa)</i>	180	300.00
Package 3: Teen Package for individuals <i>(Express Facial, Swedish Massage, Brow and Lash Tint, Garra Rufa Fish Spa)</i>	180	350.00
*Package 4: Hair & Body Package for groups of 4-15 <i>(Garra Rufa Fish Spa, 45 min Hot Stone Back&amp;Neck Massage, Express Mani&amp;Pedi, Full Face Threading, Hair Treatment incl. wash&amp;blow)</i>	240	460.00
Package 4: Hair & Body Package for individuals <i>(Garra Rufa Fish Spa, 45 min Hot Stone Back&amp;Neck Massage, Express Mani&amp;Pedi, Full Face Threading, Hair Treatment incl. wash&amp;blow)</i>	240	520.00
*Package 5: Indian Hair & Body Package for groups of 4-15 <i>(Garra Rufa Fish Spa, Indian Head Massage, Indian Full Body Massage, Full Face Threading, Hair Treatment incl. wash and blow)</i>	240	460.00
Package 5: Indian Hair & Body Package for individuals <i>(Garra Rufa Fish Spa, Indian Head Massage, Indian Full Body Massage, Full Face Threading, Hair Treatment incl. wash and blow)</i>	240	520.00
*Package 6: Facial Package for groups of 4-15 <i>(Garra Rufa Fish Spa, Full Facial, Brow and Lash Tint, Full Face Threading, Hair Treatment incl. wash and blow)</i>	240	460.00
Package 6: Facial Package for individuals <i>(Garra Rufa Fish Spa, Full Facial, Brow and Lash Tint, Full Face Threading, Hair Treatment incl. wash and blow)</i>	240	520.00
120 mins with a Therapist <i>(Buy the time of one of our experienced therapists for any beauty or fish spa treatment. Excludes nail and hair.)</i>	120	530.00
60 mins with a Therapist <i>(Buy the time of one of our experienced therapists for any beauty or fish spa treatment. Excludes nail and hair.)</i>	60	280.00
90 mins with a Therapist <i>(Buy the time of one of our experienced therapists for any beauty or fish spa treatment. Excludes nail and hair.)</i>	90	420.00
Package 7: Make up your own Package for R450. Choose any 3 of: <i>(Blow Wave, Express Facial, Brow&amp;Lash Tint, Brow Wax or Threading, Pedicure, 45 min Back&amp;Neck Massage, Gel/Acrylic Overlay)</i>	180	450.00
Package 8: Make up your own Package for R650. Choose any 4 of: <i>(Blow Wave, Express Facial, Full Body Swedish Massage, Full Body Scrub with shower, Pedicure, SunFX Full Body Spray)</i>	240	650.00
Package 9: Gents Package <i>(Full Body Sports Massage, Gents Pedicure, Feet Paraffin Dip)</i>	180	600.00

Pregnancy Pamper Package	Duration	Price
Special Pamper Package for Moms-To-Be <i>(Decide with your therapist on the best maintenance and relaxation treatments based on the stage of your pregnancy)</i>	120	460.00

Spray Tan Services	Duration	Price
SunFx Spray Tan - Full Body	30	230.00
SunFx Spray Tan - Legs	15	120.00
SunFx Spray Tan - Upper Body	15	140.00

Tattoo Services	Duration	Price
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Henna Tattoo Big	60	80.00
Henna Tattoo Medium	45	60.00
Henna Tattoo Small	30	40.00

Xtra/Special Services	Duration	Price
Food as an add-on to any treatment (per person)	-	70.00
<i>(Platter Options: Sandwich &amp; Savoury, Sushi, Cheese &amp; Biscuit, Sweets, Health, Kids)</i>		
iPad Rental	60	25.00
Mobile Services per km	-	8.00
Shower and Hair blow dry	60	340.00
Baby Sitting - Ages 0 - 1	60	50.00
Baby Sitting - Ages 1 and up	60	30.00