

# Valley Healing Hands Services and Prices

1 <sup>st</sup> appointment, consultation and treatment	£35
Following treatments	£30
Course of three treatments (paid in advance)	£80

The above prices apply to Reiki, Crystal Therapy and Meditation as Therapy.

## Classes

### **Reiki 1 (Self Healing)**

An one day course introducing Reiki, its history and hand positions for self- healing. Includes attunement to Reiki and 2 meditations.

£80.00

### **Reiki 1 (Healing Others)**

A certificated 1/2 day tutorial for those that have completed Reiki 1 (Self Healing). Offered 21 days or more after the 1 day tutorial. For those that wish to heal family and friends.

£30.00

### **Reiki 2**

Tutorial includes 3 Reiki Symbols, review of healing techniques, further meditations and discussion of personal development since Reiki 1. Offered 3-6 months or more after completion of Reiki 1. Professional Certificate given after 21 days. Includes invitation to attend Reiki Shares or online group where further Symbols will be taught. Shares are donation only.

**£195.00**

## **Reiki 1 and 2 Review**

For students looking at becoming a Reiki Master. This is stage 1 of the Mastership and for students who have not previously trained with me. Reiki 2 who have attended shares regularly and demonstrated Reiki will not be charged.

£60.00

## **Master/Teacher**

For students who have demonstrated the Reiki ability through shares or attending Reiki 1 and 2 Review. Master Attunement Ceremony. Breathing techniques and how to teach and attune all levels taught in this whole day 1 on 1 course. On going support and many teaching materials supplied. Encouraged to attend shares until in established teaching practice.

£200.00

## **Mediatation as Therapy**

Looking at using meditation as a method through which to see yourself healed and your life transformed. Meet with your spirit guides and guardians. Astral travel and see past lives. Learn how to break past life influences on behaviour patterns.

£100.00